

PERKINS COUNTY SENIOR CENTER NEWS

OCTOBER

420 Central Avenue

PO Box 314

Grant, NE 69140

308-352-4236 Grant

Perkins County Public Transit 308-352-4597

www.pcsenior.org

pcsenior@gpcom.net

2025

Executive Director:

Trish Jimenez

Lead Cook:

Dianna McCleary

Kitchen Staff:

Hannah McGannon

Board Members:

Kris Jaques

Nancie Peterson

Marian Robertson

Joyce Hightower

Dan Wallin

Anne Kirkpatrick

Dennis Ekdahl

Bus Driver:

Kris Jaques

Ronda Hutt

Tom Willhite



The Perkins County Senior Centers are sponsored by West Central Area Agency on Aging, (WCAAA) which provides partial funding for meal programs and related activities. The Centers are a non-profit organization operating under a 501c3 tax exempt status. The purpose is to provide a nutritious meal and countless hours of activities and entertainment Monday ~ Friday 9 am to 4 pm. For persons 60 years of age and older the suggested contribution rate is \$6.00 per meal, guests under 60 will be charged \$8.00. Home delivery and carryout is calculated according, adding \$.50.

Thank you to the Local Businesses who Sponsor Perkins County Senior Centers

Grant

Adams Bank & Trust

Birthday Cakes - Grant

Grant Tribune Sentinel

Newspaper - Grant

Hatch's Super Foods

Kitchen Supplies - Grant

Donations for Fund Raisers

Elsie

Hi Line Coop

H & B Agency

Sisco Fertilizer

Elsie Feed Center

Sandhills State Bank

Pinnacle Bank

Eastern Sky

Midwest Electric

Venango

Venango Legion

Meal Site

Pinnacle Bank

Meal Site Rent



The Senior Center welcomes
the following donations:
Cake Mixes, Coffee, Fresh
Veggies and any other food
items that we can serve.

Activity Calendar



October,

Monday

Tuesday

Wednesday

Thursday

Friday

		<p>¹ Rotary Program 12:30</p>	<p>² 10:30 am - Senior Exercise</p>	<p>³ Bunco</p>
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<p>⁶ 8:30 Board Meeting 10:00 - Thrift Shoppe Mtg 1:00 - Card Party</p>	<p>⁷ 12:00 - Venango Meal</p>	<p>⁸ Rotary Program 12:30 12:00 - Foot Clinic</p>	<p>⁹ 10:30 am - Senior Exercise</p>	<p>¹⁰ Birthday Dinner Bunco</p>
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<p>¹³ CLOSED</p>	<p>¹⁴ 12:00 - Venango Meal</p>	<p>¹⁵ Rotary Program 12:30</p>	<p>¹⁶ 10:30 am - Senior Exercise</p>	<p>¹⁷ Anniversary Dinner Bunco</p>
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<p>²⁰ 1:00 - Card Party</p>	<p>²¹ 12:00 - Venango Meal 12:30 - BINGO</p>	<p>²² Rotary Program 12:30</p>	<p>²³ 10:30 am - Senior Exercise</p>	<p>²⁴ Bunco</p> <p>Soup Sunday - October 26th (see pg. 9)</p>
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	<p>²⁸ 12:00 - Venango Meal</p>	<p>²⁹ Rotary Program 12:30</p>	<p>³⁰ 10:30 am - Senior Exercise</p>	<p>³¹ Bunco</p>
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Grant Senior Center Menu

October, 2025

(Menu subject to change)

Venango meals will be served EVERY Tuesday

Mon	Tues	Weds 1	Thurs 2	Fri 3
		Enchiladas Spanish Rice Mexican Corn Garden Salad Fruit Dessert	Chicken Alfredo California Blend Veggies Garden Salad Fruit, Breadstick Dessert	Fish Sandwich French Fries Garden Salad Fruit Pie
6	7	8	9	Birthday 10
Chef Salad V-8 Fruit Breadstick Dessert	Beer Battered Cod Baked Potato Peas Fruit Biscuit, Dessert	Roast Beef Mashed Potato Corn Fruit Roll Dessert	BBQ Pork Sandwich Oven Fries Baked Beans Fruit Dessert	Reubens French Fries Garden Salad Fruit Birthday Cake
13	14	15	16	Anniversary 17
CLOSED 	Hamburger Gravy Mashed Potato Green Beans Fruit Roll, Dessert	Ham Cheesy Hashbrowns Carrots Fruit Biscuit, Dessert	Baked Potato Bar Garden Salad Fruit Roll Dessert	Spaghetti Mixed Veggies Garden Salad Fruit Garlic Bread Anniversary Cake
20	21	22	23	24
Soup & Chicken Sandwich Garden Salad Fruit Dessert	Meatloaf Mashed Potato Peas & Carrots Fruit Biscuit Dessert	Pork Chops Baked Potato Beets Fruit Roll Dessert	Breakfast Casserole Hashbrowns V-8 Juice Fruit Biscuit	Stuffed Green Pepper Casserole Garden Salad Fruit Roll, Pie
27	28	29	30	31
Soup & Ham Sandwich Garden Salad Fruit Dessert	Ranch Chicken Breasts Oven Fries Garden Salad Fruit Roll, Dessert	Hamburger Mac & Cheese Garden Salad Corn Fruit Biscuit, Dessert	Ham & Beans Garden Salad Fruit Cornbread Dessert	Scary Joes Frankenstein Fries Boo Beans Freaky Fruit Ice Scream 

