

113 W. Washington St Ann Arbor, MI 48104

## Açaí Bowls & Smoothies with Authentic Brazilian Ingredients

Samba Bowls offers açai bowls and smoothies made with high-quality, directly imported authentic Brazilian ingredients. Choose from classic açai or explore unique options like cupuaçu, mango with passion fruit, pitaya with passion fruit or even açai without any added sugars sweetened with dates. The bases are all **Vegan, Gluten** and **Dairy FREE**.

## **BENEFITS AÇAÍ**



 The antioxidants in açaí may help lower cholesterol levels and improve blood pressure along with supporting healthy blood vessel function.



Açaí berries are relatively low in calories and fat, making them a
potential aid in weight management. They may also help regulate
appetite and reduce cravings.



- Açaí berries are rich in vitamin C and other immune boosting nutrients.
- Açaí contains compounds that may enhance cognitive function and protect against neurodegenerative diseases.



 Other Potential Benefits: Anti-inflammatory properties, skin health improvement, reduced risk of age-related macular degeneration and improved memory and focus.

## **BENEFITS OF CUPUACU**



Contains quercetin, a plant pigment that may lower the risk of coronary heart disease.



• Contains vitamins A, B, and C, which support immune function.



May help maintain normal blood glucose levels.

