



420 Central Avenue PO Box 314 Grant, NE 69140 308-352-4236 Grant

2018

Perkins County Public Transit 308-352-4597 www.pcsenior.org pcsenior@gpcom.net

Executive Director:

Trish Jimenez

Lead Cook:

Lisa Resor

Kitchen Staff:

Joyce Hightower

Kelan Sis

Housekeeping:

Jasmine Schulze

Board Members:

Kris Jaques

Nancie Peterson

Marian Robertson

Joyce Hightower

Dan Wallin

Katy Miyamoto

Nancy Reynolds

Meal Providers:

Tin Can Diner (Venango)

Bus Driver:

DeAnna Schulze

OPEN



The Perkins County Senior Centers are sponsored by West Central Area Agency on Aging, (WCAAA) which provides partial funding for meal programs and related activities. The Centers are a non-profit organization operating under a 501c3 tax exempt status. The purpose is to provide a nutritious meal and countless hours of activities and entertainment Monday ~ Friday 9 am to 4 pm. For person 60 years of age and older the suggested contribution rate is \$4.50 per meal, guests under 60 will be charge \$6.00. Home delivery is calculated according, adding \$.25.

THANK YOU TO THE LOCAL BUSINESSES WHO SPONSOR PERKINS COUNTY SENIOR CENTERS

Grant

Adams Bank & Trust

Birthday Cakes - Grant

Pinnacle Bank

Birthday Meals - Grant

Valley Bank & Trust

Anniversary Meals - Grant

Grant Tribune Sentinel

Newspaper - Grant

United Methodist Church

Postage for Bulk Mailers

Hatch's Super Foods

Kitchen Supplies - Grant Donations for Fund Raisers

Madrid

Adams Bank & Trust Village of Madrid

Elsie

Hi Line Coop

Sandhills State Bank

<u>Venango</u>

Tin Can Diner

Help with all Fund Raisers & Meal Site - Venango



Activity Calendar

October, 2018

Monday 8:30 - Board Mtg 10:30 - TS Meeting 1:00 Card Party	Tuesday Venango Day	Wednesday Rotary Program 12:30	•
8 CLOSED	9 Venango Day 12:00 - Madrid Meal	Rotary Program 12:30 Foot Clinic 12:00	11
1: 00 Card Party	Venango Day Bingo - 12:30	Rotary Program 12:30	18 Chamber 12:00
Field Trip (see pg. 5)	²³ Venango Day 12:00 - Madrid Meal	Rotary Program 12:30	25
3	30 Venango Day	Rotary Program 12:30 Trick or Treat Street	

Grant Senior Center Menu (Menu subject to change)

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Mon 1	Tues 2	Weds 3	Thurs 4	Fri 5
Burritos	Tomato Soup	Ham	Meatloaf	Fish
Rice	Grilled Cheese	Au Gratin Potato	Scalloped Potato	Hash Brown
Fresh Veggies	Sandwich	Asparagus	Carrots	Pattie
Dessert	Fresh Veggies	Bread	Bread	Spinach
	Dessert	Dessert	Dessert	Bread
				Pie
8	Madrid Meal 9	10	11	Birthday 12
CLOSED	Smothered Pork	Oven Fried	Polish Sausage	Mexican Lasagna
	Baked Potato	Chicken	Sauerkraut	Corn
Columbus	Carrots	Mashed Potato	Tater Tots	Birthday Cake
Day	Bread	Gravy	Dessert	
	Dessert	Broccoli		
		Bread, Dessert		
15	16	17	18	Anniversary 19
Beef Stroganoff	Ham & Beans	French Dip	Chicken Fajita	Sausage Gravy
Noodles	Cornbread	Stir Fry Veggies	Fresh Veggies	Biscuit
Peas	Fresh Veggies	Tater Tots	Rice	Mixed Veggies
Bread	Dessert	Dessert	Dessert	Anniversary Cake
Dessert				
Field Trip 22	Madrid Meal 23	24	25	26
Chili	Oven Fried	Pork Roast	Hamburger/	Ham & Potato
Fresh Veggies	Chicken	Mashed Potato	Cheeseburger	Casserole
Cinnamon Rolls	Mashed Potato	Gravy	Hash Brown	Mixed Veggies
	Gravy	Green Beans	Pattie	Bread
	Peas	Dressing	Pork & Beans	Pie
	Bread, Dessert	Dessert	Dessert	
29	30	31		
Breakfast	Chicken Cordon	Spider Pizza		
Sandwich	Bleu	Swamp Veggies		1 1 5 EV
Hash Brown	Green Beans	(Broc & Caul.)		ST Y DEN
Pattie	Dessert	Sinnnamon		
V-8 Juice		Rolls		60
Fresh Fruit				aci.

