

# Perkins County Senior Center News

## August

420 Central Avenue

PO Box 314

Grant, NE 69140

308-352-4236 Grant

Perkins County Public Transit 308-352-4597

[www.pcsenior.org](http://www.pcsenior.org)

[pcsenior@gpcom.net](mailto:pcsenior@gpcom.net)

## 2025

**Executive Director:**

Trish Jimenez

**Lead Cook:**

Dianna McCleary

**Kitchen Staff:**

Hannah McGannon

Kelan Sis

**Board Members:**

Kris Jaques

Nancie Peterson

Marian Robertson

Joyce Hightower

Dan Wallin

Anne Kirkpatrick

Dennis Ekdahl

**Bus Driver:**

Kris Jaques

Ronda Hutt

Tom Willhite



The Perkins County Senior Centers are sponsored by West Central Area Agency on Aging, (WCAAA) which provides partial funding for meal programs and related activities. The Centers are a non-profit organization operating under a 501c3 tax exempt status. The purpose is to provide a nutritious meal and countless hours of activities and entertainment Monday ~ Friday 9 am to 4 pm. For persons 60 years of age and older the suggested contribution rate is \$6.00 per meal, guests under 60 will be charged \$8.00. Home delivery and carryout is calculated according, adding \$.50.

# Thank you to the Local Businesses who Sponsor Perkins County Senior Centers

## **Grant**

Adams Bank & Trust

Birthday Cakes - Grant

Grant Tribune Sentinel

Newspaper - Grant

Hatch's Super Foods

Kitchen Supplies - Grant

Donations for Fund Raisers

## **Venango**

Venango Legion

Meal Site

Pinnacle Bank

Meal Site Rent



## **Elsie**

Hi Line Coop

H & B Agency

Sisco Fertilizer

Elsie Feed Center

Sandhills State Bank

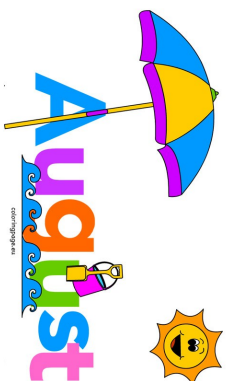
Pinnacle Bank

Eastern Sky

Midwest Electric

The Senior Center welcomes  
the following donations:  
Cake Mixes, Coffee, Fresh  
Veggies and any other food  
items that we can serve.

# Activity Calendar



## August, 2025

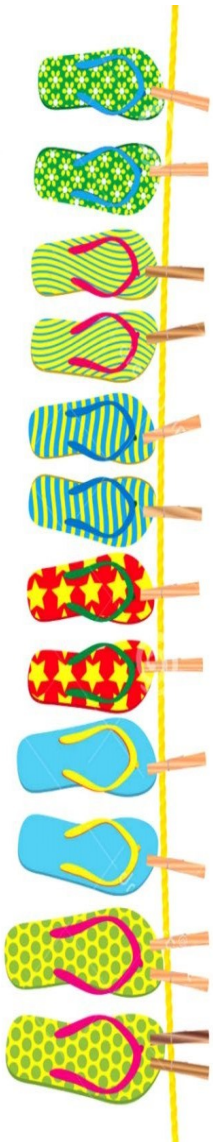
**Monday**

**Tuesday**

**wednesday**

**Thursday**

**Friday**



	<b>1</b> Bunco				
<b>4</b> 8:30 Board Meeting 10:00 - Thrift Shope Mtg 1:00 - Card Party		<b>6</b> Rotary Program 12:30	<b>7</b> 10:30 am - Senior Exercise	<b>8</b> Birthday Dinner Bunco	
<b>11</b>		<b>13</b> Rotary Program 12:30 12:00 - Foot Clinic	<b>14</b> 10:30 am - Senior Exercise	<b>15</b> Anniversary Dinner Bunco	
<b>18</b> 1:00 - Card Party	<b>19</b> 12:00 - Venango Meal 12:30 - BINGO	<b>20</b> Rotary Program 12:30	<b>21</b> 10:30 am - Senior Exercise	<b>22</b> Bunco	
<b>25</b>	<b>26</b> 12:00 - Venango Meal	<b>27</b> Rotary Program 12:30	<b>28</b> 10:30 am - Senior Exercise	<b>29</b> Bunco	



