

## Single

*One session of One-on-One  
Personal Training (1 hour)*

**75€**

## Bundles

*2 Trainings per week*

**600€**  
*per month*

**150€**  
*per week*

*3 Trainings per week*

**900€**  
*per month*

**225€**  
*per week*

*4 Trainings per week*

**1100€**  
*per month*

**280€**  
*per week*  
(70€ per hour)

For more  
informations  
visit:

 @BNFPERFORMANCE

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