

# **MIRANDA (NELSON) CAMPBELL**

Heal Mental Health  
drcampbell@healmentalhealth.com

## **LICENSED CLINICAL PSYCHOLOGIST**

**Licensed since January 2017**

**License No. LP6851, Minnesota**

**License No. 3453 – 57, Wisconsin**

**License No. 109717, Iowa**

## **EMPLOYMENT**

**2021 – present**

**Heal Mental Health**

**Licensed Clinical Psychologist/Founder**

**2021 – present**

**Truman Group**

**Licensed Clinical Psychologist**

**2018 – 2021**

**Sioux Falls VA Health Care System, Sioux Falls, South Dakota**

**Psychologist, Rehabilitation and Extended Care**

- Primary psychologist for Home-Based Primary Care (HBPC) and Community Living Center (CLC) programs
- Responsible for the development, implementation, and management of a telehealth program to serve Veterans in both HBPC and CLC
- Provides empirically-supported psychological services to Veterans (and occasionally for family members or caregivers) to assist with a wide variety of conditions, including (but not limited to): adjustment to illness; mood and anxiety disorders; enhancing motivation to participate in medical care and/or promote positive health behavior change; substance use disorders; chronic pain
- Proficient in the use of many evidence-based psychotherapies, including (but not limited to): Cognitive-Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Dialectical Behavior Therapy (DBT)
- Primary point of contact for completion of suicide risk assessments and suicide safety planning for Veterans in HBPC or CLC
- Consults with various other providers to assist in assessing decision-making capacity
- Provides brief cognitive screening assessments as needed
- Provides education and consultation to staff members on topics related to mental health

- Provides consultation services to ALS Clinic providers and participates in brief mental health assessments of ALS patients during clinic, coordinating outpatient services as needed
- Member of the Research and Development Committee
- Member of the Women Veterans Health Committee
- Member of the Psychology Internship Committee
- Member of the Diversity Committee

**2015 – 2018**

**Edward Hines, Jr. VA Hospital, Hines, Illinois**

**Psychologist, Geriatric Transitional Care / Acute Inpatient Medical Rehabilitation**

- Provide group and individual evidence-based psychotherapy services to Veterans hospitalized for medical management, acute or subacute rehabilitation, and/or hospice care, including family therapy and training as needed
- Collaborate with Hospice, Palliative Care, and Hematology/Oncology teams as needed to tailor psychoeducation, interventions, and assist with goals-of-care discussions
- Conduct cognitive assessments as needed to assist with diagnosis, treatment, and discharge planning
- Provide consultation services to interdisciplinary team members, including: physicians, nurses, physical therapists, occupational therapists, psychiatry, speech therapists, and social workers
- Facilitate coordination of outpatient mental health services upon discharge from the hospital to ensure continuity-of-care
- Assist in selection, training, and supervision of clinical psychology trainees
- Provide didactic presentations to psychology trainees on topics related to medical psychology
- Lead a 6-part “Introduction to Clinical Research” seminar series to geriatric medicine fellows
- Complete psychology evaluations for Veterans awaiting organ transplants
- Member of the Hospital Ethics Consultation Committee

## **EDUCATION**

**Ph.D., Clinical Psychology**

**University of Illinois at Chicago (June, 2015)**

*APA-Accredited*

*Chair: Stewart Shankman, Ph.D.*

**M.A., Clinical Psychology**

**University of Illinois at Chicago, 2012**

*APA-Accredited*

**B.A., Psychology**

**Augsburg College, Minneapolis, Minnesota, 2006**

**B.M., Vocal Music**

## CLINICAL TRAINING

**2014 - 2015**

**Edward Hines, Jr. VA Hospital, Hines, Illinois**

**Clinical Psychology Intern, Rehabilitation and Neuropsychology Emphasis**

*APA-Accredited Internship Program*

*Completed Rotations: Traumatic Brain Injury (TBI)/Polytrauma Psychology, Neuropsychology; Spinal Cord Injury Service, Inpatient Acute Medical Rehabilitation, Inpatient Psychiatry Service*

