



# JAKE LEBOVITCH

## Sports Performance Coach

Velocity Sports Performance - Westchester & Dutchess

### EDUCATION & CAREER RECAP

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#### CREDENTIALS

##### Bachelors Degree

- B.A - Business Administration - Concentration in Marketing - Muhlenberg College (2021)

##### Masters Degree

- M.S - Applied Physiology and Kinesiology - Concentration in Human Performance (Ex. 2024) - University of Florida

Jake joins Velocity Sports Performance – Westchester as a Sports Performance Coach, driven by a deep passion for improving the world of player development. With extensive experience as a pitching coordinator and sports performance coach in Rockland County, he has worked with athletes at the professional, collegiate, and high school levels, focusing on optimizing their performance. Now, Jake brings that wealth of expertise to the athletes at VSP, where he is excited to contribute to their athletic journeys.

As an athlete, Jake played four years of NCAA baseball as a pitcher at Muhlenberg College. During his time there, the team made multiple appearances in the Centennial Conference playoffs, securing significant wins against nationally ranked programs such as Swarthmore College. He holds a B.A. in Business Administration with a concentration in marketing, and he is currently pursuing an M.S. in Applied Physiology and Kinesiology with a concentration in human performance. This combination of academic knowledge and personal athletic experience equips him with a well-rounded skill set that perfectly complements his role as both a Sports Performance Coach and Community Engagement Liaison at Velocity.

In addition to his hands-on coaching, Jake is actively involved in educating athletes through multiple media platforms. He runs a social media account under the handle @Jlebo\_sp, where he shares insights on performance and player development. He also co-hosts a podcast called "The Sweet Spot," which dives into the intersection between data-driven analysis and human decision-making in the world of baseball development and gameplay. Through these platforms, Jake is able to extend his influence and knowledge to a wider audience, helping athletes both on and off the field.

Believing strongly in a holistic approach to training and development, Jake is excited to work with each VSP athlete to help them achieve their full potential. He is committed to addressing all aspects of player development and performance, ensuring that athletes not only improve their skills but also build the mental and physical resilience necessary for long-term success.

#### Contact

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