

Play Brave



Loughgall Youth FC



WHO WE ARE

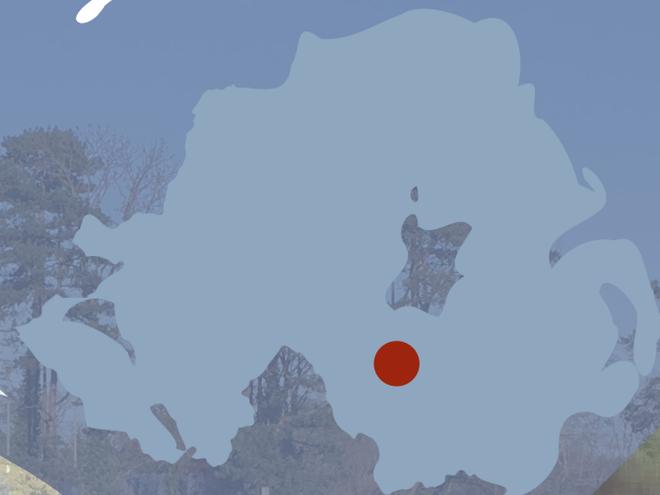
- **Established in 2000**
- **IFA Accredited Development Club**
- **Over 270 Players Representing the Club.**
- **Largest Academy in ABC Region**
- **Competing in GDC/ LL/ MUYL/National League and SuperCupNI**
- **Girls specific Lakers Section**

#Home

Willis CRZ Arena

Lakeview Park

Loughgall





ETHOS

FOOTBALL FOR ALL, with **AGE APPROPRIATE** coaching and Clear pathways for progression within year groups and throughout the club.

To Offer a **CHALLENGING** but **SUPPORTIVE** environment where players are free to learn from their mistakes and become **TECHNICAL, CREATIVE** and **CONFIDENT DECISION MAKERS.**

An environment with all players showing **POSITIVE** behaviour, **DEDICATION** and **RESPECT.**

A Club where **AMBITION, DEVELOPMENT** and **LEARNING** is at the  of all we do.

A strong belief in the importance of **SMALL SIDED GAMES** to maximise time on the ball and Help players learn how to **PLAY BY PLAYING.**



Enjoyment

Respect

Ambition

Our Club
Values

Belief

Leadership

Achievement

Professionalism

#Playbrave



#Playbrave

BELIEF

RESPECT

AMBITION

VALUE

ENJOYMENT





Resilient

Energetic

Driven

Fun

Expressive

Confident

Our Players

Committed

Creative

Ambitious

Problem solvers

Passionate



Coaching Philosophy

FUNdamentals Phase U5-U8

Players **discover** and **explore** the game. Emphasis on **Agility**, **Balance**, **Coordination** and **Speed** built into fun activities.

U5-U6 SSG Focus on Dribbling 1 v 1, 2 v 2 and **3 v 3** maximising the number of touches each player gets with the ball and creating opportunities for success for all players.

U7- U8 Ball mastery and SSG focus on 1 v 1, 2 v 2, 2 v 1 and 3 v 3 in Training. Introduction of 5 v 5 for GDC fixtures. Maximising touches and introduction of skills. Equal game time and position rotation essential.

Foundation Phase U9-U12

Players develop an **Understanding of the game** and key game principles. Continue to develop Agility, Balance, Coordination and Speed. Greater emphasis on **Technique and Ball Mastery**. Players begin to recognise the importance of team work.

U9-U10 Ball mastery, High Decision making SSG. Move to 7 v 7 GDC fixtures. Equal game time and Position rotation invaluable.

U11-U12 Ball Mastery, High Decision making SSG. 9 v 9 and Adaptation towards larger pitch. Pass and move developed.
Simple introduction on the role of Diet and Nutrition.
Equal game time and Position rotation essential

Youth Development Phase U13-U17

Aim is for Players to continue their **love of the game**. Players consolidate Their skills base and introduction of basic elements of tactics.

U13-17 Move to 11 v 11

Continued role for SSG and Rondos in Training to allow Quick thinking, decision making and creativity

Implement basic team principles, positions and team shape.

Individualised Football Specific Physical conditioning.

Education on the role of Diet and Nutrition.

Individualisation of skills training to address strengths and weaknesses.

**Loughgall FC U18, U19, U20 and
Loughgall 1st team**

Loughgall Youth Structure

Loughgall Youth Committee

Head of
FUNdamentals
Phase

Head of Girls
Academy

Head of
Foundation
Phase

Head of Youth
Development
Phase

U5 Coaching Team
U6 Coaching Team
U7 Coaching Team
U8 Coaching Team

U7 Lakers
Coaching Team

U9 Lakers
Coaching Team

U9 Coaching Team
U10 Coaching Team
U11 Coaching Team
U12 Coaching Team

U13 Coaching Team
U14 Coaching Team
U15 Coaching Team
U16 Coaching Team
U17 Coaching Team

Our Coaches

Encouraged

Supported

Valued

Committed

Enthusiastic

Passionate

Creative



Create an *Environment* where players
feel confident to make *their*
Own Decisions.



VISION

To become one of the leading Youth Development Clubs in Northern Ireland.

To continue to develop our Home into one of the best NIFL Football Hubs .

To increase the number of Youth players progressing to represent Loughgall FC at senior level.

To Provide a platform for talented players to reach their potential football level either within the Northern Ireland Football League, Scottish League, English League or International Level.

