

# WOMEN'S HEALTH & MATERNITY

Our Health Clinic provides vital medical care, education, and resources to women and expectant mothers. Most programs are available to those that are uninsured, underinsured, or have Medical Assistance (Medicaid). We also have an income-based sliding fee scale available.

Our services include:

- Maternity Care
- Family Planning
- Women's Health

Our compassionate staff is dedicated to helping women and babies be as healthy as possible. Translators are also available to help women access services in Spanish, Haitian Creole, and other languages.

The goal of our maternal services is to make moms and babies as healthy as possible. Women who receive prenatal care are more likely to carry their pregnancies to term and to have babies with higher birthweights and fewer complications.

To make an appointment, call (410) 479-8000. Dial 7-1-1 to place a call through [Maryland Relay](#).

Our maternity services include:

- Pregnancy tests
- Comprehensive obstetrical exams
- Preconception counseling, including folic acid recommendation
- Prenatal lab tests, including pap smears and cervical cultures
- [Quadruple screen testing](#)
- Screening for gestational diabetes
- One-on-one prenatal education
- High risk pregnancy referrals
- [Nutrition counseling](#)
- Post-partum exam and contraception

Our family planning services empower women to prevent unplanned pregnancies and provide them with key health information when they are ready to conceive.

To make an appointment, call (410) 479-8000. Dial 7-1-1 to place a call through [Maryland Relay](#).

Our family planning services include:

- Pregnancy tests
- Prenatal lab tests, including pap smears and cervical cultures
- Gynecological exams
- Individualized contraception, including:
  - Condoms
  - Depo-Provera (shot)
  - Intrauterine device (IUD) (hormonal and nonhormonal)
  - NuvaRing (vaginal ring)
  - Nexplanon (birth control implant)
  - Ortho Evra (birth control patch)
  - Birth control pills
- Emergency contraception
- Referrals for sterilization and education (for men and women)
- Preconception counseling, including folic acid recommendation
- Educational counseling

Having regular women's health exams can help detect early signs of serious health problems, like cervical cancer.

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Our services include:

- Gynecological exams and lab tests, including pap smears, cervical cultures, and colposcopy
- Educational counseling about birth control options
- Pregnancy tests

- [Breast and cervical cancer screening](#)
- [Sexually transmitted infection testing and treatment](#)

The Health Clinic is located at the Health Department Building.

Caroline Health and Public Services Building

403 S. 7<sup>th</sup> Street

Denton, Maryland 21629

Phone: (410) 479-8000

Dial 7-1-1 to place a call through [Maryland Relay](#).

Fax: (410) 479-4871

Hours: Monday – Friday, 8:00 a.m. to 4:30 p.m.

**Appointments are required for services. Some same day appointments may be available for certain services.**