

ATASCADERO SENIOR CENTER 805-466-4674

NOVEMBER 2025 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 10:00 to 11:00 AA Serenity Sisters	3 9:30 to 10:30 Tai Chi Chih 11:00 Walking at ASC 12:00 to 1:00 Tech Help-all levels 1:00 to 3:00 Bunco	4 9:00 to 12:00 Cribbage at ASC 11:00 to 3:00 Hang Out Time	5 9:30 to 10:30 Tai Chi Chih 11:00 to 12:45 Hang Out Time 11:00 to 12:00 Tech Help-Beginners 12:45 to 3:00 Game Time!	6 9:30 to 11:00 Qigong 11:00 Walking at Lake Park 11:15 to 3:00 Hang Out Time	7 9:30 to 10:30 Tai Chi Chih 11:00 to 3:00 Hang Out Time 12:15 to 12:45 Singing at MTC 12:45 Movie Time: Casablanca	8
9 10:00 to 11:00 AA Serenity Sisters	10 9:30 to 10:30 Tai Chi Chih 11:00 Walking at ASC 12:00 to 1:00 Tech Help-all levels 1:00 to 3:00 Bunco	11 CLOSED FOR VETERANS DAY	12 9:30 to 10:30 Tai Chi Chih 11:00 to 12:45 Hang Out Time 11:00 to 12:00 Tech Help-Beginners 12:45 to 3:00 Game Time!	13 9:30 to 11:00 Qigong 11:00 Walking at Lake Park 11:15 to 2:30 Hang Out Time 1:30 to 2:10 Laughter Yoga	14 9:30 to 10:30 Tai Chi Chih 11:00 to 3:00 Hang Out Time 12:15 to 12:45 Singing at MTC	15
16 10:00 to 11:00 AA Serenity Sisters	17 9:30 to 10:30 Tai Chi Chih 11:00 Walking at ASC 12:00 to 1:00 Tech Help-all levels 1:00 to 3:00 Bunco	18 9:00 to 12:00 Cribbage at Colony Park 11:00 to 12:00 Board Meeting 12:30 to 1:00 General Membership Mtg 1:00 Speaker	19 9:30 to 10:30 Tai Chi Chih 11:00 to 12:45 Hang Out Time 11:00 to 12:00 Tech Help-Beginners 12:45 to 3:00 Game Time!	20 9:30 to 11:00 Qigong 11:00 Walking at Lake Park 11:15 to 1:30 Hang Out Time 1:30 to 3:30 Art & Crafts	21 9:30 to 10:30 Tai Chi Chih 11:00 to 3:00 Hang Out Time 12:15 to 12:45 Singing at MTC 12:45 Movie Time!	22
23 10:00 to 11:00 AA Serenity Sisters	24 9:30 to 10:30 Tai Chi Chih 11:00 Walking at ASC 12:00 to 1:00 Tech Help-all levels 1:00 to 3:00 Bunco	25 9:00 to 12:00 Cribbage at Colony Park 10:00 to 11:00 Socrates Club 11:00 to 3:00 Hang Out Time	26 9:30 to 10:30 Tai Chi Chih 11:00 to 12:45 Hang Out Time 11:00 to 12:45 Tech Help-all levels 12:45 to 3:00 Game Time!	27 CLOSED FOR THANKSGIVING	28 CLOSED FOR THANKSGIVING	29
30 10:00 to 11:00 AA Serenity Sisters	1 9:30 to 10:30 Tai Chi Chih 11:00 Walking at ASC 12:00 to 1:00 Tech Help-all levels 1:00 to 3:00 Bunco	2 9:00 to 12:00 Cribbage at Colony Park 11:00 to 3:00 Hang Out Time	3 9:30 to 10:30 Tai Chi Chih 11:00 to 12:45 Hang Out Time 11:00 to 12:45 Tech Help-Beginners 12:45 to 3:00 Game Time!	4 9:30 to 11:00 Qigong 11:00 Walking at Lake Park 11:15 to 12:45 Hang Out Time	5 9:30 to 10:30 Tai Chi Chih 10:45 to 11:45 Book Bunch 11:00 to 3:00 Hang Out Time 12:15 to 12:45 Singing at MTC 12:45 Movie Time!	6

