



# COMMUNICATION CARNIVAL

A FUN ASSESSMENT FOR  
COUPLES

# ROLLERCOASTER REFLECTION

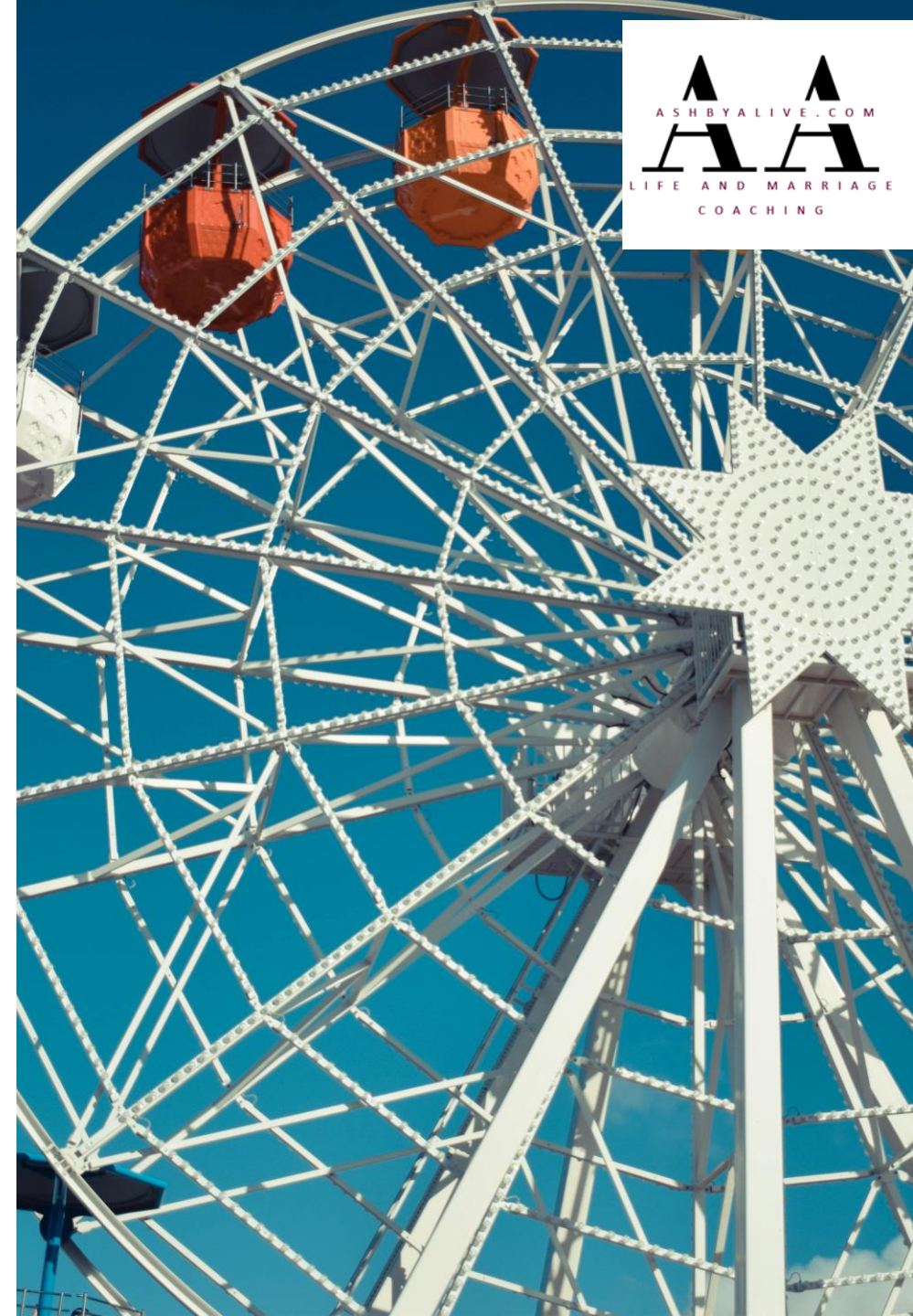
- Coaching Prompt:
- "Now, let's take a moment to reflect on our relationship rollercoaster. I'd love for each of you to share a thrilling high point and a challenging low point. As you think about the future, what exhilarating highs do you envision, and how can you navigate through potential lows, turning them into opportunities for growth and connection?"



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# FERRIS WHEEL OF FEELINGS

- Coaching Prompt:
- "As you ascend the Ferris Wheel of Feelings together, share three recent emotions and explore their colors and shades. Anticipating the emotional ride ahead, what unique feelings do you foresee in your future? And considering these emotional twists and turns, how can you deepen your understanding of these emotions to strengthen your connection?"



# CAROUSEL OF COMPLIMENTS

- Coaching Prompt:
- "As you ascend the Ferris Wheel of Feelings together, share three recent emotions and explore their colors and shades. Anticipating the emotional ride ahead, what unique feelings do you foresee in your future? And considering these emotional twists and turns, how can you deepen your understanding of these emotions to strengthen your connection?"

# TIGHTROPE TALK

- Coaching Prompt:
- "Envision your communication as a daring tightrope walk. Reflect on past balances and wobbles. Now, thinking about the future, what new moves can you incorporate into your tightrope dance to maintain balance and grace? How can you turn potential missteps into moments of connection?"



