



420 Central Avenue PO Box 314 Grant, NE 69140 308-352-4236 Grant Perkins County Public Transit 308-352-4597 www.pcsenior.org pcsenior@gpcom.net



<u>Executive Director:</u> Trish Jimenez

<u>Lead Cook:</u> Dianna McCleary

<u>Kitchen Staff:</u> Hannah McGannon Kelan Sis Board Members: Kris Jaques Nancie Peterson Marian Robertson Joyce Hightower Dan Wallin Anne Kirkpatrick Dennis Ekdahl

<u>Bus Driver:</u> Kris Jaques Ronda Hutt Tom Willhite



The Perkins County Senior Centers are sponsored by West Central Area Agency on Aging, (WCAAA) which provides partial funding for meal programs and related activities. The Centers are a non-profit organization operating under a 501c3 tax exempt status. The purpose is to provide a nutritious meal and countless hours of activities and entertainment Monday ~ Friday 9 am to 4 pm. For person 60 years of age and older the suggested contribution rate is \$5.00 per meal, guests under 60 will be charged \$7.50. Home delivery is calculated according, adding \$.50.

Thank you to the Local Businesses who Sponsor Perkins County Senior Centers

<u>Grant</u>

Adams Bank & Trust Birthday Cakes - Grant

Pinnacle Bank Birthday Meals - Grant

Sandhills State Bank Anniversary Meals - Grant

Grant Tribune Sentinel Newspaper - Grant

United Methodist Church Postage for Bulk Mailers

Hatch's Super Foods Kitchen Supplies - Grant Donations for Fund Raisers

<u>Elsie</u>

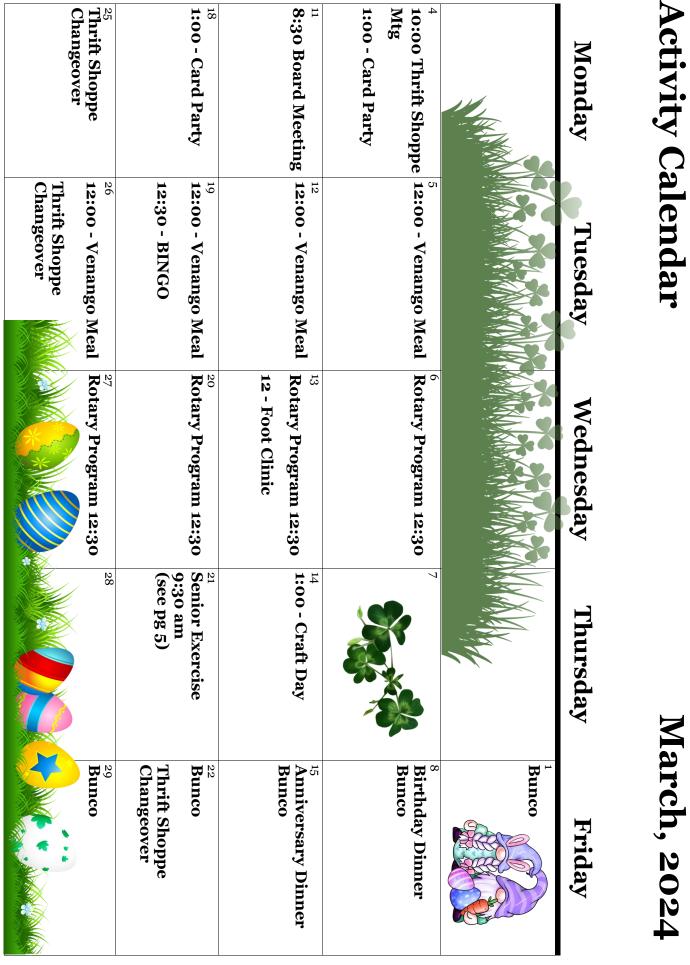
Hi Line Coop H & B Agency Sisco Fertilizer Elsie Feed Center Sandhills State Bank Heritage Crop Insurance Hometown Agency Paintin Construction

<u>Venango</u>

Venango Legion Meal Site Pinnacle Bank Meal Site Rent



The Senior Center welcomes the following donations: Paper Products, Cake Mixes, Coffee & Liquid Creamer, Fresh Fruit & Vegetables



Grant Senior Center Menu

(Menu subject to change)

