



# RAMON JEFFERSON

## Sports Performance Coach

Velocity Sports Performance - Westchester & Dutchess

### CREDENTIALS

#### University of Maine

- Thurlow Cooper Offensive ROY (2017)

#### Sam Houston State University

- B.S. in Kinesiology & Physiology (2021)
- FCS National Championship (2021)
- FCS All-America (2021)

#### University of Kentucky

- M.S. in Kinesiology & Health Promotions (2022)
- SEC Academic Honor Roll

#### Tampa Bay Buccaneers (NFL)

- Game-winning touchdown in NFL debut (2024)

### Contact

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### EDUCATION & CAREER RECAP

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**Ramon Jefferson**, a Bronx, New York native, brings a wealth of experience and dedication to Velocity Sports Performance. A standout athlete both on and off the field, Ramon's journey began at Harry S. Truman High School, where he earned all-conference, all-city, and NYSSWA all-state honors while amassing over 5,400 total yards and 52 career touchdowns.

His collegiate career showcased his relentless drive and talent, starting at the University of Maine, where he was named Thurlow Cooper Offensive Rookie of the Year. He continued to shine at Garden City Community College, rushing for nearly 1,000 yards and 13 touchdowns in a stellar season. At Sam Houston State, Ramon helped lead the Bearkats to an FCS Championship, earning All-American and All-Conference honors. He later finished his collegiate journey at the University of Kentucky, where he was recognized for both his academic and athletic achievements, including a spot on the Dean's List and the SEC Academic Honor Roll.

After a brief stint with the Tampa Bay Buccaneers in 2024, where he scored a game-winning touchdown in his NFL debut, Ramon now channels his passion for sports and athlete development into his role at Velocity Sports Performance. Committed to helping athletes grow on and off the field, he uses his extensive experience to inspire others to reach their full potential and become the best versions of themselves.