

Perkins County Senior Center News

March

420 Central Avenue

PO Box 314

Grant, NE 69140

308-352-4236 Grant

Perkins County Public Transit 308-352-4597

www.pcsenior.org

pcsenior@gpcom.net

2019

Executive Director:

Trish Jimenez

Lead Cook:

Lisa Resor

Kitchen Staff:

Joyce Hightower

Kelan Sis

Housekeeping:

Jasmine Schulze

Board Members:

Kris Jaques

Nancie Peterson

Marian Robertson

Joyce Hightower

Dan Wallin

Katy Miyamoto

Juan Bazan

Bus Driver:

DeAnna Schulze

Kris Jaques

Ronda Hutt



The Perkins County Senior Centers are sponsored by West Central Area Agency on Aging, (WCAAA) which provides partial funding for meal programs and related activities. The Centers are a non-profit organization operating under a 501c3 tax exempt status. The purpose is to provide a nutritious meal and countless hours of activities and entertainment Monday ~ Friday 9 am to 4 pm. For person 60 years of age and older the suggested contribution rate is \$4.50 per meal, guests under 60 will be charge \$6.00.

Home delivery is calculated according, adding \$.25.

Thank you to the Local Businesses who Sponsor Perkins County Senior Centers

GRANT

ADAMS BANK & TRUST

BIRTHDAY CAKES - GRANT

PINNACLE BANK

BIRTHDAY MEALS - GRANT

SANDHILLS STATE BANK

ANNIVERSARY MEALS - GRANT

GRANT TRIBUNE SENTINEL

NEWSPAPER - GRANT

UNITED METHODIST CHURCH

POSTAGE FOR BULK MAILERS

HATCH'S SUPER FOODS

KITCHEN SUPPLIES - GRANT DONATIONS FOR
FUND RAISERS

MADRID

ADAMS BANK & TRUST

VILLAGE OF MADRID

ELSIE

HI LINE COOP

SANDHILLS STATE BANK

VENANGO



The Senior Center welcomes all types of contributions. We would love to visit with you about sponsorship. We are currently looking for a generous business or individual that would sponsor the salad bar each month.

We also always welcome donations of paper products, and cleaning supplies.

THANK YOU for your generosity!!

Activity Calendar



March, 2019


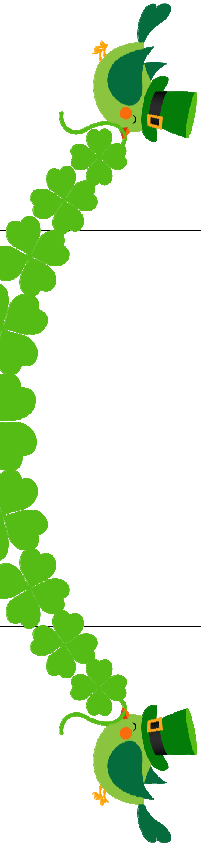





Monday

Tuesday

Wednesday

Thursday

Friday

				<p>1 Bunco Pie Friday</p>
<p>4 8:30 Board Meeting 10:30 TS Meeting 1:00 Card Party</p>	<p>5 </p>	<p>6 Rotary Program 12:30</p>	<p>7</p>	<p>8 Bunco Birthday Dinner</p>
<p>11 </p>	<p>12 12:00 - Madrid Meal</p>	<p>13 Rotary Program 12:30 Foot Clinic 12:00</p>	<p>14 </p>	<p>15 Bunco Anniversary Dinner</p>
<p>18 1:00 Card Party</p>	<p>19 Bingo - 12:30</p>	<p>20 Rotary Program 12:30 </p>	<p>21 Chamber - 12:00</p>	<p>22 Bunco Pie Friday</p>
<p>25 Craft Day (see pg. 8)</p>	<p>26 12:00 - Madrid Meal</p>	<p>27 Rotary Program 12:30</p>	<p>28 Spaghetti Feed (see pg. 5)</p>	<p>29 Bunco Pie Friday</p>