Ven sdav

	March, 2024
nango meals will be serv	ved EVERY Tuesday

Mon	Tues	Weds	Thurs	Fri 1			
			Fish Oven Fries Broccoli Fruit Roll Pie				
4	5	6	7	Birthday 8			
Soup &	Spaghetti	Chicken Strips	Liver & Onions	Fish Sandwich			
Sandwich	Green Beans	Mashed Potato	Baked Potato	French Fries			
Garden Salad	Garden Salad	Corn	Peas	Baked Beans			
Fresh Veggies	Fruit	Fruit	Fruit	Fruit			
Fruit	Garlic Bread	Roll	Biscuit	Birthday Cake			
Dessert	Dessert	Dessert	Dessert				
11	12	13	14	Anniversary 15			
Soup &	Oven Fried	Biscuits &	Ham Loaf	Fish			
Sandwich	Chicken	Sausage Gravy	Mashed Potato	Mac & Cheese			
Garden Salad	Baked Potato	Hash Browns	Broccoli	Green Beans			
Fresh Veggies	California Blend	V8 Juice	Fruit	Garden Salad			
Fruit	Fruit, Roll	Fruit	Roll	Fruit			
Dessert	Dessert	Dessert	Dessert	Annivers. Dessert			
18	19	20	21	22			
Soup &	Pork Chops	Baked Ziti	Pizza	Tuna & Noodles			
Sandwich	Baked Potato	Garden Salad	Corn	Mashed Potato			
Garden Salad	Carrots	California Blend	Garden Salad	Peas			
Fresh Veggies	Fruit	Veggies	Fruit	Fruit			
Fruit	Roll	Garlic Bread	Dessert	Biscuit			
Dessert	Dessert	Frujt, Dessert		Pie			
25	26	27	28	29			
Soup &	Lasagna	Mushroom	Ham	Fish			
Sandwich	Green Beans	Steak	Scalloped Potato	Baked Potato			
Garden Salad	Garden Salad	Mashed Potato	Corn	California Blend			
Fruit	Bread Stick	Peas & Carrots	Fruit	Fruit			
Dessert	Fruit	Fruit	Roll	Roll			
	Dessert	Biscuit, Dessert	Dessert	Pie			

Meals are served daily from 11:00 am - 1:00 pm Under 60 - \$7.50 Suggested Contribution 60+ or spouse - \$5.00 Delivered/Carryout - \$5.50 Reservations are requested. Those who don't call in a reservation may receive a menu substitute Mark your calendar!! Card Party will be held at 1pm on Monday March 4th & 18th. Everyone is invited!!

BUNCO

Every Friday before lunch!!

Join in on the Fun!!

BINGO!! Tuesday, March 19th @ 12:30 pm Fun and FREE!!

Craft Day

Craft Day will be on March 14th at 1:00 pm.

Please bring your craft project, no matter what it is and join others for a few hours, drinking coffee, visiting and working on your project.

EVERYONE IS WELCOME!!

Senior Exercise

Summer is right around the corner and it never hurts to be healthier.

Senior Exercise will begin on Thursday, March 21st at 9:30 a.m. This will be a self guided exercise using videos. If there is interest in it, we will aim for at least twice a month starting in April.

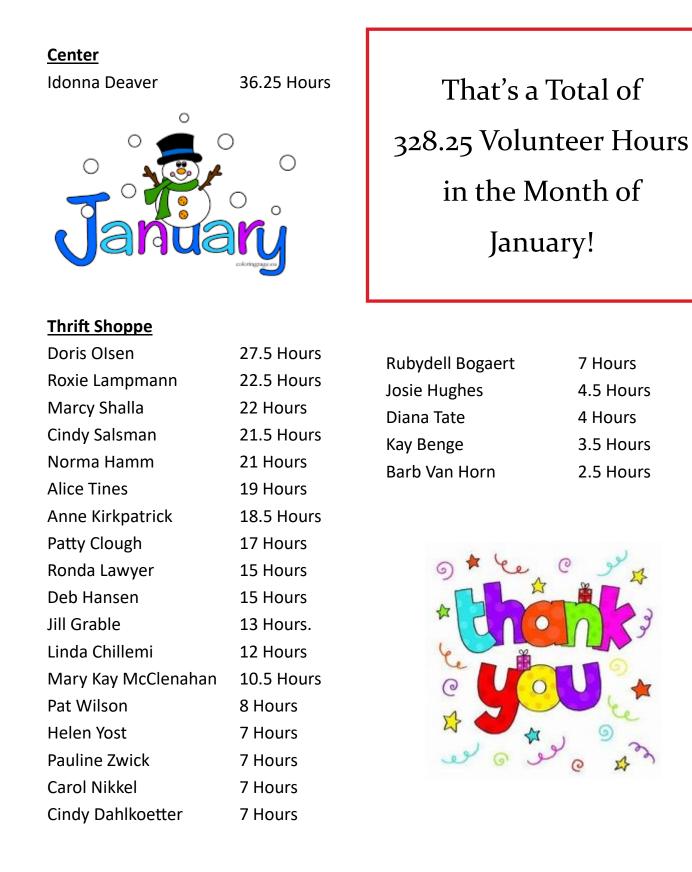
Everyone is welcome!!

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JEINVERTY VOIUN-ESSIPS

We Couldn't Do It Without YOU!! Great Job!!





AWAKENING BASKETBALL BLOSSOM DAFFODIL DAYLIGHT SAVING EASTER. EQUINOX FLOWER FRESH GREEN GROWTH HOLI KITE LEPRECHAUN LUCK MADNESS MARCH PARADE POT OF GOLD RAIN REBIRTH RENEWAL SHAMROCK SHOWERS SPRING ST. PATRICK'S DAY

WINDY



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HELP WANTED

Volunteers are extremely important to the success of the Perkins County Senior Center/ Thrift Shoppe and we are in dire need of generous individuals who are willing to donate their time and talents to the organization.

We are currently searching for volunteers to work in the Thrift Shoppe and we also need a couple of generous people to help deliver meals.

If you or anyone you know might be interested in learning more about the volunteer opportunities available at the Senior Center or Thrift Shoppe, please stop in at 420 Central Avenue or contact us at 308-352-4236.We'd love to visit with you about becoming a Volunteer!!

