Perkins County Senior Center News

November 2026

420 Central Avenue
PO Box 314
Grant, NE 69140
308-352-4236
Perkins County Public Transit
308-352-4597
www.pcsenior.org
pcsenior@gpcom.net

Executive Director:
Trish Jimenez

Kitchen Manager:
Dennis Boitnott

Kitchen Staff:
Hannah McGannon
Kelan Sis

Board Members:
Kris Jaques
Nancie Peterson
Marian Robertson
Joyce Hightower
Dan Wallin
Anne Kirkpatrick
Dennis Ekdahl

Bus Driver:
Kris Jaques
Ronda Hutt
Tom Willhite



The Perkins County Senior Centers are sponsored by West Central Area Agency on Aging, (WCAAA) which provides partial funding for meal programs and related activities. The Centers are a non-profit organization operating under a 501c3 tax exempt status. The purpose is to provide a nutritious meal and countless hours of activities and entertainment Monday ~ Friday 9 am to 4 pm. For persons 60 years of age and older the suggested contribution rate is $6.00 per meal, guests under 60 will be charged $8.00. Home delivery and carryout is calculated according, adding $.50.

Thank you to the Local Businesses who Sponsor the Perkins County Senior Center

Grant

Adams Bank & Trust
Birthday Cakes - Grant

Grant Tribune Sentinel
Newspaper - Grant

Hatch's Super Foods
Kitchen Supplies - Grant
Donations for Fund Raisers

Elsie

Hi Line Coop
H & B Agency
Sisco Fertilizer
Elsie Feed Center
Sandhills State Bank
Pinnacle Bank
Eastern Sky
Midwest Electric



Venango

Venango Legion
Meal Site

Pinnacle Bank
Meal Site Rent

THE SENIOR CENTER WELCOMES THE FOLLOWING DONATIONS:
ITEMS FOR THE SALAD BAR:
LETTUCE, CARROTS, CELERY, RADISHES, PEPPERS, CUCUMBERS VARIETY VEGGIES & SALADS
COFFEE, CAKE MIX

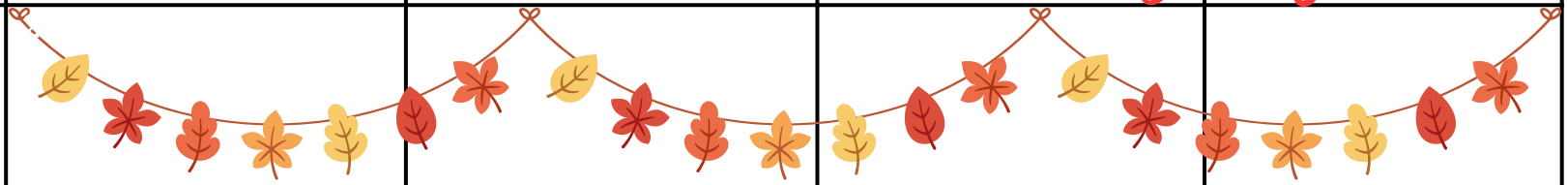
Activity Calendar

November

November, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:30 - Board Meeting 10:00 - Thrift Shoppe Meeting 1:00 - Card Party	3 12:00 - Venango Meal	3 12:30 - Rotary Program	4	5 Bunco
9	10 12:00 - Venango Meal	11 CLOSED Veterans Day	12 11:30 - Elsie Meal	13 Bunco Birthday Dinner
16 1:00 - Card Party	17 12:00 - Venango Meal 12:30 - BINGO	18 12:00 - Foot Clinic 12:30 - Rotary Program	19 BAKED POTATO BAR (See pg. 5)	20 Bunco Anniversary Dinner
23	24 12:00 - Venango Meal	25 12:30 - Rotary Program	26 CLOSED happy thanksgiving	27 CLOSED
30				





Grant Senior Center Menu

November, 2026

(Menu Subject to Change) Reservations are requested. Those who don't call in, may receive a menu substitute