# Grant Senior Center Menu

(Menu subject to change)

August, 2025

Venango meals will be served EVERY Tuesday

Mon	Tues	Weds	Thurs	Fri 1
				Chicken Fried Chicken Mashed Potato Peas Fruit Roll, Pie
4	5	6	7	Birthday 8
Ham & Turkey Wraps Pea Salad 3 Bean Salad Fresh Veggies Fruit, Dessert	Beef Stew Garden Salad Fresh Veggies Fruit Biscuit Dessert	BBQ Ribs Baked Potato Corn Fruit Roll Dessert	Chicken Sandwich Oven Fries Garden Salad Fruit Dessert	Reubens French Fries Garden Salad Fruit Birthday Cake
11	12	13	14	Anniversary 15
Chef Salad Fresh Veggies V8 Fruit Breadstick Dessert	Chicken Strips Mashed Potato Green Beans Fruit Roll Dessert	Ham Cheesy Hashbrowns Broccoli Fruit, Biscuit Dessert	Enchiladas Refried Beans Spanish Rice Garden Salad Fruit Dessert	Hamburgers/ Cheeseburgers French Fries Baked Beans Garden Salad Fruit, Dessert
18	19	20	21	22
Hot Dogs Tater Tots Garden Salad Fresh Veggies Fruit Dessert	Mushroom Steak Baked Potato California Blend Veggies, Fruit Biscuit, Dessert	BBQ Chicken Breast Mashed potato Green Beans Fruit Roll, Dessert	Spaghetti Garden Salad Mixed Veggies Fruit Breadstick Dessert	Fish Sandwich Oven Fries Garden Salad Fruit Pie
25	26	27	28	29
Tuna Salad Sandwich Mac Salad Broccoli Salad Garden Salad Fruit, Dessert	Meatloaf Mashed Potato Peas & Carrots Fruit Biscuit Dessert	Baked Potato Bar Fruit Roll Dessert	Sausage Gravy Biscuit Hashbrowns V8 Fruit Dessert	Pizza Garden Salad Corn Fruit Pie

Meals are served daily from 11:00 am - 1:00 pm Under 60 - \$8.00

Suggested Contribution 60+ or spouse - \$6.00 Delivered/Carryout - \$6.50

Reservations are requested. Those who don't call in a reservation may receive a menu substitute

**Mark your calendar!!  
Card Party will be held  
at 1pm on Monday  
August 4th and 18th  
Everyone is invited!!**

## **BUNCO**

**Every Friday before  
lunch!!**

**Join in on the Fun!!**



## **BINGO!!**

**Tuesday, August 19th**

**@ 12:30 pm**

**Fun and FREE!!**

### **Senior Exercise**

**Senior Exercise will held every Thursday in August at 10:30 a.m.**

**This will be a self guided exercise using videos.**

**Everyone is welcome!!**

**We also have a GREAT Selection of exercise equipment that can be used  
Monday through Friday from 9am until 4pm.**



# August Birthdays

1st	Letha Oldaker	17th	Marilyn Regier
	Harold Olson	19th	LaVern Ogden
3rd	Missy Deaver	23rd	Marcia Shalla
7th	Kim Dickmeyer	25th	Elaine Worthing
8th	Thomas Schroder	27th	Nancy Hansen
9th	Nancy Burge	29th	Kay Bengé
11th	Gloria Patrick	30th	Duane Russell
	Judy Tickle		Dottie Hennessee



Anyone who is celebrating a Birthday in August is invited to join us  
for a FREE lunch and Birthday Cake on Friday, August 8th

**The Thrift Shop is**

**OPEN**

**Business Hours are:**

**Monday - CLOSED**

**Tuesday - Friday - 9am - 4pm**

**Saturday, August 2nd - 9am - 1pm**

**Watch our website [www.pcsenior.org](http://www.pcsenior.org) and**

**Facebook page for information on**

**UPCOMING BAG SALES!!**



# June Volunteers

**We Couldn't Do It Without YOU!! Great Job!!**

## Senior Center



That's a Total of  
350.25 Volunteer Hours  
in the Month of  
June!

