

Perkins County Senior Center News

November

420 Central Avenue

PO Box 314

Grant, NE 69140

308-352-4236 Grant

Perkins County Public Transit 308-352-4597

www.pcsenior.org

pcsenior@gpcom.net

2018

Executive Director:

Trish Jimenez

Lead Cook:

Lisa Resor

Kitchen Staff:

Joyce Hightower

Kelan Sis

Housekeeping:

Jasmine Schulze

Board Members:

Kris Jaques

Nancie Peterson

Marian Robertson

Joyce Hightower

Dan Wallin

Katy Miyamoto

Nancy Reynolds

Meal Providers:

Tin Can Diner (Venango)

Bus Driver:

DeAnna Schulze

Kris Jaques

Ronda Hutt



The Perkins County Senior Centers are sponsored by West Central Area Agency on Aging, (WCAAA) which provides partial funding for meal programs and related activities. The Centers are a non-profit organization operating under a 501c3 tax exempt status. The purpose is to provide a nutritious meal and countless hours of activities and entertainment Monday ~ Friday 9 am to 4 pm. For person 60 years of age and older the suggested contribution rate is \$4.50 per meal, guests under 60 will be charge \$6.00. Home delivery is calculated according, adding \$.25.

Thank you to the Local Businesses who Sponsor Perkins County Senior Centers

Grant

Adams Bank & Trust

Birthday Cakes - Grant

Pinnacle Bank

Birthday Meals - Grant

Valley Bank & Trust

Anniversary Meals - Grant

Grant Tribune Sentinel

Newspaper - Grant

United Methodist Church

Postage for Bulk Mailers

Hatch's Super Foods

Kitchen Supplies - Grant Donations for
Fund Raisers

Madrid

Adams Bank & Trust

Village of Madrid

Elsie

Hi Line Coop

Sandhills State Bank

Venango

Tin Can Diner

Help with all Fund Raisers & Meal Site -
Venango



Activity Calendar



November, 2018

Monday

Tuesday

Wednesday

Thursday

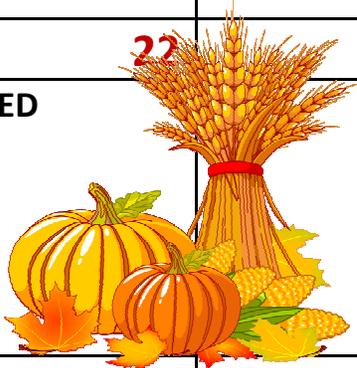
Friday

<p>5 8:30 Board Meeting 10:30 Thrift Shoppe Meeting 1:00 Card Party</p> 	<p>6 Venango Day</p> 	<p>7 Rotary Program 12:30</p>	<p>1 Chamber 12:00 Volunteer Appreciation Banquet</p> 	<p>2 Bunco Pie Friday</p>
<p>12 CLOSED</p> 	<p>13 Venango Day 12:00 - Madrid Meal</p>	<p>14 Rotary Program 12:30 Foot Clinic 12:00</p>	<p>15 Potato Bar & Holiday Open House (see pg. 5)</p>	<p>16 Bunco Anniversary Dinner</p>
<p>19 1:00 Card Party</p>	<p>20 Venango Day Bingo - 12:30</p>	<p>21 Rotary Program 12:30</p>	<p>22 CLOSED <i>Happy Thanksgiving</i></p> 	<p>23 CLOSED</p> 
<p>26 Craft Day (see pg. 8)</p> 	<p>27 Venango Day 12:00 - Madrid Meal</p>	<p>28 Rotary Program 12:30</p>	<p>29 CLOSED</p> 	<p>30 Bunco Pie Friday</p>

Grant Senior Center Menu

November, 2018

(Menu subject to change)