Mon 2	Tue 3	Wed 4	Thur 5	Fri 6
Chili Grilled Cheese Sandwich Salad Bar Fruit Dessert	Pulled Pork Baked Beans Corn Sweet Potatoes Fruit Dessert	Meatloaf Mashed Potatoes Creamed Peas Green Beans Fruit Biscuit, Dessert	Chicken Fried Chicken Broccoli Mashed Potatoes Fruit Roll, Desser	Baked Salmon Quinoa Pilaf Mixed Veggies Salad Bar Fruit Pie
9	10	11	12	Birthday 13
Cheeseburger Soup Turkey Wrap Salad Bar Fruit Dessert	Pork Chops Roasted Potatoes Stewed Tomatoes Sauerkraut Fruit Biscuit, Dessert	CLOSED 	Roasted Chicken Green Beans Broccoli Roasted Potato Fruit Biscuit, Dessert	Roasted Cod Rice Pilaf Spinach Mixed Veggies Fruit, Roll Birthday Cake
16	17	18	19	Anniversary 20
Split Pea Soup Tuna Salad Salad Bar Fruit Dessert	Taco Bar Refried Beans Corn & Black Black Beans Fruit Dessert	Chicken Fried Steak Mashed Potato Green Beans Mixed Veggies Fruit, Biscuit,Des	Blackened Chicken Rice Pilaf Carrots Beets Fruit, Dessert	Pizza Salad Bar Carrots Fruit Anniversary Cake
23	24	25	26	27
Tomato Basil Soup Chicken Salad Salad Bar Fruit Dessert	Roasted Turkey Green Bean Casserole Stuffing, Fruit Sweet Potatoes Roll, Dessert	Chef's Choice Veggies Fruit Dessert	CLOSED 	CLOSED
30				
Corn Chowder Ham & Swiss Sandwich Salad Bar Fruit Dessert				

Meals are served daily from 11:00 am - 1:00 pm Under 60 - $8.00 Delivered/Carryout - $8.50

Suggested Contribution 60+ or spouse - $6.00 Delivered/Carryout - $6.50

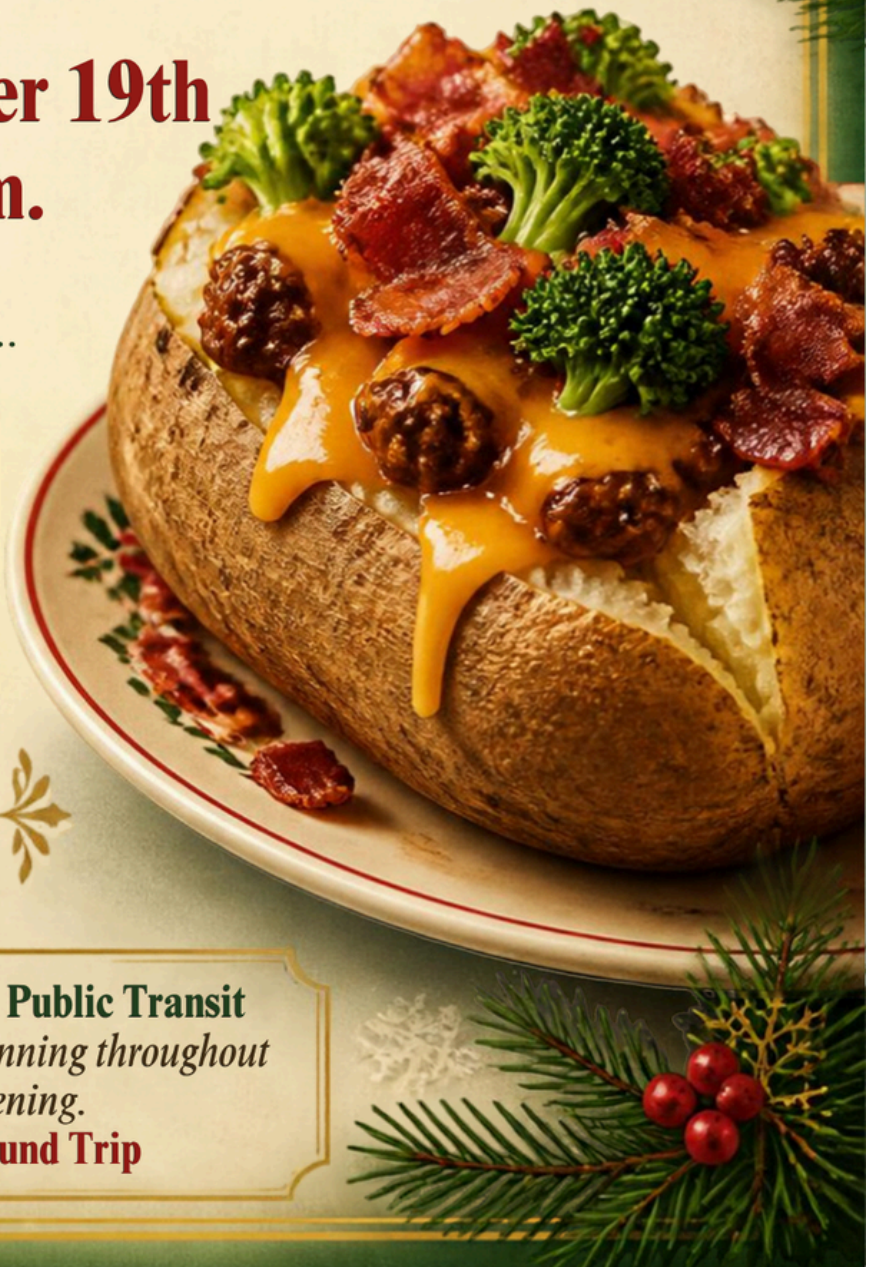
Venango Meals will be served EVERY Tuesday Elsie meal will be served on the SECOND Thursday

