



Will I Lose My Hair?

If you are going through cancer treatment and are worried about hair loss, your medical team will be able to advise you on what you can expect. Here is a list of questions that you might find useful to ask at your appointment:

1. Will this treatment cause hair loss?
2. If so, what type of hair loss:
 3. Will I lose all my hair,
 4. Will it be patchy hair loss or
 5. Will it cause thinning?
3. If so,
 1. When will it start?
 2. Will it happen quickly or gradually?
 3. Will my hair grow back after treatment?
 4. If so, how long after treatment will it take?
 5. Are there treatments to help me manage it or minimise it?
 6. What are scalp-cooling devices and how do they work?
 7. Do you recommend it to me?
 8. Are there any side effects of using cooling caps?
 9. What options are available for me to help me cope with hair loss?
 10. Am I entitled to a free wig?
 11. Can you recommend any scalp products or shampoos I could use?
 12. Will I lose hair from any other part of my body?
 13. If I'm not expected to lose my hair, can I carry out any chemical processes including colouring, bleaching, perming or relaxing my