



Boca — 2025–2026 Class Schedule

	Time	Minis & Juniors	Teens & Seniors
Monday	5:30-6:30	Ballet	Conditioning
	6:30-7:30	Technique	Ballet
	7:30-8:30	Stretching	Technique
Tuesday			
	5:30-6:30	Technique	Contemporary
	6:30-7:30	Contemporary	Technique
Wednesday	7:30-8:30	Lyrical	Lyrical
Thursday	5:30-6:30	Ballroom	Ballet
	6:30-7:30	Ballet	Ballroom
	7:30-8:30	Acro	Acro