Mon	Tues	Weds	Thurs 1	Fri 2
			Chicken Alfredo Fresh Veggies Garlic Bread Dessert	BBQ Little Smokies Tater Tots Wax Beans Bread Pie
5	6	7	8	9
Tomato Soup Grilled Cheese Fresh Veggies Cinnamon Rolls	Fish Hash Brown Pattie Peas Bread Dessert	Oven Fried Chicken Mashed Potato Gravy Corn Biscuit, Dessert	Pulled Pork Onion Rings Baked Beans Dessert	Beef Tips Over Rice Stir Fry Veggies Bread Birthday Cake
12	Madrid Meal 13	14	15	Anniversary 16
CLOSED 	Ham Hashbrown Casserole Peas Bread Dessert	Roast Beef Mashed Potato Gravy Carrots Bread Dessert	Chicken Noodle Soup Chicken Salad Sandwich Fresh Veggies Dessert	Tuna Casserole Winter Blend Veggies Bread Anniversary Cake
19	20	21	22	23
Chicken Strips French Fries Corn Bread Dessert	Potato Soup Grilled Cheese Fresh Veggies Dessert	Mushroom Pork Steak Mashed Potato Gravy Green Beans Bread, Dessert	CLOSED 	
26	Madrid Meal 27	28	29	30
Chicken Ala King Biscuit Hash Brown Pattie V-8 Juice Dessert	Turkey Mashed Potato Gravy Green Beans Bread Dessert	Hot Beef Sandwich Mashed Potato Gravy Cauliflower Bread, Dessert	Fish Rice Spinach Bread Dessert	Chicken Tacos Corn Dessert

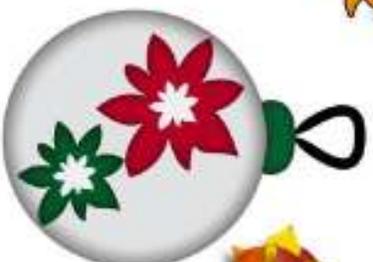
Salad Bar Available Daily

Suggested Contribution 60+ or spouse - \$4.50

Under 60 - \$6.00



Free Will Donation



**PERKINS COUNTY SENIOR BAR
ANNUAL BAKED POTATO 15TH
THURSDAY, - 7:30 P.M.
5:00**

Ice Cream with a
Variety of
Toppings!!



THE Thrift Shop
Will be OPEN



Local Vendors!!

Potatoes with all the
Fixings....
Cheese, Chili, Bacon,
Broccoli & More!!

Perkins County Public
Transit will have buses
running throughout the
evening.



UNNEEDED MEDICAL EQUIPMENT

There is a nationwide scam that impacts millions of seniors. Telemarketers contact the elderly, offering up “free” durable medical equipment (DME) that will be “covered by insurance with no cost to you.”

What happens is telemarketing companies obtain the names of victims through online or mailed solicitations and by partnering with legitimate healthcare companies that share or sell their medical information.

But the scam isn’t really free. It costs American taxpayers tens of millions of dollars every year for unnecessary medical equipment peddled to unsuspecting seniors. And you are paying the cost.

Seniors may receive call after call trying to “wear them down”. At some point people say yes just to discontinue the harassing phone calls. Their end game is to get these products out – at any cost – whether you need them or not.

In one case an elderly woman received a box which contained two knee braces and a back brace. She did not want or need the braces and she certainly did not ask for them.

Medicare got a \$4,798.23 bill for the unwanted medical equipment. They approved \$2,393.01. The items she received could have been purchased online for \$430. Medicare was billed more than ten times that amount.

Filing a complaint about durable medical equipment:

Contact your supplier: Within 5 calendar days, your supplier must let you know they got your complaint and are investigating it. Within 14 calendars days, your supplier must send you the result of your complaint and their response in writing.

Need help filing a complaint?

Contact your State Health Insurance Assistance Program (SHIP) for free personalized help. In Nebraska the number is 1-800-234-7119.

For questions call the Area Agency on Aging in No. Platte 800-662-2961

BINGO!!

Tuesday, November 20th

Bingo will be held on the 3rd Tuesday of the month

at 12:30 p.m.,

come on down and enjoy!!!

FREE to play!!! Lots of FUN prizes!!!

♦ Mark your calendar!!

♠ Card Party will be held at 1pm on

♥ Monday

♣ November 5th & 19th

♦ Everyone is invited!!



BUNCO

Every Friday before lunch!!

Come & Join in on the Fun!!



NOVEMBER BIRTHDAYS

1st	Katy Miyamoto	17th	Jerry McArtor
3rd	Joan Marquardt	19th	Wanda Poppe
5th	Jody Merrill	20th	Ann Schmitt
	Ivan Palu	24th	Ellen Gillett
8th	Richard Thurin	26th	Beverly Higgins
11th	Pat Wilson	27th	Jim Salsman
12th	Bobbi Proctor		Kevin Tickle
	Mary K McClenahan	29h	Carol Murray
13th	Linda Hesman		
14th	John Lee		
	Leon Lee		
	Candy Kirby		

★HAPPY★
BIRTHDAY!



