



Cultural Tour of Ghana

Oct. 13 – 23, 2025



Day 1: Sunday, Oct. 13, 2025: Depart JFK Airport, USA to Accra Airport, Ghana

Day 2: Monday, Oct. 14, 2025: Arrive Accra

AKWAABAA!!! A WARM WELCOME TO GHANA!!!

You arrive at Kotoka International Airport, Accra, Ghana. This is the start of an amazing journey. Ghana offers a unique and compelling African experience, so immerse yourself in the fascinating ancient cultures of this nation's diverse ethnic groups on this tour. You are guaranteed to see amazing sights and to hear stories that will leave you with unforgettable memories.

After passing through immigration, collect your luggage before heading to customs. You will be met just outside of customs and transferred to your hotel in our private air-conditioned vehicle.

Your introduction to Accra begins with a panoramic view of the top residential areas, such as: Labone, Cantonments, and Osu. Next, you will be transferred to your hotel for check in.

Once you have checked in, our expert cultural guide, who will be accompanying you for the duration of your tour, will offer you Akwaaba (Welcome) and brief you on the exciting activities that await you.

You will have the opportunity to get measured by professional tailors for a custom-made Ghanaian outfit (at your own expense).

Dinner at the hotel

Meal(s): Dinner

Day 3: Tuesday, Oct. 15, 2025: Accra

Your first full day in Ghana begins with a sumptuous buffet breakfast at your hotel. Next, we set off for the tour of Accra and vicinity, passing through the economic and administrative districts.

- We begin the day's exploration with a visit to the newly renovated **Dr. Osagyefo Kwame Nkrumah Memorial Park**. The 5.4-acre facility - which was built in 1992 to honour, promote and preserve the legacies of Dr. Kwame Nkrumah has never seen any major facelift until this one. The old facility housed the mortal remains of Nkrumah and his wife Fathia and had a museum that had on display objects from various stages of Nkrumah's life, as well as other relevant things.
- Proceed to the **Accra Arts Centre** where you will experience some of Accra's most authentic shopping opportunities including Crafts, Carvings, Authentic African Art, exquisite fabrics and custom-made clothing.
- Visit the **Independence/Black Star Square** where you will see the enclosed flame of African liberation, which was lit by Dr. Kwame Nkrumah in 1961. Here, we take time to take some monumental photos.
- Visit the **W.E.B. DuBois Center** honoring the life of one of the most prominent Pan-Africanists who chose to live and work in Ghana.

Lunch on your own account

Return to your hotel and prepare for a welcome dinner at **a carefully selected local restaurant.**

Meal(s): Breakfast and Dinner

Day 4: Wednesday, Oct. 16, 2025: Accra

After breakfast, we will enjoy the morning at leisure. Early afternoon, we will visit:

- **National Museum of Ghana:** The National Museum of Ghana, located in Accra, is the largest and oldest among the six museums administered by the Ghana Museums and Monuments Board (GMMB). It opened its doors on March 5, 1957, as part of Ghana's independence celebrations. The museum houses artifacts related to archaeology, ethnography, and fine art, providing insights into Ghana's rich cultural history.
- **57 Gallery:** Gallery 1957 is a contemporary art gallery in Accra, Ghana. Founded by Marwan Zakhem, it focuses on contemporary Ghanaian art and hosts exhibitions, installations, and performances by significant artists from the region.
- **Makola Market:** End the day with a visit to Accra's largest open-air market, overflowing with goods, people, scents, and sounds. The vibrant atmosphere captures the essence of a West African market. You'll find rare Ghanaian ingredients with sweet, zesty scents, vintage imported clothing, and a bustling crowd of customers spilling onto the narrow streets.

Return to the hotel, freshen up and get ready for dinner at Skybar 25.

Meal(s): Breakfast and Dinner

Day 5: Thursday, Oct. 17, 2025: Accra

Day at Leisure

Meal(s): Breakfast

Day 6: Friday, Oct. 18, 2025: Accra – Cape Coast – Elmina

Following a leisurely breakfast, we depart to Cape Coast & Elmina in Ghana's Central Region. This region has had the most significant effect on the lives of Africans in the diaspora. Upon arrival, we will visit the Cape Coast Castle and the Castle Museum for a guided tour. Cape Coast Castle is a UNESCO World Heritage Site, and was one of the departure points for Africans being sent into slavery in the Americas. The castle is home to the infamous "Door of No Return".

This evening, enjoy a lively performance by the local bamboo orchestra, Mesomagor. The group consists of young villagers who have revived a traditional art by performing music and dance with bamboo percussion instruments. This is a contagious artistic performance you will not find anywhere else.

