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Each year my family comes to Puerto Aventuras (from Canada) for a month. We were delighted to discover SoulFit Studio during our March 2024 visit and my wife and I both signed up for a one month, unlimited membership.

I cannot speak highly enough about my experience at SoulFit. The staff, instructors and classes were absolutely outstanding. And everybody, including my classmates, were unbelievably welcoming. I was truly blown away by the experience.

For context, I'm in my mid-40's and speak very little Spanish. I was initially apprehensive about joining a gym because I'd fallen out of shape in the last couple of years and have developed a classic dad-bod. But I never felt self-conscious. I only ever felt welcomed and included.

I can honestly say that my SoulFit membership helped "make" my vacation this year. I can't wait to join again next year.