- Provided full neuropsychological evaluations for Veterans, specializing in the TBI/Polytrauma population
- Provided empirically-supported psychological treatments to Veterans of various eras, including: Cognitive Behavioral Therapy (CBT), Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), Acceptance and Commitment Therapy (ACT), Mindfulness-Oriented Recovery Enhancement (MORE), and Cognitive Behavioral Treatment for Insomnia (CBTi)
- Utilized biofeedback equipment (e.g., thermal, sEMG) and CBT interventions for the treatment of chronic pain conditions
- Rapidly assessed high risk patients on a regular basis, consulting with other providers (e.g., Suicide Prevention Coordinators), to manage crisis situations and facilitate appropriate follow-up care
- Provided didactic presentations to trainees and other providers on the treatment of chronic pain
- Conducted mental health intakes through the Hines VA Telepsychiatry Service to rural CBOCS
- Assisted in program development of educational workshops for Veterans and supporters through the Family Empowerment Network (FEN)
- Supervised practicum students in the TBI/Polytrauma Psychology Clinic

**2013 - 2014**

**Edward Hines, Jr. VA Hospital, Hines, Illinois**

**Traumatic Brain Injury (TBI)/Polytrauma Psychology Service Practicum**

*Supervisor: Rene Pichler-Mowry, Ph.D., HSPP*

- Provided individual psychotherapy services to Veterans with comorbid TBI and various medical and psychological conditions
- Served Veterans from various eras, including: Operation Enduring Freedom (OEF), Operation Iraqi Freedom (OIF), Operation New Dawn (OND), Persian Gulf War, Vietnam, and Desert Storm
- Developed, recruited for, and organized group psychotherapy services, including CBTi and Problem Solving Therapy
- Presented cases to an interdisciplinary team on a weekly basis to discuss best course of treatment

- Provided education and support to Veterans, supporters, and other providers on pain management
- Consulted with various providers on a rehabilitation interdisciplinary team such as SLP, SW, and Psychiatry

## **2012 - 2013**

### **University of Illinois Medical Center, Neuropsychological Services**

#### **Adult Neuropsychology Practicum**

*Supervisor: Neil Pliskin, Ph.D., ABPP-CN*

- Provided comprehensive neuropsychological assessment services to adults referred for evaluation due to a wide range of conditions (e.g., dementia, neurodegenerative disease, traumatic brain injury, and/or psychological disorders)
- Conducted clinical interviews, administered tests, interpreted data, prepared reports, and assisted in providing feedback to patients and family members
- Attended weekly didactics, case conferences, and presented cases for group discussion

## **2011- 2012**

### **University of Illinois at Chicago Medical Center, Adult Inpatient Psychiatry Unit**

#### **Group Psychotherapy Clinician**

*Supervisor: Stewart Shankman, Ph.D.*

- Provided group psychotherapy services to psychiatric inpatients on a 37-bed unit serving a diverse, urban population with severe psychological disorders, such as: schizophrenia, bipolar disorder, major depressive disorder, and substance dependence
- Sessions were held twice per week and utilized CBT techniques and psychoeducation on topics such as anger management, behavioral activation, and effective problem solving
- Acted as a liaison between patients and other departments (i.e., psychiatry, social work, occupational therapy)
- Attended Grand Rounds and case conferences alongside other medical professionals
- Provided consultative services to providers regarding the mental health status of patients to aid in discharge planning and appropriate follow-up care

## **2011- 2012**

### **University of Illinois at Chicago, Office of Applied Psychological Services**

#### **Psychotherapy and Assessment Practicum**

*Supervisors: Drs. Gloria Balague, Nancy Steblay, Audrey Ruderman, & Amanda Lorenz*

- Provided psychological assessments and empirically-supported psychological treatments (e.g., CBT, Dialectical Behavior Therapy [DBT]) to patients in a community-based clinic
- Treated a wide range of psychological disorders, such as: major depression, obsessive-compulsive disorder, borderline personality disorder, anorexia and bulimia, and substance use disorders

## SPECIALIZED CLINICAL TRAINING/EXPERIENCE

- **Manualized Treatment Training:** Cognitive Processing Therapy (CPT) for Post-Traumatic Stress Disorder
- **Manualized Treatment Training:** Prolonged Exposure (PE) for Post-Traumatic Stress Disorder
- **Manualized Assessment Training:** Clinician-Administered PTSD Scale (CAPS)

## SUPERVISORY EXPERIENCE

**2014 - 2015**

**Edward Hines, Jr. VA Hospital, Hines, Illinois**

**Traumatic Brain Injury (TBI)/Polytrauma Psychology Outpatient Clinic**

- Supervised practicum students in the TBI/Polytrauma Psychology Outpatient Clinic
- Met on a bi-weekly basis to provide guidance on clinic functions, review cases, prepare for future training experiences, and foster professional development

**2012 - 2013**

**The University of Illinois at Chicago, Department of Psychology**

- Supervised 30 independent research projects for advanced undergraduate psychology majors taking an Applied Psychology course
- Assisted students with project conceptualization, design, and development; supervised data collection, analysis, and report writing

## PEER-REVIEWED PUBLICATIONS

Jenkins, L. M., Barba, A., **Campbell, M.**, Lamar, M., Shankman, S. A., Leow, A. D., ... & Langenecker, S. A. (2016). Shared white matter alterations across emotional disorders: A voxel-based meta-analysis of fractional anisotropy. *NeuroImage: Clinical*, 12, 1022-1034.

