



Communication Scavenger Hunt

**Unwrap the Joy of
Connection This Christmas!**

Welcome to the Christmas Communication Scavenger Hunt!

Greetings, couples! As we embark on this festive journey together, let's unwrap the magic of the holiday season with the Christmas Communication Scavenger Hunt. Join us in a series of heartwarming activities designed not only to bring you closer but to enhance your communication skills. Let the joy of connection guide you through these delightful experiences. Ready to make this holiday season unforgettable? Let the scavenger hunt begin!



Team Christmas Tree Decoration

- Team Christmas Tree DecorationGet together and decide on a theme for your Christmas tree. Share your ideas, and each of you contributes to the design. The goal is not just a beautifully decorated tree but a shared experience.
- Coaching Question: What did you learn about each other's decorating preferences, and how can this understanding shape future decisions together?



Recipe Collaboration

- Choose a holiday recipe you both love, and dive into the kitchen together. Communicate effectively as you navigate the ingredients and create a festive dish.
- Coaching Question: Reflect on how you communicated in the kitchen. What strategies worked, and how can you apply them to other aspects of your relationship?





Gift Wrapping Challenge

- Take turns wrapping a present together. Coordinate your wrapping style and have fun with it. Effective communication is the key to a beautifully wrapped gift.
- Coaching Question: Discuss the process of coordinating the gift wrapping. How did you handle differences in wrapping styles, and how can this collaboration improve your problem-solving skills?



Christmas Carol Charades

- Get into the holiday spirit by acting out a Christmas carol without speaking. Your partner has to guess the title. This activity enhances non-verbal communication and understanding.
- Coaching Question: Reflect on the non-verbal communication involved in the charades. How did you interpret each other's gestures, and how can this understanding be applied to daily communication?



Memory Lane Conversation

- Share your favorite childhood Christmas memories. Practice active listening and ask questions to deepen your understanding of each other's past.
- Coaching Question: Share one thing you learned about your partner's childhood Christmas memories. How can understanding each other's past enhance your present connection?



Create a Holiday Playlist

- Collaborate on a playlist of your favorite Christmas songs. Discuss and compromise on the selection, fostering shared tastes.
- Coaching Question: Discuss the songs chosen for the playlist. How did you compromise on different preferences, and what does this reveal about your ability to find common ground in other areas?

Christmas Movie Pictionary

- Draw scenes from a Christmas movie, and have your partner guess the title. This activity encourages creative expression and interpretation.
- Coaching Question: Reflect on the creative expression in the game. How did you convey your ideas through drawing, and how can this enhance your communication in expressing emotions or needs?



Gratitude Gift Exchange

- Exchange small, thoughtful gifts with a note expressing gratitude for something specific. Enhance appreciation through effective communication.
- Coaching Question: Share the thought behind the gifts and the expressions of gratitude. How can incorporating gratitude into your daily communication positively impact your relationship?





Have a blast
and enjoy
these
moments of
connection!