Perkins County Senior Center News



420 Central Avenue PO Box 314 Grant, NE 69140 308-352-4236 Grant



Perkins County Public Transit 308-352-4597 www.pcsenior.org

pcsenior@gpcom.net

Executive	Divector
LXECULIVE	Director.

Trish Jimenez

Lead Cook:

Dianna McCleary

Kitchen Staff:

Hannah McGannon

Board Members:

Kris Jaques Nancie Peterson Marian Robertson Joyce Hightower

Dan Wallin

Anne Kirkpatrick Dennis Ekdahl

Bus Driver:

Kris Jaques Ronda Hutt Tom Willhite



The Perkins County Senior Centers are sponsored by West Central Area Agency on Aging, (WCAAA) which provides partial funding for meal programs and related activities. The Centers are a non-profit organization operating under a 501c3 tax exempt status. The purpose is to provide a nutritious meal and countless hours of activities and entertainment Monday ~ Friday 9 am to 4 pm. For persons 60 years of age and older the suggested contribution rate is \$6.00 per meal, guests under 60 will be charged \$8.00. Home delivery and carryout is calculated according, adding \$.50.

Thank you to the Local Businesses who Sponsor Perkins County Senior Centers

Grant

Adams Bank & Trust
Birthday Cakes - Grant

Grant Tribune Sentinel
Newspaper - Grant

Hatch's Super Foods
Kitchen Supplies - Grant
Donations for Fund Raisers

Elsie

Hi Line Coop
H & B Agency
Sisco Fertilizer
Elsie Feed Center
Sandhills State Bank
Pinnacle Bank
Eastern Sky
Midwest Electric

Venango

Venango Legion
Meal Site

Pinnacle Rank

Pinnacle Bank Meal Site Rent



The Senior Center welcomes the following donations:

Cake Mixes, Coffee, Fresh

Veggies and any other food items that we can serve.

Activity Calendar

Monday

Tuesday

Thursday

Friday



September, 2025

CLOSED	12:00 - Venango Meal	3 Rotary Program 12:30	10:30 am - Senior	5 Bunco
LABOR Day			Exercise	
8:30 Board Meeting	9 12:00 - Venango Meal	Rotary Program 12:30	10:30 am - Senior Exercise	Birthday Dinner Bunco
Shoppe Mtg				Thrift Shoppe CLOSED
15 1:00 - Card Party	16 12:00 - Venango Meal	17 Rotary Program 12:30	18 10:30 am - Senior Evereise	Anniversary Dinner
Thrift Shoppe	12:30 - BINGO			
CLOSED	Thrift Shoppe CLOSED			
22	²³ 12:00 - Venango Meal	Rotary Program 12:30	10:30 am - Senior Exercise	Bunco
			1:00 - Let's Get Squashed Class (see pg 8)	Soup Sunday - September 28th (see pg. 9)
29	30 12:00 - Venango Meal			

Venango meals will be served EVERY Tuesday

(Menu subject to change)

-	.			<u>-</u>
Mon 1	Tues 2	Weds 3	Thurs 4	Fri 5
CLOSED	Lemon Pepper	Tuna Casserole	Mushroom	Ham & Cheese
Нарри	Chicken Breast	Mixed Veggies	Steak	Pockets
DAP!	Baked Potato	Garden Salad	Mashed Potato	French Fries
	California Blend	Fruit	Broccoli &	Garden Salad
	Fruit	Roll	Cauliflower	Fruit
MFL E-Cords	Biscuit, Dessert	Dessert	Fruit, Biscuit	Pie
8	9	10	11	Birthday 12
Chef Salad	Chicken Fried	Chicken Fajitas	Fish	Liver & Onions
V-8	Chicken	Refried Beans	Baked Potato	Mashed Potato
Fruit	Mashed Potato	Fresh Veggies	Beets	Peas
Breadstick	Green Beans	Fruit	Fruit	Fruit
Dessert	Fruit	Dessert	Roll	Biscuit
	Roll, Dessert		Dessert	Birthday Cake
15	16	17	18	Anniversary 19
Turkey Bacon	Ham	Chicken Strips	Spaghetti	Cook's Choice
Wraps	Cheesy	Mashed Potato	Mixed Veggies	Veggies
Potato Salad	Hashbrowns	Corn	Garden Salad	Fruit
Garden Salad	Carrots	Fruit	Fruit	Anniversary
Fruit	Fruit	Roll	Garlic Bread	Dessert
Dessert	Biscuit, Dessert	Dessert	Dessert	
22	23	24	25	26
Club Sandwich	Pork Chops	Meatloaf	Chicken Wings	Smorgasbord
3 Bean Salad	Baked Potato	Mashed Potato	Oven Fries	Veggies
Garden Salad	Peas & Carrots	Broccoli	Garden Salad	Fruit
Fruit	Fruit	Fruit	Fruit	Pie
Dessert	Roll	Biscuit	Roll	
	Dessert	Dessert	Dessert	
29	30			
Taco Salad	Goulash		The state of the s	
V-8	California Blend		A	
Fruit	Veggies	Tank	enny /	
Dessert	Garden Salad			
	Fruit			
	Bread, Dessert			1111
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Meals are served daily from 11:00 am - 1:00 pm Under 60 - \$8.00 Suggested Contribution 60+ or spouse - \$6.00 Delivered/Carryout - \$6.50 Reservations are requested. Those who don't call in a reservation may receive a menu substitute Mark your calendar!!
Card Party will be held
at 1pm on Monday
September 15th
Everyone is invited!!

