

La Naturelle

Nutrition Facts	
2 servings per container	
Serving size	1/2 bar
Amount per serving	
Calories	186
% Daily Value*	
Total Fat 17g	23%
Saturated Fat 13g	65%
<i>Trans Fat</i> 0g	
Sodium 4mg	0%
Total Carbohydrate 10g	4%
Dietary Fiber 3g	11%
Total Sugars 0g	
Sugar Alcohols 5g	
Protein 1g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 265mcg	6%

*The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Ingredients: Cocoa butter, cocoa powder, monk fruit extract, erythritol, coconut oil.
Allergens: Peanuts, other nuts.
 May contain: Soya, wheat.

Kétolat products are handmade with natural ingredients. We do not use any preservatives in our products. When you choose Kétolat, you choose the quality without depriving you of the delicious unctuous taste of dark chocolate 85%. Thank you for choosing Kétolat for your sweet tooth and good tasting.

La Salée

Nutrition Facts	
2 servings per container	
Serving size	1/2 bar
Amount per serving	
Calories	186
% Daily Value*	
Total Fat 17g	23%
Saturated Fat 13g	65%
<i>Trans Fat</i> 0g	
Sodium 4mg	0%
Total Carbohydrate 10g	4%
Dietary Fiber 3g	11%
Total Sugars 0g	
Sugar Alcohols 5g	
Protein 1g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 265mcg	6%

*The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Ingredients: Cocoa butter, cocoa powder, monk fruit extract, erythritol, coconut oil, fleurs de sel.
Allergens: Peanuts, other nuts.
 May contain: soya, wheat.

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La Cajou

Nutrition Facts	
2 servings per container	
Serving size	1/2 bar
Amount per serving	
Calories	214
% Daily Value*	
Total Fat 19g	28%
Saturated Fat 13g	65%
<i>Trans Fat</i> 0g	
Sodium 4mg	0%
Total Carbohydrate 12g	5%
Dietary Fiber 4g	15%
Total Sugars 0g	
Sugar Alcohols 5g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 265mcg	6%

*The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Ingredients: Cocoa butter, cocoa powder, monk fruit extract, erythritol, coconut oil, cashew.
Allergens: Peanuts, other nuts.
 May contain: soya, wheat.

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La Stimulante

Nutrition Facts	
2 servings per container	
Serving size	1/2 bar
Amount per serving	
Calories	186
% Daily Value*	
Total Fat 17g	23%
Saturated Fat 13g	65%
<i>Trans Fat</i> 0g	
Sodium 4mg	0%
Total Carbohydrate 10g	4%
Dietary Fiber 3g	11%
Total Sugars 0g	
Sugar Alcohols 5g	
Protein 1g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 265mcg	6%

*The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Ingredients: Cocoa butter, cocoa powder, monk fruit extract, erythritol, coconut oil, coffee beans.
Allergens: Peanuts, other nuts.
 May contain: Soya, wheat.

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La Croquante

Nutrition Facts	
2 servings per container	
Serving size	1/2 bar
Amount per serving	
Calories	218
% Daily Value*	
Total Fat 20g	27%
Saturated Fat 13g	65%
<i>Trans Fat</i> 0g	
Sodium 4mg	0%
Total Carbohydrate 10g	4%
Dietary Fiber 4g	15%
Total Sugars 0g	
Sugar Alcohols 5g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 265mcg	6%

*The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Ingredients: Cocoa butter, cocoa powder, monk fruit extract, erythritol, coconut oil, almonds.
Allergens: Peanuts, other nuts.
 May contain: soya, wheat.

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La Grano

Nutrition Facts	
2 servings per container	
Serving size	1/2 bar
Amount per serving	
Calories	187
% Daily Value*	
Total Fat 17g	23%
Saturated Fat 13g	65%
<i>Trans Fat</i> 0g	
Sodium 4mg	0%
Total Carbohydrate 12g	5%
Dietary Fiber 4g	15%
Total Sugars 0g	
Sugar Alcohols 5g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 265mcg	6%

*The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Ingredients: Cocoa butter, cocoa powder, monk fruit extract, erythritol, coconut oil, pumpkin seed.
Allergens: Peanuts, other nuts.
 May contain: soya, wheat.

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