Better Self Breakthrough | Coach Charmaine Ashby

www.charmaineashby.com | Life, Marriage & Workplace Confidence Coach

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RETURN: A Confidence Guide for Career Re-entry & Transition

For seasoned professionals ready to return to the workforce or navigate a late-career pivot with purpose and clarity.

Why You're Here

You're experienced, skilled, and have done great work-but now you're at a turning point. Whether you're re-entering the workforce or just exploring what's next, you're not alone.

The Common Myths

1. You need to have it all figured out before you start.
2. Your gap or age might work against you.
3. You have to settle just to get back in.

The RETURN Framework

R - Reframe Your Value: Your skills are still relevant-let's showcase them.

E - Explore New Directions: What's possible now that wasn't before?

T - Take Inventory: What do you want more of-and less of-in your next role?

U - Update with Purpose: Refresh your resume, LinkedIn, and mindset.

R - Reach Strategically: Use warm leads, not cold resumes.

N - Navigate the Market with Confidence: Your next chapter is still being written.

Want to Go Deeper?

Book a 1:1 Career Return Session to:

- Clarify your options
- Rebuild confidence after time away
- Map out a practical job search plan that fits this season

Visit www.charmaineashby.com or reply with 'RETURN' to schedule your free intro call.

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