## Thrift Shoppe

Cindy Salsman	34.25 Hours
Deb Hansen	24 Hours
Cynthia Dahlkoetter	18 Hours
DeeAnn Tatum	17 Hours
Ronda Lawyer	17 Hours
Anne Kirkpatrick	16.5 Hours
Roxie Lampmann	15.5 Hours
Marcy Shalla	15 Hours
Pennie Reese	15 Hours
Alexa Kraus	14 Hours
Jill Grable	14 Hours
Linda Chillemi	14 Hours
Alice Tines	13.5 Hours
Diana Tate	13.5 Hours
Bob Tatum	12 Hours
Connie McClenahan	12 Hours
Alecia Einspahr	11.5 Hours
Patty Clough	11.5 Hours

Becky Uehling	10.5 Hours
Doris Olsen	10.5 Hours
Josie Hughes	9.5 Hours
Dee Grantham	8 Hours
Dell Hall	7 Hours
Pat Wilson	6 Hours
Austin Kraus	3.5 Hours
Mary Kay McClenahan	3.5 Hours
Brenna Colglazier	3.5 Hours
Norma Hamm	3.5 Hours
Rubydell Bogaert	3.5 Hours
Jasper Kirkpatrick	2.5 Hours
Frances Lytle	2 Hours



# Food Preservation Reliable Resources:



Nebraska Extension  
[www.food.unl.edu](http://www.food.unl.edu)



National Home Food Preservation  
<https://nchfp.uga.edu>

National Center for  
Home Food Preservation



MARK YOUR  
CALENDAR!!  
COMING UP  
ON  
SEPTEMBER  
25TH WILL  
BE THE  
NEXT  
COOKING  
CLASS  
FEATRING....  
SQUASH!!

## Let's Get Squashed

**September 25, 2025**  
**1:00 to 3:00 PM MT**

**Perkins County Senior Center**  
**420 Central Ave - Grant, NE**

Winter squash comes in all shapes, sizes & colors. Common varieties include pumpkin, acorn squash, butternut squash and spaghetti squash.

Sample easy and nutritious ways to utilize this Fall produce. Learn how to properly select and store winter squash.



Recipes and food samples will be shared.

 Southwest Nebraska  
Public Health Department



The University of Nebraska does not discriminate based upon any protected status. Please see, [go.unl.edu/nondiscrimination](http://go.unl.edu/nondiscrimination).





# BEST FRIENDS

## WORD SEARCH PUZZLE

CHARM  
 CLUB  
 DEPEND  
 EASE  
 EMBRACE  
 GENTLE  
 GREET  
 HARMONY  
 HELP  
 HUG  
 KIND  
 LAUGH  
 LIKE  
 LISTEN  
 LOVE  
 LOYAL  
 NICE  
 PALS  
 PARTY  
 PLEASANT  
 SHARE  
 TIME  
 TRUST  
 VALUE  
 WARMTH

Y	E	H	T	M	R	A	W	P	S	T	P
J	T	E	E	R	G	U	A	F	C	L	T
C	N	E	T	S	I	L	E	R	E	S	I
P	L	E	A	S	A	N	T	H	H	G	M
T	R	U	S	T	I	Y	L	A	N	E	E
N	I	K	B	D	P	A	R	T	Y	N	C
L	E	V	O	L	U	E	D	K	N	T	A
N	I	C	E	G	H	U	N	L	O	L	R
S	U	Z	H	U	J	L	E	O	M	E	B
L	M	K	G	A	O	A	P	Y	R	K	M
A	D	N	I	K	R	V	E	A	A	I	E
P	E	S	A	E	P	M	D	L	H	L	D

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.  
Find and circle each word.



# VENANGO



Join us every Tuesday at 12:00 noon  
at the Legion Hall for Senior Meal.

(Carry out available)

Please RSVP by the Monday prior by  
calling the Center at 308-352-4236

Thank You.

## HELP WANTED

Volunteers are extremely important to the success of the Perkins County Senior Center/ Thrift Shoppe and we are in dire need of generous individuals who are willing to donate their time and talents to the organization.

**We are currently in desperate need of volunteers to work in the Thrift Shoppe. If new volunteers don't come forward, we may have to close an additional day or part day during the week.**

**We are also searching for generous individuals that would be willing to deliver meals a day or two a week.**

If you or anyone you know might be interested in learning more about the volunteer opportunities available at the Senior Center or Thrift Shoppe, please stop in at 420 Central Avenue or contact us at 308-352-4236. We'd love to visit with you about becoming a Volunteer!!