ACTIVITIES ARE FREE FOR MEMBERS, \$5 DONATION FOR NON-MEMBERS

MEMBERSHIP IS \$20 PER YEAR

ATASCADERO SENIOR CENTER 805-466-4674

NOVEMBER 2025 ACTIVITY CALENDAR

Activity	Leader	Description and Notes
Art and Crafts	Sheila New Mary Rush	3rd Thursday. Craft projects vary by session. **Please sign up in advance.
Book Bunch (and Lunch?)	Vickie Rabourn	Last Friday. Book discussion. November Book: Educated, A Memoir by Tara Westover. Copies are available for check out at the front desk. The group decides if and where to go for lunch together. NO MEETING IN NOVEMBER!!! INSTEAD MEET DEC 5th!!!!
Bunco	Sue Riding	Mondays. Game starts at 1:00 (no later than 12:55 sign in), \$4 to play. Cash prizes: guaranteed six winners. 20 minute refreshment break.
Cribbage	Randy 909-887-5893	Tuesdays. Location is usually Atascadero Colony Park. This month, first two Tuesdays will be at the Atascadero Senior Center (ASC). *ACC Cribbage – contact Randy to participate.
Floral Arranging	Diana Reynolds Howell	1st Thursday. **NO FLORAL ARRANGING IN NOVEMBER.
Game Time!	Randy Azelton, Marge Yarmuth, Bob Schrempp	Every Wednesday, Randy leads Mexican Train, and Marge leads Mahjong. The last Wednesday of the month Bob leads board and card games.
Hang-Out Time (and Tech Help?)	No Host	A casual time to make new friends, chat, use our computers or tablets, read, write, draw, play a game, do a jigsaw puzzle, ride the stationary recumbent bike, etc. At this time, we also encourage members to help each other with tech.
Laughter Yoga	Joy Kent	2nd and 4th Thursday. A fun combination of laughter and easy movements that boosts happy hormones and gives your heart and lungs an easy workout.
Mahjong	Marge Yarmuth	Wednesdays. Mahjong, American Rules. Instruction books will be available for checkout. All levels welcome.
Membership Meeting	Vickie Rabourn	3rd Tuesday. Stay informed. Hear updates, give input, and discuss ASC activities, ideas, events, and concerns. Connect with fellow members. Refreshments served.
Mexican Train	Randy Azelton	Wednesdays. All levels welcome.
Movie Time	Denise Nielsen	1st and 3rd Fridays. Join us for a movie! Refreshments provided.
Qigong	Carol Benton, Joy Kent	Thursdays. Exercises used to optimize energy and improve health and maintain well-being.
Singing	MTC	Fridays. Location is Meals That Connect, behind the Atascadero Senior Center.
Socrates Club	Andrea Leary	2nd and 4th Tuesdays. Discussion group with varying topics.
Speaker	Vickie Rabourn	3rd Tuesday. Immediately following the General Membership meeting. This month we will host Smart Share Housing as our guest speakers.
Tai Chi Chih	Carol Benton	Mondays, Wednesdays, Fridays. A mindful moving meditation to improve balance and reduce stress.
Tech Help	Mike Chow, Suzan Barroso, Bob Schrempp	Tech help for beginners each Wednesday. Help for all levels every Monday and the fourth Wednesday. Get help with smartphones, tablets, computers, etc. Explore internet searching, email, social media, photos, digital arts apps, etc. Bring your own device or use one of ours (laptops, iPads, iMacs). Advanced appointments are appreciated but not required. You're also welcome to drop in during Hang-Out times to see if someone happens to be available to lend a hand with tech.
Walking	Mike Chow	Mondays and Thursdays. **Meet at the front of Atascadero Senior Center (ASC) on Mondays, at the Lake Park Faces of Freedom parking lot on Thursdays.