Transfer to your hotel; enjoy evening at leisure.

Meal(s): Breakfast and Dinner

Day 7: Saturday, Oct. 19, 2025: Cape Coast – Odumase Abrafo – Cape Coast

Today, after breakfast, visit Kakum National Park, one of West Africa's surviving tropical rain forests. Extending over 360sq km, Kakum is the home to over 40 large mammals and 400 bird species as well as many species of butterflies, flora and fauna. The most popular attraction is the canopy walkway, which is made up of seven bridges extending 330m, hanging 30m above the forest floor. Choose between a 2 km nature walk through this forest to discover the wide variety of exotic floral species and the medicinal values they offer or take a walk on the canopy walkway.

Afternoon - OPTIONAL ACTIVITY - FIHANKRA and NAMING CEREMONY for those who may be interested. You will experience the traditional Fihankra Ceremony– "Restore to Diasporas the Cultural and Spiritual connections that were denied them for centuries". The Fihankra Ceremony will include a traditional Naming Ceremony conducted at the local Chief's palace where you will receive a traditional local name and a certificate of authentication.

Afterwards, we return to the hotel. Enjoy the rest of the day at leisure.

Meal(s): Breakfast and Dinner

Day 8: Sunday, Oct. 20, 2025: Cape Coast – Assin Manso - Kumasi

Following breakfast, we depart to Kumasi, the seat of the Ashanti Empire to explore the legends of the famous Ashantis, whose legacies are still evident today. Making a stop at Assin Manso, the burial site of two former slaves from the U. S. and Jamaica, whose remains were re-interred in August 1998 during Ghana's first Emancipation Day Celebration. You will see the "Slave River" where captured Africans were washed before being confined in the Slave Castles to await shipment to the Americas and the Caribbean.

Upon arrival early in the afternoon, visit the Manhyia Palace, official residence of Ashanti Kings (Asantehene) until 1974, now a museum containing treasured items relating to the Ashanti Kingdom. The Ashanti forms the biggest population group in Ghana. For centuries they were the rulers in this region because of their well-organized society. At Manhyia Palace, disputes are still settled in accordance with centuries-old customs where the King has the final word.

Enjoy a drive through the city with monuments dedicated to the memory of the great Ashanti people, before checking into your hotel.

Dinner at the hotel.

Meal(s): Breakfast and Dinner

Day 9: Monday, Oct. 21, , 2025: Kumasi

After breakfast, we depart the hotel to the surrounding lush countryside of Kumasi to visit village of Ntonso where artisans hand-stamp patterns on cotton cloth to make Adinkra textiles. Black-on-black and black-on-red Adinkra cloth is worn for funerals and other solemn occasions. You will learn how the black dye is made in the village from the bark of trees, and create your own Adinkra sash to take home. You may also purchase large pieces of Adinkra cloth handmade in the village.

Next, we visit Adanwomase, the village where the famous Kente cloth is handmade on looms in a time-honored tradition passed down through generations. You will see the Kente weavers in process of creating Kente cloth in various styles, and you will have the opportunity to purchase souvenirs or gifts.

This evening you may visit the Kumasi Central Market (also known as Kejetia Market), the largest open-air market in West Africa, where more than 10,000 vendors sell their wares. Here you will find just about everything, food, fabric, beauty products and handmade crafts.

Continue to the hotel where you will have dinner.

Meal(s): Breakfast and Dinner

Day 10: Tuesday, Oct. 22, 2025: Kumasi – Accra

After breakfast, depart Kumasi to Accra. Upon arrival, visit the Osu Oxford Street for some last-minute shopping. This street is the most popular street in Ghana and it derived its name from the famous Oxford Street in London, U.K because of its busy nocturnal activities. It is also known as the “West End”. You can exhibit your bargaining prowess here with the help of your Tour Guide.

Transfer to your hotel and enjoy dinner.

Meal(s): Breakfast and Dinner

Day 11: Wednesday, Oct. 23, 2025: Departure

Morning at leisure. Later you will be transferred to Kotoka International Airport for your onward flight.

Bye! **Nante Yie (Safe Journey!)**

Meal(s) Included: Breakfast

Accommodation:

Accra: Movenpick Ambassador or similar

Cape Coast: Ridge Royal or similar

Kumasi: Oak Plaza Suites or similar

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Tentative Plans for Flights:

10/13/25: 4:30pm - Delta nonstop **JFK** to **Accra** (10h 10m)

10/23/25: 9:00am - Delta nonstop **ACC** to **JFK** (11h 45m)

Visa is required for Americans

Yellow fever vaccine is mandatory