Salad Bar Available Daily
Suggested Contribution 60+ or spouse - \$4.50

Field Trip

Join us for a field trip to Cox's Pond, Corn Maze, Pumpkin Patch, Hay Rack Rides!! (Weather Permitting)

Thursday, October 22nd

If you would like to ride the bus, please RSVP at the Center or call 308-352-4236 by Wednesday, October 19th. The bus will depart the Senior Center at 9:00 a.m. & will be back in Grant by around 2:30 p.m. We will be enjoying a corn maze, hay rack rides and Polish Sausage for Lunch!!

Bring a little extra money if you'd like to purchase a pumpkin.

Please let us know if you can join in on the fun!!

We are currently searching for individuals that would like to Volunteer at the Thrift Shoppe.

We are in need of someone to work one morning or afternoon a week.

If you are someone you know might be interested, please call us at 308-352-4236 or stop by the center at 420 Central Avenue.



Look in your mail for additional information!!





IT'S THAT TIME OF YEAR AGAIN!

OCT. 15 – DEC. 7

That's right! It is time to schedule a review of your Medicare Part D drug plans that will be effective **January 1, 2019**

You should do a review of your prescription drug plan each and every year!!!

Whv?

- 1 You may be taking new or different medications than you were last year.
- 2 Your plan may have changed the copay on the medications you take.
- **3** Your plan may not cover the same drugs next year.
- 4 There may be a plan that offers a lower copay for your medications.
- 5 The plan premiums usually change each year.
 - These are all good reasons to review your plans each year.
- You can see if your plan will be making changes by looking over the Formulary you get in the mail from your plan each year;

Or....

-You can do a search on your own at www.Medicare.gov. Click on "Find Health & Drug Plans";

Or....

-You can call the Area Agency on Aging to find the enrollment event that is nearest to you and call to make an appointment with a SHIIP counselor;

Or....

- -You can make an appointment with a SHIIP counselor at the Area Agency on Aging in North Platte.
 - -A fifth option would be to call
- 1-800-Medicare and enroll over the phone.

***** Ouestions *****

Call the West Central Nebraska

Area Agency on Aging

North Platte, NE 1-800-662-2961 or 1-308-535-8195



BINGO!!

Tuesday, October 16th Bingo will be held on the 3rd Tuesday of the month at 12:30 p.m., come on down and enjoy!!! FREE to play!!! Lots of FUN prizes!!!



Mark your calendar!!



Card Party will be held



at 1pm on Monday October 1st & 15th



Everyone is invited!!