**Campbell, M.L.**, Gorka, S.M., McGowan, S.K., Nelson, B.D., Sarapas, C., Katz, A.C., Robison-Andrew, J.E., Shankman, S.A. (2014). Does anxiety sensitivity correlate with startle habituation? An examination in two independent samples. *Cognition and Emotion*, 28, 46-58.

Sarapas, C., Shankman, S.A., Nelson, B.D., **Campbell, M.L.**, Bishop, J.R., Robison-Andrew, E.J., Altman, S.E., Gorka, S.M., & Katz, A.C. (2014). Are individual differences in appetitive and defensive motivation related? A psychophysiological examination in two independent samples. *Cognition and Emotion*, 28(4), 636-655.

Altman, S.E., **Campbell, M.L.**, Nelson, B.D., Faust, J.P., & Shankman, S.A. (2013). The relation between symptoms of bulimia nervosa and obsessive-compulsive disorder: A startle investigation. *Journal of Abnormal Psychology*, 122(4), 1132-1141.

- Nelson, B.D., McGowan, S.K., Sarapas, C., Robison-Andrew, E.J., Altman, S.E., **Campbell, M.L.**, Gorka, S.M., Katz, A.C., & Shankman, S.A. (2013). Biomarkers of threat and reward sensitivity demonstrate unique associations with risk for psychopathology. *Journal of Abnormal Psychology*, 122(3), 662-671.
- Gorka, S.M., McGowan, S.K., **Campbell, M.L.**, Nelson, B.D., Sarapas, C., Bishop, J.R., & Shankman, S.A. (2013). Associations between resting sinus arrhythmia and startle reduction in three independent samples. *Biological Psychology*, 93(2), 334-341.
- Gorka, S.M., Nelson, B.D., Sarapas, C., **Campbell, M.L.**, Lewis, G.F., Bishop, J.R., Porges, S.W., Shankman, S.A. (2013). Relation between respiratory sinus arrhythmia and startle response during predictable and unpredictable threat. *Journal of Psychophysiology*, 27(2), 95-104.
- Shankman, S.A., Nelson, B.D., Sarapas, C., Robison-Andrew, J.E., **Campbell, M.L.**, Altman, S.E., McGowan, S.K., Katz, A.C., & Gorka, S.M. (2013). A psychophysiological investigation of threat and reward sensitivity in individuals with panic disorder and/or major depressive disorder. *Journal of Abnormal Psychology*, 122(2), 322-338.
- Shankman, S.A., **Campbell, M.L.**, Klein, D.N., Leon, A.C., Keller, M.B., Markowitz, J.C., Rothbaum, B.O., Thase, M.E., & Koscis, J.H. (2013). Dysfunctional attitudes as a moderator of pharmacotherapy and psychotherapy in chronic depression. *Journal of Psychiatric Research*, 47(1), 113-121.
- Nelson, B.D., Sarapas, C., Robison-Andrew, E.J., Altman, S.E., **Campbell, M.L.**, & Shankman, S.A. (2012). Frontal brain asymmetry in depression with comorbid anxiety: A neuropsychological investigation. *Journal of Abnormal Psychology*, 121(3), 579-591.
- Shankman, S.A., Robison-Andrew, E.J., Nelson, B.D., Altman, S.E., & **Campbell, M.L.** (2011). Effects of predictability of shock timing and intensity on fearful and anxious responses. *International Journal of Psychophysiology*, 80, 112-118.
- Wozniak, J.R., Mueller, B.A., Muetzel, R.L., Bell, C.J., Hoecker, H.L., **Nelson, M.L.**, ... & Lim, K.O. (2010). Inter-hemispheric functional connectivity disruption in children with prenatal alcohol exposure. *Alcoholism: Clinical and Experimental Research*, 35, 849-861.
- Wozniak, J.R., Muetzel, R.L., Mueller, B.A., McGee, C.L., Freerks, M.A., Ward, E.E., ... & Lim, K.O. (2009) Microstructural Corpus Callosum Anomalies in Children with Prenatal Alcohol Exposure: An Extension of Previous Diffusion Tensor Imaging (DTI) Findings. *Alcoholism: Clinical and Experimental Research*, 33, 1825-1835.
- White, T., **Nelson, M.L.**, Lim, K.O. Diffusion Tensor Imaging in Psychiatric Disorders. (2008). *Topics in Magnetic Resonance Imaging*, 19, 97-109.