THE THRIFT SHOP IS

OPEN



**WE WILL BE OPEN DURING THE POTATO BAR &
HOLIDAY OPEN HOUSE ON NOVEMBER 15TH**

NORMAL BUSINESS HOURS ARE:

**SATURDAY, NOVEMBER 3RD 9AM - 1PM,
(1ST SATURDAY OF THE MONTH)**

MONDAYS 1 - 4PM AND

TUESDAY THRU FRIDAY 9AM - 4PM



We have a HOGE Selection of Christmas Decorations and
Gifts!!



Craft Day ~ Monday, November 26th ~ 10:30 am

We will be holding CRAFT DAYS throughout the Winter months.

Each month there will be a different craft to work on. We will supply all items needed to create the craft for a minimal fee.

This month we will be making Candy Cane wreaths. The cost is \$4.00 per person. If you are interested, there will be a sign up sheet at the front desk or you can call 308-352-4236 by Wednesday, November 21st.



I'm Thankful For....

There will be a "Thanksgiving Tree" hanging in the Center this month. Help us fill it with "Thankful" Leaves. Every time you come into the center just write down the things you're thankful for and hang it on the tree!!



The Annual Santa's Sweet Shop will be held on Saturday, December 1st from 9am - 1pm.

There will be a sign up sheet at the front desk and in the Thrift Shoppe for anyone who would like to donate cookies.

Thank You for helping.

September Volunteers

We Couldn't Do It Without YOU!! Great Job!!

Center

Idonna Deaver	15.25Hours
Nancie Peterson	11 Hours
Ellen Gillett	8.75 Hours
Kevin Tickle	6 Hours
David Peterson	6 Hours
Katy Miyamoto	5 Hours
DeAnn Zwickl	5 Hours
Deb Cornelius	4 Hours
Gloria & Ron Patrick	1.25 Hours
Lorene Mercier	1 Hour

That's a Total of
470.25 Volunteer
Hours in the
Month of September!!

Thrift Shoppe

Cindy Salsman	46 Hours	Doris Olsen	10.5 Hours
Barb Van Horn	40.5 Hours	Janice Peterson	8.5 Hours
Joyce Hightower	22 Hours	Jean Gregg	7 Hours
Diana Tate	20.25 Hours	Carolyn McArtor	7 Hours
Pennie Reese	19.5 Hours	Shari Friedel	7 Hours
Deb Hansen	19 Hours	Lou Tietjen	7 Hours
Pat Wilson	19 Hours	Rubydell Bogaert	6 Hours
Pauline Zwick	19 Hours	Ronda Lawyer	6 Hours
Pat Schipper	17 Hours	Shari Sexson	5.5 Hours
Norma Hamm	17 Hours	Bonita Patch	4 Hours
Lois Gaston	15 Hours	Lorraine Schellhorne	4 Hours
Garnett Templeton	14 Hours	Bonnie Taubenheim	4 Hours
Roxie Lampmann	13.75 Hours	Marlene Pritchett	2 Hours
Charlotte Kumor	13.5 Hours	Mystery Volunteer ??	9.5 Hours
Kay Bengé	12.5 Hours		
Donna Lundvall	11 Hours		

Venango - November

Menu Tuesday, November..

6th: Fried Chicken, Mashed Potato, Gravy, Corn, Apricots, Brownies

13th: Turkey, Mashed Potato, Gravy, Yams, Green Beans, Jell-o Salad, Pumpkin Pie

20th: Tacos, Refried Beans, Spanish Rice, Peaches, Cinnamon Sopapillas

27th: Chicken Noodle Soup, Inside Out Ham & Cheese Sandwich, Fresh Veggies, Tomato Juice

Also Available: Juice, Saltines, Wheat Crackers, Club Crackers, Graham Crackers, Peanut Butter, Fruit & Wheat Bread, Salad Bar.

Thanks Tin Can!!

Lunch in Madrid!!

**Join us for lunch in Madrid on
Tuesday, November 13th and
November 27th at 12:00 noon
at the Madrid Community Center.**

**Please RSVP to Nancie Peterson at
308-326-4292 by 12 noon the day before.**