

## WHAT WE KNOW SO FAR...

Cancer research and recent studies have shown:

- » That there are over 200 different types of cancer
- » I in 2 people will be diagnosed with cancer in our lifetime.
- Black women in England are more likely to be diagnosed with late-stage cancer.
- Black men are more likely to get prostate cancer than other men.

## TALK C & HAIR

- **>>** We offer **FREE** training on Cancer-related Afro hair loss and hair care to Salon owners and Hairdressers.
- So, if you are a Salon owner or Hairdresser and would like to attend one of our training sessions, then please contact us for details.
- The training sessions can take place either face-to-face at your salon or Online over Zoom.







- 0203 916 5311
- careforc\_hair
- www.caringforhair.org/c-and-hair
- candhair@caringforhair.org



SCAN ME

**FUNDED BY** 

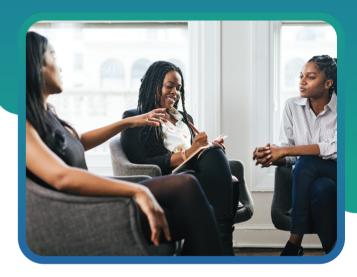








**Cancer and Afro Hair** 



# MANAGING CANCER-RELATED AFRO HAIR LOSS

www.caringforhair.org/c-and-hair

#### **CANCER-RELATED HAIR LOSS**

- Some people experience hair loss as a side-effect of chemotherapy. In many cases, this is temporary and the hair will usually grow back once treatment has stopped.
- Hair loss can also occur with radiotherapy but it only happens in the area where the cancer is being treated.



### **AFRO-TEXTURED HAIR**

Hair is diverse, comes in different textures, and is categorised by a hair typing system ranging from straight hair to very curly hair. We understand the culture and particular needs of afro-textured hair in regards to hair characteristics, hair styling and hair care practices which individuals may want to discuss prior to cancer treatment, during treatment or post-treatment.



#### WHO WE ARE

C & Hair is a service that recognises not only the medical implications of treating cancer, but also the social and psychological impact of cancer-related hair loss that many may experience. It is a support network to assist people going through what may be one of the most challenging periods of their life.



**Lorna Jones** who is a member of the International Association of Trichologists.

She runs training courses on Hair Loss and the Science of Hair and has extensive experience in managing hair loss in all hair types.





# **SUPPORT GROUPS**

The support group meetings are held on a regular basis and are a mixture of face-to-face meetings and Online meetings.



### HAIR CLINICS

We offer hair and scalp consultations for people to attend by appointment, to be seen individually to discuss any concerns that they may want to discuss in relation to their hair, their scalp, hair care, hair loss or regrowth.



## **EDUCATIONAL WEBINARS**

Webinars are held on regular basis to cover various topics. Guest speakers are invited to attend and these webinars will be not only for those directly impacted by cancer but also individuals supporting or caring for someone who has received a cancer diagnosis.



## INTERACTIVE WORKSHOPS

Workshops that are run include areas around options for wigs and wig-care, tying head wraps and scarves and other useful topics.

## CAN I USE THIS SERVICE? YOU CAN IF YOU:

- Have received a cancer diagnosis and are worried about hair loss
- Live in the boroughs of Bexleyheath, Bromley, Croydon, Greenwich, Lambeth, Lewisham or Southwark
- >> Have Afro-textured hair
- » Have questions about scalp and hair care
- » Are over the age of 18 years old