Meals are served daily from 11:00 am - 1:00 pm Under 60 - \$8.00

Suggested Contribution 60+ or spouse - \$6.00 Delivered/Carryout - \$6.50

Reservations are requested. Those who don't call in a reservation may receive a menu substitute

**Mark your calendar!!
Card Party will be held
at 1pm on Monday
October 6th & 20th
Everyone is invited!!**

BUNCO

**Every Friday before
lunch!!**

Join in on the Fun!!



BINGO!!

Tuesday, October 21st

@ 12:30 pm

Fun and FREE!!

Senior Exercise

Senior Exercise will held every Thursday in October at 10:30 a.m.

This will be a self guided exercise using videos.

Everyone is welcome!!

**We also have a GREAT Selection of exercise equipment that can be used
Monday through Friday from 9am until 4pm.**



OCTOBER BIRTHDAYS

1st	Rosa Cornelius	23rd	Pauline Lyon
6th	Linda Hilferty	27th	Rick Salsman
8th	Marjorie Tatum		Don Softley
10th	Richard Hahlweg	28th	Barbara Tines
18th	Sharon Parker		Devona Allen
20th	Sue Proskovec	29th	Ken Wykert
	Kristy Ogg	31st	Raymond Berges
22nd	Rodney Bruntz		Jeff Wall
	Steve Baker		Noreen Christner
	Pat Lierley		



Anyone who is celebrating a Birthday in October is invited to join us for a FREE lunch and Birthday Cake on Friday, October 10th



THE THRIFT SHOP IS

OPEN

BUSINESS HOURS ARE:

MONDAY - CLOSED

TUESDAY - FRIDAY - 9AM - 4PM

SATURDAY, OCTOBER 4TH - 9AM - 1PM

WE HAVE A GREAT SELECTION OF HALLOWEEN COSTUMES!



August Volunteers

We Couldn't Do It Without YOU!! Great Job!!

Senior Center

Mary Kay McClenahan 1 Hour

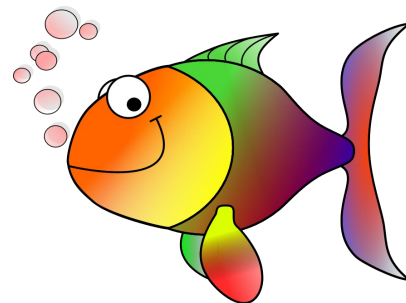


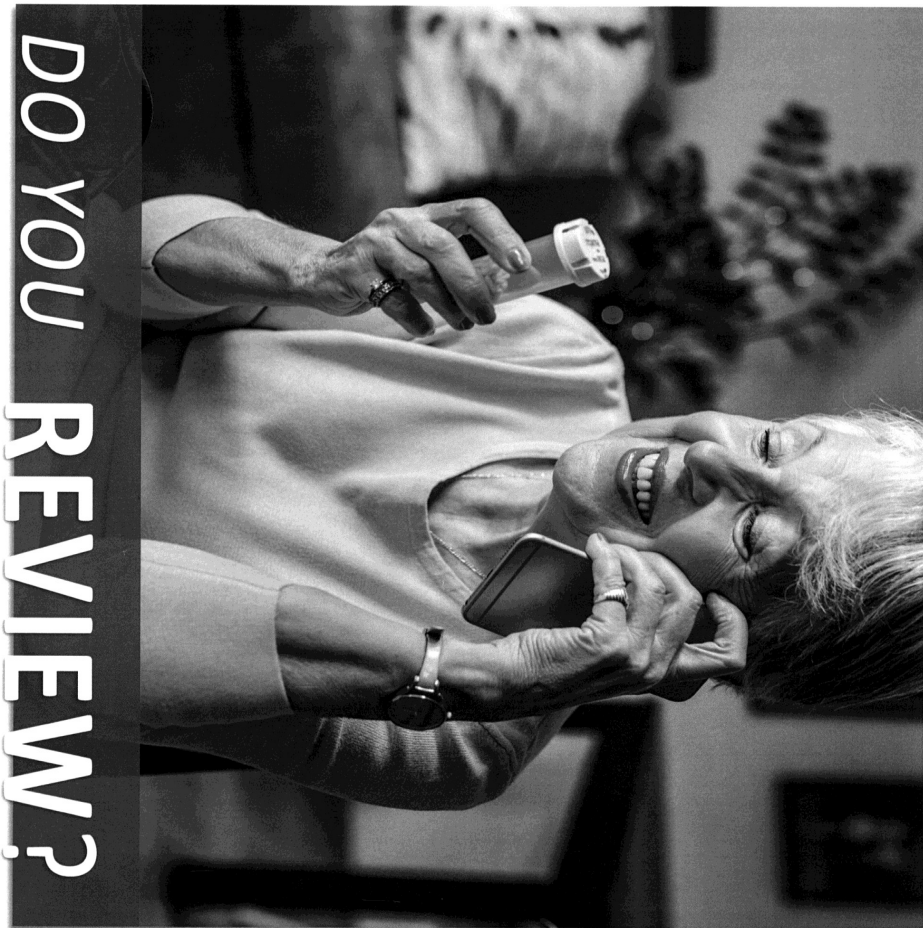
That's a Total of
315 Volunteer Hours
in the Month of
August!