Perkins County Senior Center

Annual Baked Potato Bar

During the Holiday Open House

Thursday, November 19th
5:00 - 7:30 p.m.



Potatoes with all the Fixings....

Cheese, Chili, Bacon, Broccoli & More!!

Shop with Local Vendors!!

The **THRIFT SHOPPE** *Will be* **OPEN** *throughout the evening!*



Perkins County Public Transit *will have buses running throughout the evening.*
$1.25 Round Trip

November Birthdays

1st	Katy Miyamoto	15th	Kathy Kraich
3rd	Joan Marquardt	17th	Jerry McArtor
8th	Richard Thurin	19th	Dennis Hutt
11th	Pat Wilson	20th	Lou Tietjen
12th	Mary Kay McClenahan	21st	Randal Manweiler
	Sharon Thurin	22nd	Dianna McCleary
13th	Linda Hesman	24th	Ellen Gillett
14th	Leon Lee	29th	Carol Murray
	Candy Kirby		

Anyone who is celebrating a Birthday in November is invited to join us for a FREE lunch and Birthday Cake on Friday, November 13th

THE THRIFT SHOPPE IS OPEN

Business Hours are:

Monday - CLOSED

Tuesday - Friday - 9am - 4pm

Saturday, November 7th - 9am - 1pm

Discover our extensive collection of fall and winter clothing designed to keep the entire family cozy and stylish as temperatures drop! Whether you need warm sweaters, durable outerwear, or chic accessories, we have something for every taste. Explore our festive selection of Fall and Christmas decorations, including ornaments, lights, wreaths, and seasonal accents to make your home warm and inviting.