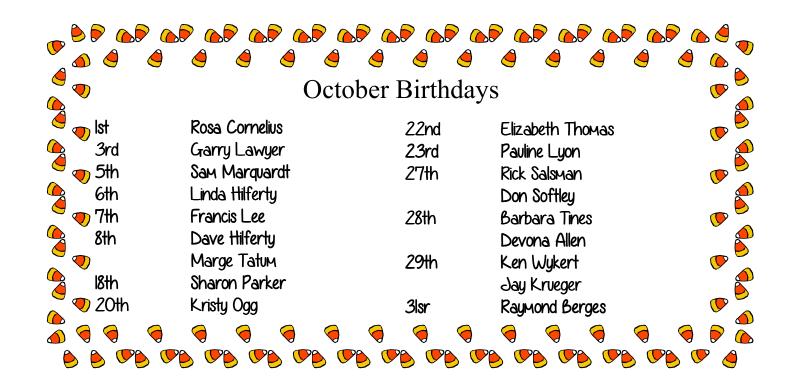




BUNCO Every Friday before lunch!! Come & Join

in on the Fun!!







THE THRIFT SHOP IS

OPEN



WE NOW HAVE A GREAT SELECTION OF FALL AND WINTER CLOTHING!!

NORMAL BUSINESS HOURS ARE:

SATURDAY, OCTOBER 6TH 9AM - 1PM, (1ST SATURDAY OF THE MONTH)

MONDAYS 1 - 4PM AND

TUESDAY THRU FRIDAY 9AM - 4PM

Lots of Halloween and Fall Decorations!!



Halloween Word Search

P Н 0 S 0 0 N 0 B K S Y K X Υ S X A M M K S E H M D G S S U A E P W X M D M H 0

> BOO GAMES HALLOWEEN PARTY SPOOKY WITCH

CANDY GHOSTS MASK PUMPKINS TRICK COSTUMES GOBLIN MUMMY SKELETON TREAT

August Volunteers

We Couldn't Do It Without YOU!! Great Job!!

Center

Idonna Deaver	15.5Hours
Ellen Gillett	13.5 Hours
Kevin Tickle	12 Hours
Nancie Peterson	9 Hours
Katy Miyamoto	7 Hours
David Peterson	6 Hours
Lorene Mercier	4 Hours
Gloria & Ron Patrick	2 Hours
Lorraine Schellhorn	1 Hour

That's a Total of 404.5 Volunteer Hours in the Month of August!!

Thrift Shoppe

Cindy Salsman	30.5 Hours
Doris Olson	28 Hours
Roxie Lampmann	20.5 Hours
Lois Gaston	20 Hours
Lorryley Rice	18.5 Hours
Garnett Templeton	17.5 Hours
Pat Wilson	17.5 Hours
Pauline Zwick	17.5 Hours
Jean Gregg	17.5 Hours
Donna Lundval	15.5 Hours
Lou Tietjen	14 Hours
Deb Hansen	13 Hours
Rubydell Bogaert	12 Hours
Joyce Hightower	11.5 Hours
Carolyn McArtor	11 Hours
Charlotte Kumor	10.5 Hours
Bonnie Taubenheim	7 Hours

Diana Tate	7 Hours
Virginia Deaver	7 Hours
Lorraine Schellhorn	6.5 Hours
Shari Sexson	5 Hours
Pat Schipper	4.5 Hours
Connie Seiler	4 Hours
Shari Friedel	4 Hours
Barb Van Horn	4 Hours
Holly Cornelius	3.5 Hours
Pennie Reese	3.5 Hours
Alice Tines	3.5 Hours
Nancy Burge	3.5 Hours



Venango-October

Menu Tuesday, October...

2nd: Fried Chicken, Mashed Potato, Gravy, Broccoli, Apple Juice,

Chess Pie

9th: Cheeseburger Casserole, Glazed Carrots, Mixed Fruit, Biscuits,

Birthday Cake

16th: Pot Roast, Carrots, Potatoes, Apple Crisp

23rd: Sausage Gravy, Biscuits, Hash Brown Casserole, Jell-o w/ Fruit,

Cinnamon Roll

30th: Veggie Beef Soup, Tomato Juice, Cherry Dump Cake

Also Available: Juice, Saltines, Wheat Crackers, Club Crackers,

Graham Crackers, Peanut Butter, Fruit & Wheat Bread, Salad Bar.

Thanks Tin Can!!