Thrift Shoppe

Cindy Salsman	33.5 Hours
Anne Kirkpatrick	32.5 Hours
Diana Tate	17.5 Hours
Rubydell Bogaert	17.5 Hours
Alice Tines	17 Hours
Josie Hughes	15.5 Hours
Marcy Shalla	15 Hours
Deb Hansen	15 Hours
Patty Clough	15 Hours
DeeAnn Tatum	14 Hours
Bob Tatum	14 Hours
Pennie Reese	14 Hours
Doris Olsen	13.5 Hours
Roxie Lampmann	10.5 Hours
Jill Grable	10.5 Hours
Dee Grantham	9.5 Hours
Mary Kay McClenahan	7.5 Hours
Kay-Leigh Booyesen	5.5 Hours

Ronda Lawyer	5.5 Hours
Linda Chillemi	4 Hours
Paula Jimenez	4 Hours
Pauline Zwick	4 Hours
Joyce Hightower	4 Hours
Alexa Kraus	3.5 Hours
Bernie DeForest	3.5 Hours
Cynthia Dahlkoetter	3.5 Hours
Austin Kraus	1.5 Hours
Dell Hall	1 Hour
Connie McClenahan	1 Hour
Patricia Story	1 Hour





DO YOU REVIEW?

Medicare Open Enrollment: October 15 - December 7

For a free, unbiased review of your Medicare options, contact

West Central Nebraska Area Agency on Aging.

(800)662-2961 or (308)535-8195

NEBRASKA

SHIP

Local help for Nebraskans with Medicare.

www.doi.nebraska.gov/ship

This project was supported by grant number2401NEMMR, from the U.S. Administration for Community Living, Department of Health and Human Services, Wash-

Potatoes

N
EXTENSION
Master Gardener



GROWING TOGETHER NEBRASKA



POTATOES ARE A GOOD SOURCE OF POTASSIUM AND CONTAIN VITAMIN C. TRY THEM BOILED, BAKED, ROASTED OR GRILLED. ZESTY HERB POTATOES ARE A TASTY WAY TO ENJOY POTATOES
[HTTPS://GO.UNL.EDU/9BQK](https://go.unl.edu/9BQK)

SOUP SUNDAY FUNDRAISER

Sunday, October 26th

11:00 a.m. - 1:00 p.m.

Perkins County Senior Center

We will be serving a variety of homemade soups with all the crackers you can eat and homemade pie for dessert.

Watch for more information on our Facebook page and website

www.pcsenior.org

FREE WILL DONATION

All funds raised will go towards Senior Center activities and functions supporting the Senior community.

VENANGO

Join us every Tuesday at 12:00 noon
at the Legion Hall for Senior Meal.

(Carry out available)

Please RSVP by the Monday prior by
calling the Center at 308-352-4236

Thank You.

HELP WANTED

Volunteers are extremely important to the success of the Perkins County Senior Center/ Thrift Shoppe and we are in dire need of generous individuals who are willing to donate their time and talents to the organization.

We are currently in desperate need of volunteers to work in the Thrift Shoppe. If new volunteers don't come forward, we may have to close an additional day or part day during the week.

We are also searching for generous individuals that would be willing to deliver meals a day or two a week.

If you or anyone you know might be interested in learning more about the volunteer opportunities available at the Senior Center or Thrift Shoppe, please stop in at 420 Central Avenue or contact us at 308-352-4236. We'd love to visit with you about becoming a Volunteer!!