



**Boca — 2025–2026 Class Schedule**

	Time	Minis & Juniors	Teens & Seniors
Monday	5:30-6:30	Ballet	Conditioning
	6:30-7:30	Technique	Ballet
	7:30-8:30	Streching	Technique
Tuesday	5:30-6:30	Technique	Contemporary
	6:30-7:30	Contemporary	Technique
	7:30-8:30	Lyrical	Lyrical
Wednesday	5:30-6:30	Ballroom	Ballet
	6:30-7:30	Ballet	Ballroom
	7:30-8:30	Acro	Acro
Thursday	5:30-6:30	Tap	Hip Hop
	6:30-7:30	Hip Hop	Technique
	7:30-8:30	Lyrical	Lyrical