BUNCO

Every Friday before lunch!!

Join in on the Fun!!



BINGO!!

Tuesday, September 16th

@ 12:30 pm

Fun and FREE!!

Senior Exercise

Senior Exercise will held every Thursday in September at 10:30 a.m.

This will be a self guided exercise using videos.

Everyone is welcome!!

We also have a GREAT Selection of exercise equipment that can be used Monday through Friday from 9am until 4pm.







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The Thrift Shop is

OPEN

Business Hours are: Monday - CLOSED

Tuesday - Friday - 9am - 4pm

Saturday, September 6th - 9am - 1pm

BAG SALE through Thursday, September 11th
The Thrift Shoppe will be CLOSED September 12th
through the 16th for Seasonal Changeover. Come
shop Fall and Winter clothing when we re-open
on September 17th

THE WOLLTHE

WE COULDN'T DO BT WHILOUT YOU!! GREAT JOB!!

Senior Center

Mary Kay McClenahan 1.5 Hours
Katy Miyamoto 1 Hour



That's a Total of
373.5 Volunteer Hours
in the Month of
July!

Thrift Shoppe

Cindy Salsman	38.5 Hours
Ronda Lawyer	24 Hours
Anne Kirkpatrick	22 Hours
Doris Olsen	22 Hours
Pennie Reese	21 Hours
Diana Tate	20 Hours
Alice Tines	19.5 Hours
Roxie Lampmann	18 Hours
Marcy Shalla	17.5 Hours
Linda Chillemi	17.25 Hours
Deb Hansen	17 Hours
Dell Hall	17 Hours
Jill Grable	14 Hours
Alexa Kraus	12 Hours
Rubydell Bogaert	10.5 Hours
Alecia Einspahr	10.5 Hours
DeeAnn Tatum	10.5 Hours
Bob Tatum	10.5 Hours

Josie Hughes	9 Hours
Connie McClenahan	9 Hours
Becky Uehling	7 Hours
Austin Kraus	4 Hours
Norma Hamm	3.5 Hours
Shiloh Sutter	3.5 Hours
Dee Grantham	3.5 Hours
Brenna Colglazier	3.5 Hours
Patty Clough	3.5 Hours
Mary Kay McClenahan	3.5 Hours
Karma Kennedy	3.5 Hours
Gloria Patrick	3.5 Hours



Let's Get Squashed

September 25, 2025 1:00 to 3:00 PM MT

Perkins County Senior Center 420 Central Ave - Grant, NE

Winter squash comes in all shapes, sizes & colors. Common varieties include pumpkin, acorn squash, butternut squash and spaghetti squash.

Sample easy and nutritious ways to utilize this Fall produce. Learn how to properly select and store winter squash.



Recipes and food samples will be shared.

Please sign up for the class by either putting your name on the sign up sheet at the front desk or contacting Trish at the Senior Center.





SOUP SUNDAY FUNDAMENTALISM TO THE SUNDAY THE SUNDAY

Sunday, September 28th

11:00 a.m. - 1:00 p.m.

Perkins County Senior Center

We will be serving a variety of homemade soups with all the crackers you can eat and yummy homemade ice cream for dessert.

Watch for more information on our Facebook page and website

www.pcsenior.org

FREEWILL DONATION

All funds raised will go towards Senior Center activities and functions supporting the Senior community.

VENANGO

Join us every Tuesday at 12:00 noon at the Legion Hall for Senior Meal.

(Carry out available)

Please RSVP by the Monday prior by calling the Center at 308-352-4236 Thank You.

HELP WANTED

Volunteers are extremely important to the success of the Perkins County Senior Center/ Thrift Shoppe and we are in dire need of generous individuals who are willing to donate their time and talents to the organization.

We are currently in desperate need of volunteers to work in the Thrift Shoppe. If new volunteers don't come forward, we may have to close an additional day or part day during the week.

We are also searching for generous individuals that would be willing to deliver meals a day or two a week.

If you or anyone you know might be interested in learning more about the volunteer opportunities available at the Senior Center or Thrift Shoppe, please stop in at 420 Central Avenue or contact us at 308-352-4236. We'd love to visit with you about becoming a Volunteer!!