Grant Senior Center Menu

March, 2019

(Menu subject to change)

Mon	Tues	Weds	Thurs	Fri	1
					Fish Tater Tots Carrots Bread Pie
4	5	6	7	Birthday	8
Beef Tips Over Rice Summer Blend Veggies Bread Dessert	Chicken Noodle Soup Chicken Salad Fresh Veggies Dessert	Roast Beef Mashed Potato Gravy Corn Bread Dessert	Sausage Gravy Biscuit California Blend Veggies Dessert	Tilapia Rice Stir Fry Veggies Birthday Cake	
11	Madrid Meal 12	13	14	Anniversary	15
Burritos Fresh Veggies Dessert	Ham Peas Hash Brown Casserole Roll Dessert	Oven Fried Chicken Mashed Potato Gravy Mixed Veggies Bread, Dessert	Hot Roast Beef Sandwich Mashed Potato Beets Dessert	Corned Beef or Fish Cabbage Seasoned Potato Bread Dessert	
18	19	20	21	22	
Chicken Fettucine Alfredo Broccoli Garlic Bread Dessert	Veggie Beef Soup Beef Salad Sandwich Dessert	Pork Roast Mashed Potato Gravy Green Beans Roll Dessert	Beef Stroganoff Noodles Spinach Dessert	Tuna Casserole Winter Blend Veggies Bread Pie	
25	Madrid Meal 26	27	28	29	
Tater Tot Casserole Wax Beans Bread Dessert	Oven Fried Chicken Mashed Potato Gravy Peas Bread, Dessert	Ham Au Grain Potato Carrots Bread Dessert	Lemon Pepper Chicken Baked Potato Mixed Veggies Bread Dessert	Fish Potato Wedges Green Beans Bread Pie	

Salad Bar Available Daily

Suggested Contribution 60+ or spouse - \$4.50

Under 60 - \$6.00

Perkins County Senior Center

Spaghetti Feed Fundraiser

Thursday, March 28, 2019

5:00 - 7:00 p.m.

at the

Perkins County Senior Center

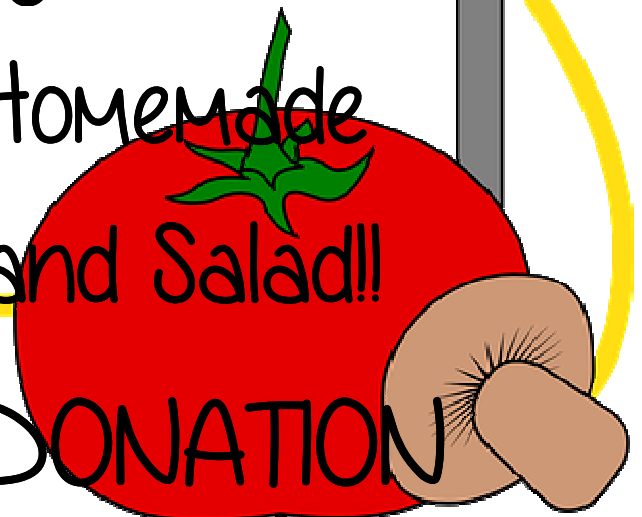
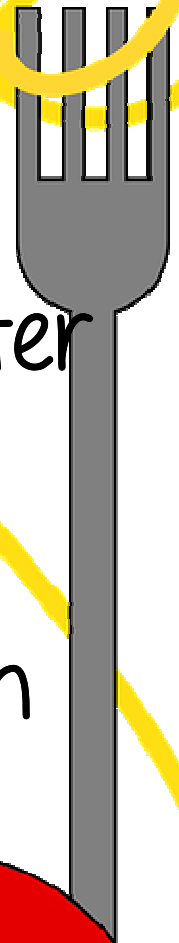
420 Central Avenue

Join us for Spaghetti with

Meat Sauce, Homemade

Garlic Bread and Salad!!

