



STUDIO PERFORMANCE BOOST (JORDAAN) TIME AVAILABILITY

Address: Rozenstraat 43, 1016 NN Amsterdam

Monday:

6:00-7:00

8:00-9:00

9:00-10:00

10:00-11:00

12:00-13:00

13:00-14:00

14:00-15:00

15:00-16:00

16:00-17:00

20:00-21:00

21:00-22:00

Tuesday

6:00-7:00

12:00-13:00

13:00-14:00

14:00-15:00

15:00-16:00

20:00-21:00

21:00-22:00

Wednesday

6:00-7:00

12:00-13:00

13:00-14:00

14:00-15:00

15:00-16:00

16:00-17:00

Thursday

6:00-7:00

11:00-12:00

12:00-13:00

14:00-15:00

15:00-16:00

16:00-17:00

20:00-21:00

21:00-22:00

Friday

6:00-7:00

7:00-8:00

10:00-11:00

11:00-12:00

12:00-13:00

13:00-14:00

14:00-15:00

15:00-16:00

16:00-17:00

17:00-18:00

Saturday

All Day

Sunday

All Day



STRENGTH IN MOTION (ZUID) TIME AVAILABILITY

Address: Beethovenstraat 91-H, 1077 HS Amsterdam

6:00-22:00 EVERY DAY (SATURDAY AND SUNDAY INCLUDED)

If you want to lock a time slot make sure to communicate it to me in advance so that we can always train at the same time.