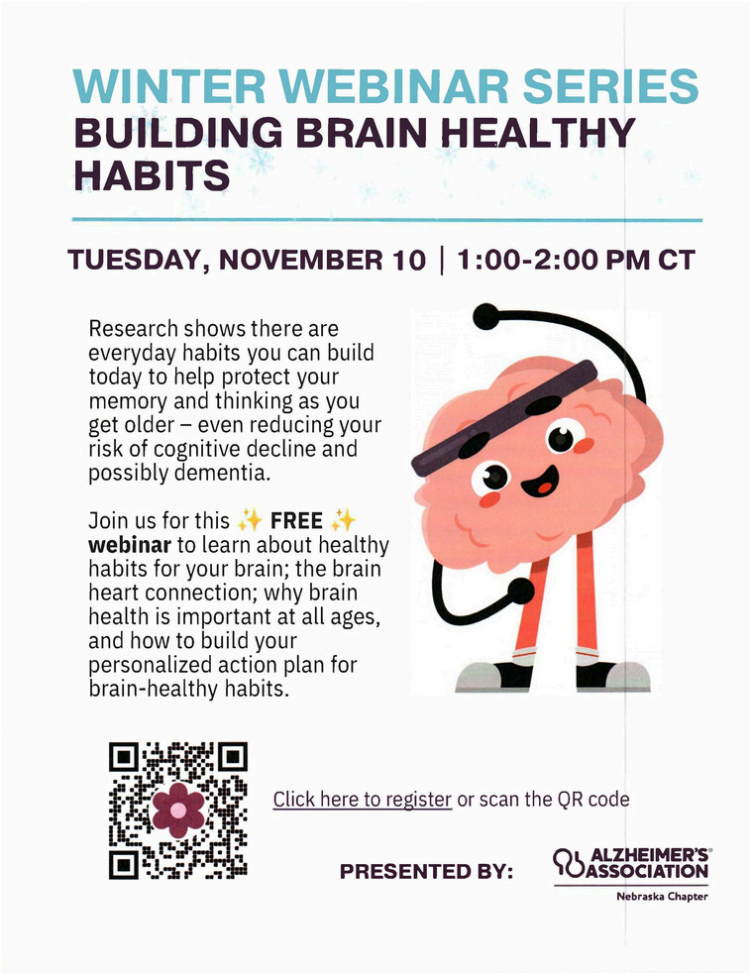
September Volunteers

Thank you for all you do!!

That's a Total of 622 Hours in the Month of September

Thrift Shoppe

Linda Chillemi	71 Hours
Ronda Lawyer	57 Hours
Cindy Salsman	55.5 Hours
Deb Hansen	47 Hours
Anne Kirkpatrick	43.5 Hours
Doris Olsen	41.5 Hours
Alice Tines	38 Hours
Linda Hidalgo	34.5 Hours
Patty Clough	30.5 Hours
Josie Hughes	27.5 Hours
Roxie Lampmann	24.5 Hours
Mary Kay McClenahan	24.5 Hours
Bernie DeForest	23.75 Hours
JoLynn Mofett	18.5 Hours
Diana Tate	18.25 Hours
Jill Grable	14 Hours
Kathy Cady	14 Hours
Cynthia Dahlkoetter	14 Hours
Rubydell Bogaert	10.5 Hours
Carol Nikkel	10.5 Hours
Pennie Reese	9 Hours
Rita Long	7 Hours
Colette Jessen	4 Hours
Connie McClenahan	3.5 Hours
Bob Tatum	3.5 Hours
Denise Lee	1 Hour



We will be broadcasting the "Building Brain Healthy Habits" webinar on Tuesday, November 10th at 12:00 noon at the Senior Center. Please call 308-352-4236 to reserve your spot.

Vitamin D

N EXTENSION

- **#1 source for Vitamin D is the sunshine which become more difficult during our summer months.**
- **Sunshine makes us feel better and provide essential nutrients.**
- **Stay socially connected.**
- **Low Vitamin D can lead to brittle bones and difficulty walking.**
- **Studies show Vitamin D increases your risk of depression!**

★ **Sunshine is the #1 source of Vitamin but absorption in the body is greatly affected by your calcium intake.**

Food rich in Vitamin D:
Salmon, Halibut, Tuna, Yogurt, Orange Juice, Goat Milk, Fortified Cereals, Chicken, Eggs, Cow Milk and Soy Milk

November Card Party

MONDAY
NOVEMBER 2ND & 16TH
AT 1 PM

Join us for cards and fun



Bunco

Every Friday Before Lunch

Gather, roll, and give thanks



Fun and FREE!!

BINGO

Tuesday, November 17th at 12:30 pm

Good friends, great games, and autumn fun



November Holiday Closures

A Friendly Reminder that
The Perkins County Senior Center,
Thrift Shoppe and Public Transit
will be CLOSED
Wednesday November 11th for
Veterans Day
and
Wednesday and Thursday
November 26th & 27th for
Thanksgiving



Venango

Join us every Tuesday at 12:00 noon
at the Legion Hall for Senior Meal.
(Carry out available)

Please RSVP by the Monday prior by calling
the Center at 308-352-4236
Thank You.

Elsie

Join us on the second Thursday of every
Month at 11:30 am at the Legion Hall for
Senior Meal.
(Carry out available)

Please RSVP by the Tuesday prior by
calling the Center at 308-352-4236
Thank You.