


**Kiko Matthews rowed across the Atlantic Ocean in 2018, beating the previous female record by 7 days.
She started rowing 18 months before she set off on the row.**

My Name is Kiko chronicles the journey before, during and after the row, explores the motivation behind such a dangerous expedition for someone so inexperienced, and what makes a person who would do anything to take back control of their life.



MY NAME IS KIKO

CREATIVE TREATMENT // DIRECTOR: SIMON WALDOCK // PRODUCER: SARAI CARSON

A close-up, slightly low-angle shot of a woman with curly brown hair, smiling broadly. She is wearing a black tank top and a small hoop earring. The background is a gym, with a treadmill and other exercise equipment visible, though slightly out of focus. The lighting is soft and natural.

My Name is Kiko presents Kiko Matthews; a middle class woman from South London in her mid 30's who has struggled to find a place in life. Constantly changing careers, houses, relationships and friendships, she has never stuck with anything for more than a passing moment.

When she decided to solo row the Atlantic Ocean, her friends and family took it to be another one of 'Kiko's ideas', but to their surprise she pursued the goal all the way through, smashing all expectations and breaking all previously held world records.

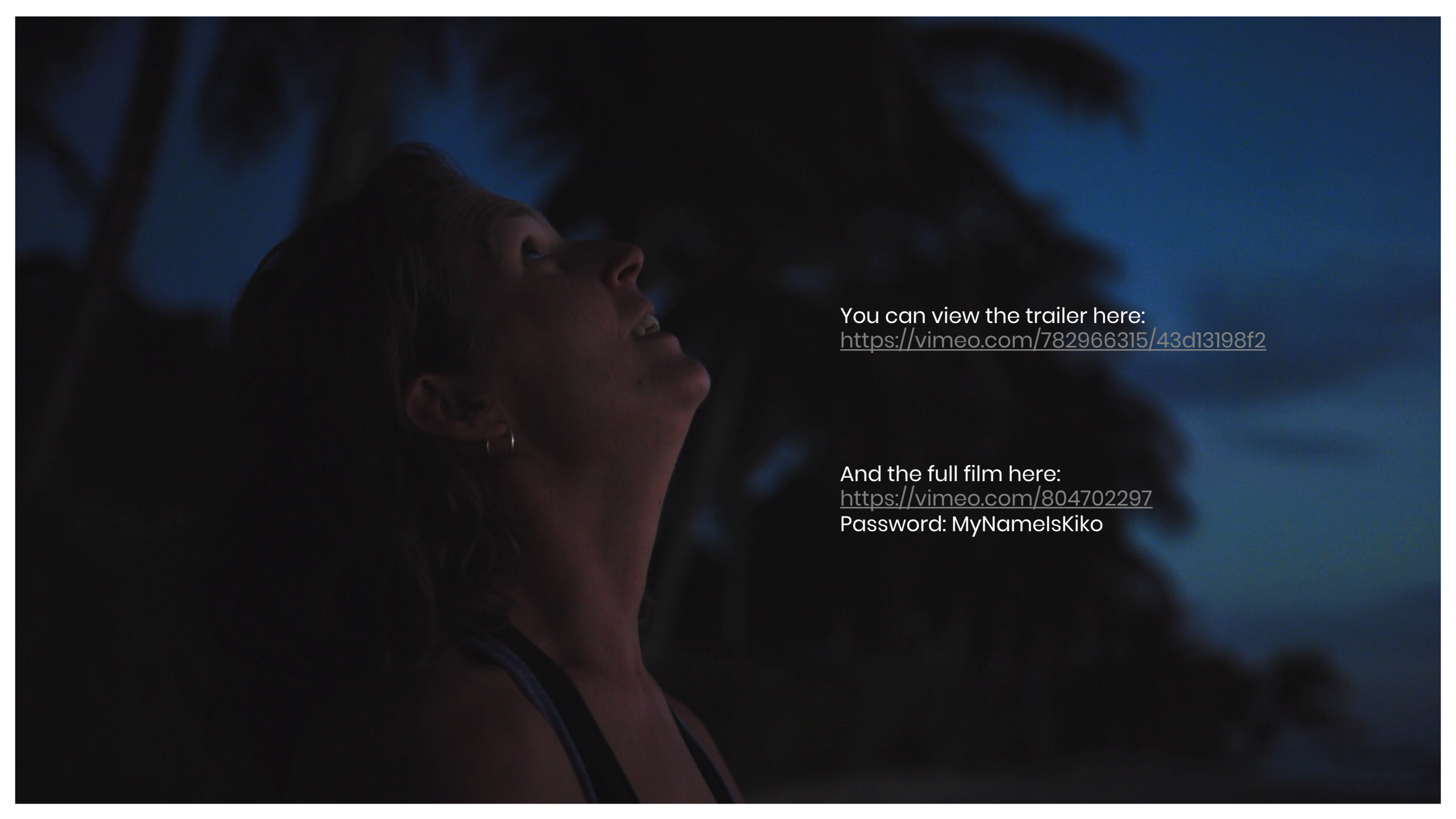
Taking control of her own future after a life threatening illness is what set Kiko on this path, but her unique outlook on the world that evolves alongside our journey with her is something that she had long before a brain tumour. Kiko's seemingly frivolous and haphazard way of looking at the world may be unconventional, but may also be something we could all learn from.

The film at first appears to be a mere story of Kiko's journey on the row, peppered with exclusive video diary footage from every moment of the expedition. But as it progresses we explore deeper into who Kiko is, what drives her and motivates her, and what we could learn from her.

We can see the frustrations that the people around Kiko have with her, but we also learn how she has got to where she is, and ponder how having a bit of her spirit might help all of us.

Shot over the course of two and a half years, the film is a labour of love for the team, Simon and Sarai. Hours of interview footage with Kiko was recorded alongside over 50 hours of self-recorded footage on the boat, as well as in-depth discussions with friends, family, trainers and colleagues.



A low-key, artistic photograph of a woman with blonde hair, seen from the chest up in profile, looking upwards. She is wearing a small hoop earring. The background is a dark, blue-toned night sky with silhouettes of trees or foliage. The lighting is soft and focused on her face, creating a contemplative mood.

You can view the trailer here:

<https://vimeo.com/782966315/43d13198f2>

And the full film here:

<https://vimeo.com/804702297>

Password: MyNameIsKiko

MY NAME IS KIKO

Thanks for reading.

We'd love to talk to you
more about the project.

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