# MIRROR MAZE MOMENTS:

- Coaching Prompt:
- "Enter the whimsical Mirror Maze and recall a recent disagreement. As you navigate the maze of differing opinions, what reflections did you discover about yourselves and each other? Looking ahead, how can you navigate this maze more effectively, reaching resolutions with clarity and understanding?"



# BUMPER CAR BANTER

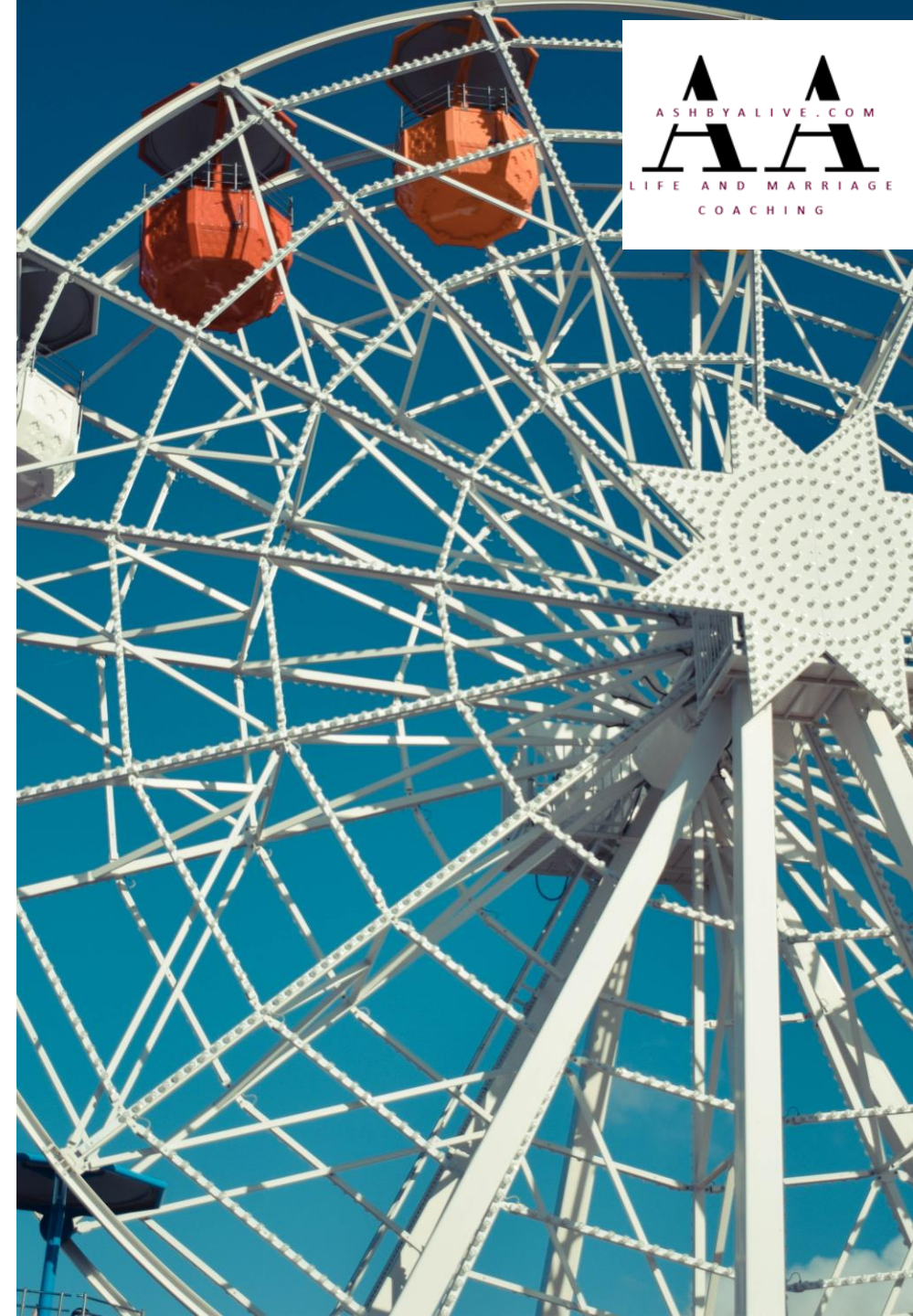
- Coaching Prompt:
- "Join the lively Bumper Car arena and share a playful moment. Reflect on joyful collisions and chaos. How can you sustain the spirit of playfulness in your relationship, even when navigating occasional bumps? What playful 'moves' can you learn from your bumper car banter to keep the joy alive?"



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# CLOSING THOUGHTS: NAVIGATING THE CARNIVAL OF CONNECTION

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Reflect: Cherish the highs and lows of your relationship, understanding that they contribute to the richness of your journey together.

Anticipate: Consider the emotional landscape that lies ahead. Anticipate and navigate through the twists and turns together.

Appreciate: Celebrate the magic in each other. Express gratitude and cherish the enchanting qualities that strengthen your bond.

Adapt: Walk the tightrope of communication with agility. Consider new moves to maintain balance and grace.

Play: Embrace the playful chaos of your relationship. Learn from joyful collisions, keeping the spirit of playfulness alive.





# NAVIGATING THE CARNIVAL OF CONNECTION

**REMEMBER: YOUR LOVE STORY CONTINUES TO UNFOLD**