## MANUSCRIPTS UNDER REVIEW

Sarapas, C., Katz, A. C., Bishop, J. R., Patel, S. R., Nelson, B. D., **Campbell, M. L.**, & Shankman, S. A. (submitted). Variation in serotonin transporter gene predicts startle response to cued but not contextual threat. *Biological Psychology*.

## BOOK CHAPTERS

Shankman, S.A., Katz, A.C., Sarapas, C., **Campbell, M.L.**, & Gorka, S.M. (2014). The different components and facets of anhedonia and their associations with different psychopathologies. In M.S. Ritsner (Ed.), *Anhedonia: A Comprehensive Workbook*. Berlin: Springer.

## CONFERENCE PRESENTATIONS

Shankman, S.A., Sarapas, C., Gorka, S.M., **Campbell, M.L.**, Katz, A.C., Liu, H., Lieberman, L., DeLizza, A.A., Hodges, A.M., & Huggins, A.A. (September, 2014). Family study of reward and threat sensitivity in internalizing psychopathology. In S. Morris (Chair), *The NIMH Research Domain Criteria initiative: Overview and exemplars*. Symposium conducted at 28<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Chicago, IL.

Shankman, S. A., Nelson, B. D., Sarapas, C., Robison-Andrew, E. J., **Campbell, M. L.**, Altman, S. E., McGowan, S. K., Katz, A. C., & Gorka, S. M. (November, 2013). Examining the specificity of reduced reward anticipation and heightened threat anticipation in depression and anxiety using psychophysiological indices of responding. In A. M. Ruscio (Chair), *Comorbidity of anxiety and depression: Moving beyond description to explain why and how comorbidity occurs*. Symposium conducted at 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Shankman, S.A., Nelson, B.D., Sarapas, C., **Campbell, M.L.**, Gorka, S.M., Katz, A.C., & DeLizza, A.A. (September, 2013). *The discriminant validity of reward and threat anticipation in internalizing psychopathologies*. Paper presented at the 27<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Oakland, CA.

Sarapas, C., Nelson, B. D., Gorka, S. M., **Campbell, M. L.**, Katz, A. C., DeLizza, A. A., & Shankman, S. A. (September, 2013). *Association of executive function with family history of depression in two independent samples*. Poster presented at 27th annual meeting of the Society for Research in Psychopathology, Oakland, CA.

**Campbell, M.L.**, Sarapas, C., Nelson, B.D., Patel, S., Bishop, J., & Shankman, S.A. (September, 2012). *The relationship between a polymorphism in MAOA and sustained defensive responding*. Poster presented at the 26th annual meeting for the Society of Research in Psychopathology, Ann Arbor, MI.

