



WAIVER AND RELEASE

We, the owners, coaches and other staff members at Power Elite Athletics, LLC, Power Elite Cheer and Dance, Power Elite All-Stars, Power Elite Cheer and Tumble, and Power Elite (hereinafter "Power Elite") recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of tumbling, cheerleading, competitive cheerleading and strength training (hereinafter "competitive cheerleading"). Students may suffer injuries, possibly minor, serious, or catastrophic in nature. Competitive cheerleading can be dangerous and can lead to injury.

Parents and/or guardian should make their children aware of the possibility of injury and encourage their children to follow all the safety rules and the coaches' instructions. The Parents and/or Guardian should warn their child according to what the parent and/or guardian feels is appropriate. Power Elite will only warn their child through "Safety Messages", our teaching style and progressions. Power Elite, will not accept responsibility for injuries sustained by any student during the course of competitive cheerleading and open gym workouts, or in the course of any exhibition, competition or clinic in which he or she may participate in the programs offered by the Power Elite program.

I fully understand that Power Elite are not physicians or medical practitioners of any kind. With the above in mind, I hereby authorize Power Elite and its staff to render temporary first aid to my child or children in the event of any injury or illness and, if deemed necessary by the Power Elite staff, to call our doctor and to seek medical help, including transportation by a Power Elite staff member and/or its representatives, whether paid or volunteer, to any health care facility or hospital, or the calling of an ambulance for said child should the Power Elite staff deem this to be necessary.

I also understand that it is the parents' and/or guardian responsibility to warn the child about the dangers of competitive cheerleading and injury. I, my executors or other representatives, waive and release all rights and claims for damages that I or my child may have against Power Elite and/or its representatives whether paid or volunteer. I have further read and fully understand the information above and sign this waiver and release of liability and am fully aware of its content and meaning.

Athlete's Name : _____ Age: _____

Signature of Parent/ Guardian/ Responsible Party: _____

Print Name of Parent/ Guardian/ Responsible Party: _____

Date: _____ / _____ / _____ Team/Program: _____

Phone Number: _____ Email: _____

Please contact me regarding tumbling Please contact me regarding All-Star teams