

Breast Cancer Updates Handout Primed 2021



High risk referral form

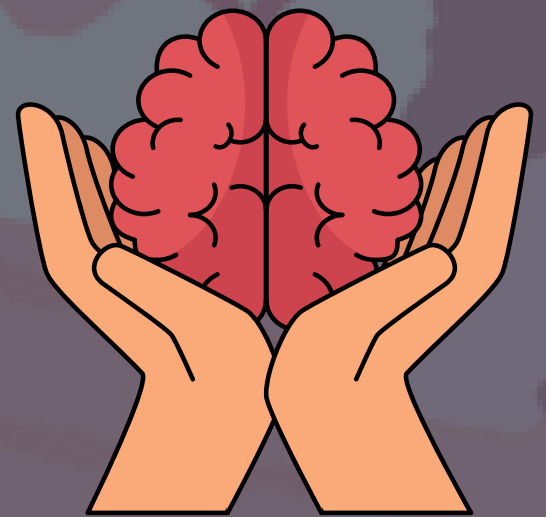
HIGH RISK SCREENING

- Family hx of ovarian, breast, colon, melanoma
- Avoid direct to consumer testing
- individualize high-risk screening for men
- Find BRCA using referral to Genetics or link below

[HTTPS://THESCREENPROJECT.CA](https://thescreenproject.ca)

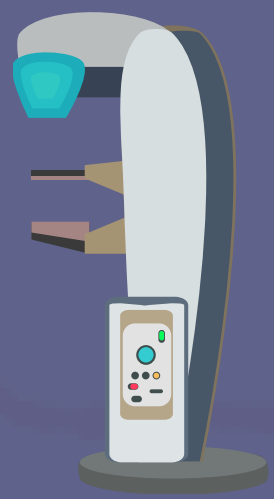
PSYCHOSOCIAL CONCERNS

- Sexuality and intimacy - Talk about it. Only 2% of doctors do!
- Treating Pain syndromes affect return to life
- Cancer-related cognitive impairment is similar to traumatic brain injury in recovery and late/lasting effects
- www.cancerandwork.ca



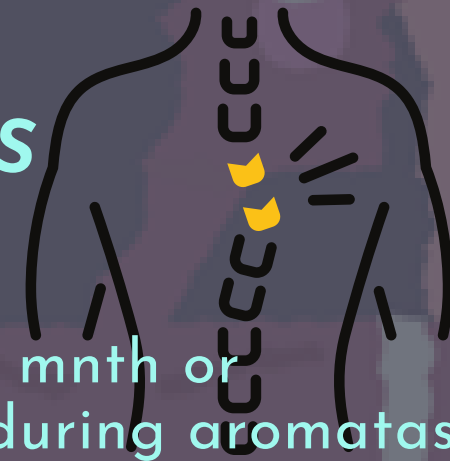
SCREENING AVERAGE RISK

- Tomosynthesis is an adjunctive tool but not approved for screening
- BiRads 3 <3% chance of cancer
- BiRads 4 >3% chance of cancer requiring
- 6-12 % mammograms recalled depending on area



OSTEOPOROSIS

- Denosumab Q 6 mnth or zoledronic acid during aromatase inhibitor treatment
- Adjuvant bisphosphonates for high risk of bone recurrence



SURVIVORSHIP

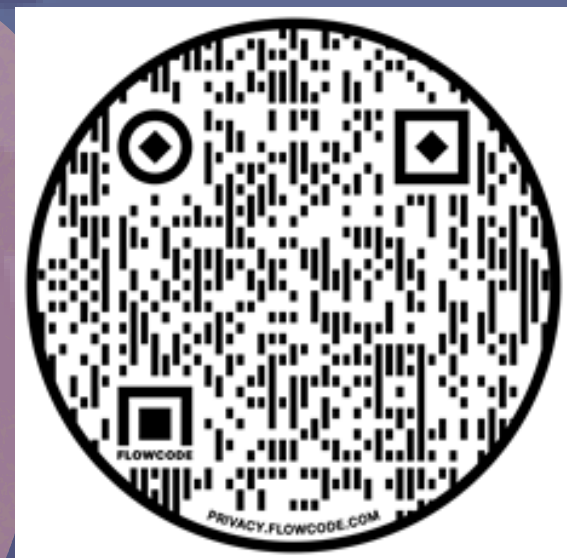
- 2 x incidence of breast ca in contralateral breast
- Risk reduction with contralateral mastectomy may not increase survival
- Endocrine therapy reduces contralateral BC by 50%



SURVIVORSHIP TOOL

BREAST RECONSTRUCTION

- Do not routinely screen autologous flaps
- Annual clinical breast exam of reconstructed chest
- Look for BRA day on-line, patient information and virtual presentations www.cbcn.ca
- www.cancer.ca for peer support



Breast reconstruction overview for the Family Physician

TRANSGENDER SCREENING



SCREEN WITH MAMMO IF

- Taking gender affirming hormones >5 years
- Identify as a woman