FREE WILL DONATION



BEWARE OF SCAMMERS WHO TARGET MEDICARE BENEFICIARIES

Medicare beneficiaries are a frequent target of Scammers. They are using this year's newly issued Medicare ID cards as a way to steal identities. They are calling people to say they have a refund coming and need the ID number and a bank account number to deposit it. Remember.....

DON'T GIVE YOUR MEDICARE CARD OR NUMBER TO ANYONE EXCEPT YOUR DOCTOR OR PEOPLE YOU KNOW SHOULD HAVE IT.

BE WARY OF PROVIDERS WHO TELL YOU THAT THE ITEM OR SERVICE ISN'T USUALLY COVERED, BUT THEY "KNOW HOW TO BILL MEDICARE" SO MEDICARE WILL PAY FOR IT. (They are defrauding Medicare.)

ROBOCALLS ARE A BIG PROBLEM ---

Don't fall for the free back and knee brace offers. You may not get what you really need because your doctor is not involved.

Your phone rings. Your caller ID shows that it's the SSA calling from 1-800-772-1213. The caller says he works for the Social Security Admin. and needs your personal information – like your Social Security number, to increase your payment. If you don't give the information he threatens to cut off your benefits. But it's not really the SSA calling. It is the SSA's number but the scammers are spoofing the number to make the call look real. Just Hang Up! SSA does not threaten you. If you have any doubt, hang up and call SSA directly.

Medicare will never call you on the phone and ask for information, and selling Medicare products and services door to door is prohibited by law.

TO REPORT POSSIBLE MEDICARE FRAUD OR ABUSE CALL:

The Area Agency on Aging at

1-800-662-2961 / 308-537-8195 OR NE. SHIP at 1-800-234-7119

BINGO!!

Tuesday, March 19th

**Bingo will be held on the 3rd Tuesday of the month
at 12:30 p.m.,
come on down and enjoy!!!**

FREE to play!!! Lots of FUN prizes!!!



Mark your calendar!!



Card Party will be
held at 1pm on



Monday



March 4th & 18th



Everyone is invited!!



6

BUNCO

Every Friday before
lunch!!



Come & Join in
on the Fun!!



March Birthdays

1st	Tammy Aubuston	17th	Mel Aerni
2nd	Jonie Johnson	18th	Lloyd Marquardt
9th	Helen Johnson	21st	Rosalie Curtis
11th	Norma Hamm	24th	Dennis Ekdahl
	Wanda Hajek	25th	Ina Thompson
12th	Rod Cornelius	26th	Betty Larsen
13th	Joanne Keuten	29th	Lois Jones
15th	Darlene Hastings	31st	Lois Gaston

The Thrift Shop is **OPEN**

Normal Business Hours are:

Saturday, March 2nd 9am - 1pm,
(1st Saturday of the Month)

Mondays 1 - 4pm and

Tuesday thru Friday 9am - 4pm

Big SALES THROUGHOUT THE MONTH!!!

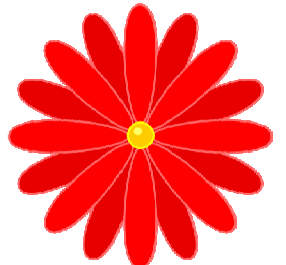
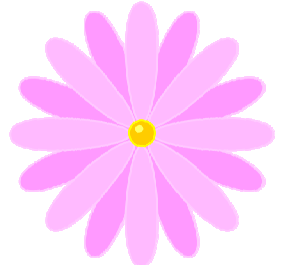
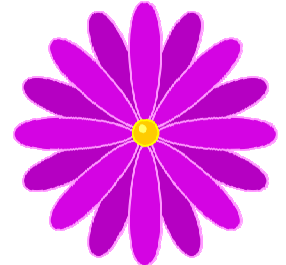
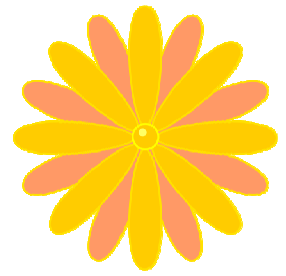
The Thrift Shoppe will be CLOSED Monday, March 25th and Tuesday, March 26th for Seasonal Changeover. We will re-open on Wednesday, March 27th with a **GREAT** Selection of Spring Clothing.