- Nelson, B.D., Robison-Andrew, E.J., Altman, S.E., **Campbell, M.L.**, Sarapas, C., Katz, A.C., Gorka, S.M., McGowan, S.K., & Shankman, S.A. (September, 2012). *Comparing reward sensitivity vs. DSM-defined major depressive disorder on how they predict family history of psychopathology*. Poster presented at the 26th annual meeting of the Society for Research in Psychopathology, Ann Arbor, MI.
- Katz, A.C., Sarapas, C., Nelson, B.D., **Campbell, M.L.**, Gorka, S.M., Patel, S., Bishop, J.R. & Shankman, S.A. (September, 2012). *The mediating effect of prefrontal asymmetry on the relationship between COMT SNP and trait consummatory positive affect*. Poster presented at the 52<sup>nd</sup> annual meeting of the Society for Psychophysiological Research, New Orleans, LA.
- Nelson, B.D., Robison-Andrew, E.J., Altman, S.E., Sarapas, C., **Campbell, M.L.**, Katz, A.C., Gorka, S.M., McGowan, S.K., & Shankman, S.A. (September, 2012). *Does heightened sensitivity to predictable vs. unpredictable threat index risk for panic disorder? A startle electromyography investigation*. Poster presented at the 52<sup>nd</sup> annual meeting of the Society for Psychophysiological Research, New Orleans, LA.
- Gorka, S.M., Nelson, B.D., Sarapas, C., **Campbell, M.L.**, Katz, A., McGowan, S.K. & Shankman, S.A. (September, 2012). *Sensitivity to unpredictable threat in those with panic disorder and/or alcohol dependence*. Poster presented at 52<sup>nd</sup> annual meeting of the Society for Psychophysiological Research, New Orleans, LA.
- Sarapas, C., Bishop, J. R., Patel, S. R., Nelson, B. D., **Campbell, M. L.**, & Shankman, S. A. (September, 2012). *Variation in serotonin transporter gene predicts startle response to cued but not contextual threat*. Poster presented at 52<sup>nd</sup> annual meeting of the Society for Psychophysiological Research, New Orleans, LA.
- Campbell, M.L.**, Nelson, B.D., McGowan, S.K., Robison-Andrew, E.J., Sarapas, C., Altman, S.E., Gorka, S.M., Katz, A.C., Shankman, S.A. (September, 2011). *Startle habituation in individuals with depression and/or panic disorder*. Poster presented at 25<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Boston, MA.
- Nelson, B.D., Sarapas, C., **Campbell, M.L.**, Robison-Andrew, E.J., Altman, S.E., Katz, A.C., Gorka, S.M., McGowan, S.K., & Shankman, S.A. (September, 2011). *Comparing sensitivity to unpredictable threat versus DSM defined panic disorder on how they predict family history of panic disorder*. Poster presented at the 25<sup>th</sup> Annual Society for Research in Psychopathology, Boston, MA.
- Gorka, S.M., Nelson, B.D., Sarapas, C., **Campbell, M.L.**, Robison-Andrew, E.J., Altman, S.E., & Shankman, S.A. (September, 2011). *Resting heart rate variability as a predictor of startle responses to predictable and unpredictable threat*. Poster presented at 25<sup>th</sup> Annual Society for Research in Psychopathology, Boston, MA.



Sarapas, C., Bishop, J.R., Nelson, B.D., **Campbell, M.L.**, Robison-Andrew, E.J., Altman, S.E., Katz, A.C., Gorka, S.M., McGowan, S.K., & Shankman, S.A. (September, 2011). *Indirect genetic effects on internalizing symptoms through frontal EEG asymmetry*. Poster presented at the 25<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Boston, MA.

Katz, A.C., Nelson, B.D., Robison-Andrew, E.J., Altman, S.E., **Campbell, M.L.**, Sarapas, C., Gorka, S.M., & Shankman, S.A. (September, 2011). *The moderating effect of trait positive emotionality on EEG asymmetry recorded during a reward processing task*. Poster presented at the 25<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Boston, MA.

Altman, S.E., **Nelson, M.L.**, Faust, J., Shankman, S.A. (October, 2010). *Understanding the comorbidity of bulimia nervosa and obsessive compulsive disorder: A startle study of aversiveness sensitivity*. Poster presented at the 16<sup>th</sup> annual Eating Disorders Research Society meeting, Cambridge, MA.

**Nelson, M.L.**, Shankman, S.A., Nelson, B.D., Robison-Andrews, E.J., Altman, S.E., Sarapas, C. (October, 2010). *Personality correlates of startle habituation: An examination in three separate samples*. Poster presented at the 24<sup>th</sup> Annual Society for Research in Psychopathology, Seattle, WA.

Nelson, B.D., Shankman, S.A., Sarapas, C., **Nelson, M.L.**, Altman, S.E., & Robison-Andrew, E.J. (October, 2010). *Are distinctive symptoms of anxiety and depression related to emotional responding while anticipating predictable vs. unpredictable threat?* Poster presented at the 24<sup>th</sup> Annual Society for Research in Psychopathology, Seattle, WA.

Wozniak, J.R., Freerks, M.A., Mueller, B.A., Muetzel, R.L., Chang, P.-N., Ward, E., **Nelson, M.L.**, Lim, K.O. (April, 2008). *Executive Functioning Correlates of Frontal White Matter Deficits in Children with Fetal Alcohol Spectrum Disorders*. Poster presented at the International Neuropsychological Society meeting, Waikoloa, HI.

## TEACHING ASSISTANTSHIPS

**2009 - 2015**

**University of Illinois at Chicago, Department of Psychology**

*Courses:* Introduction to Psychology, Theories of Personality, Abnormal Psychology, Applied Psychology, Clinical Interviewing, and Statistics

## PROFESSIONAL MEMBERSHIPS

**Society for Research in Psychopathology**

**American Psychological Association, Division 40 (Clinical Neuropsychology)**

**American Psychological Association, Division 22 (Rehabilitation Psychology)**