Spring Word Search



N Q F I P F S D R I B L S B F Z R
 J V P X X O X S B G P I S R E P S
 T D X M R A W S N P T R R F S Q E
 N M Z B G T E A E O Z P E N J M O
 Y D B M P G A R N I X A W A J E U
 G S Y C T X S G I U R V O T N V V
 G I S N Q E T X H V U L H Q X Q C
 E V P F J V E K S Y U S S Z B Y L
 V D T L C P R E N A P R E E Q M I
 K D W O R Y D R U M B R E L L A W
 M R G W D Z B A S E B A L L L R Q
 R R T E Q W Q Y V T J D L A H C E
 M B H R M W D Q T W W Q R Q X H U
 M F M S E R J F N O T T A G S H E
 N G N I R P S X X B G A I S I V W
 E R H I I I L M G R E E N Y L T R
 Y R W D M L G Q T T I A O A F F B



SPRING
 MAY
 GREEN
 WARM
 UMBRELLA



MARCH
 FLOWERS
 GRASS
 SHOWERS
 EASTER



APRIL
 BASEBALL
 SUNSHINE
 RAIN
 BIRDS



Craft Day Monday, March 25th 10:30 am

This month we will be making a Spring Craft. The cost will be advertised on the sign-up sheet and will pay for all supplies that will be needed. There will be a sign up sheet at the front desk, or you can call at 308-352-4236 by Friday, March 22nd.

January Volunteers

We Couldn't Do It Without YOU!! Great Job!!

Center

Barb Kirkpatrick	16.5 Hours
Deb Cornelius	16 Hours
Ellen Gillett	9.75 Hours
Nancie Peterson	8.5 Hours
Gloria & Ron Patrick	6 Hours
Reenie Mercier	3.75 Hours
David Peterson	3 Hours
Dan Wallin	2 Hours
DeAnn Zwickl	1.5 Hours
Katy Miyamoto	.5 Hours

That's a Total of
374 Volunteer
Hours in the
Month of January!!

Thrift Shoppe

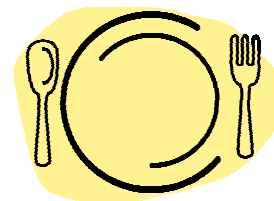
Lorryley Rice	30 Hours	Deb Hansen	10 Hours
Cindy Salsman	25.5 Hours	Gloria Niblack	9 Hours
Joyce Hightower	24.5 Hours	Carolyn McArtor	9 Hours
Pat Wilson	22 Hours	Rubydell Bogaert	9 Hours
Lois Gaston	19.5 Hours	Jean Gregg	7 Hours
Garnett Templeton	18.5 Hours	Diana Tate	7 Hours
Donna Lundvall	17.5 Hours	Holly Cornelius	7 Hours
Pat Schipper	15 Hours	Doris Olsen	4.5 Hours
Joyce Mannhalter	15 Hours	Bonita Patch	1 Hour
Lou Tietjen	14 Hours		
Charlotte Kumor	14 Hours		
Norma Hamm	11.5 Hours		
Kay Benge	11.5 Hours		
Pauline Zwick	10.5 Hours		
Alice Tines	10.5 Hours		
Roxie Lampmann	10.5 Hours		



Venango

Please continue watching for NEWS about the Venango meal site in upcoming newsletters, Facebook, the newspaper and at www.pcseior.org. The board is continuing to work on getting the meal site back up and running.

Lunch in Madrid!!



Join us for lunch in Madrid on Tuesday, March 12th and 26th at 12:00 noon at the Madrid Community Center.

Please RSVP to Nancie Peterson at 308-326-4292 by 12 noon the day before.