

# ATASCADERO SENIOR CENTER 805-466-4674

## DECEMBER 2025 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> <b>10:00 to 11:00</b> AA Serenity Sisters	<b>1</b> <b>9:30 to 10:30</b> Tai Chi Chih  <b>11:00 to 12:00</b> Walking at ASC  <b>11:00 to 12:30</b> Hang Out Time  <b>12:00 to 1:00</b> Tech Help  <b>1:00 to 3:00</b> Bunco	<b>2</b> <b>9:00 to 12:00</b> Cribbage at Colony Park  <b>11:00 to 3:00</b> Hang Out Time	<b>3</b> <b>9:30 to 10:30</b> Tai Chi Chih  <b>11:00 to 12:45</b> Hang Out Time  <b>11:00 to 12:00</b> Tech Help for Beginners  <b>12:45 to 3:00</b> Game Time!	<b>4</b> <b>9:30 to 11:00</b> Qigong  <b>11:00</b> Walking at Lake Park  <b>11:15 to 3:00</b> Hang Out Time	<b>5</b> <b>9:30 to 10:30</b> Tai Chi Chih  <b>10:45 to 11:45</b> Book Bunch  <b>11:00 to 3:00</b> Hang Out Time  <b>12:10 to 12:30</b> Singing at MTC  <b>12:45</b> Movie Time!	<b>6</b>
<b>7</b> <b>10:00 to 11:00</b> AA Serenity Sisters	<b>8</b> <b>9:30 to 10:30</b> Tai Chi Chih  <b>11:00 to 12:00</b> Walking at ASC  <b>11:00 to 12:30</b> Hang Out Time  <b>12:00 to 1:00</b> Tech Help  <b>1:00 to 3:00</b> Bunco	<b>9</b> <b>9:00 to 12:00</b> Cribbage at Colony Park  <b>10:00 to 11:00</b> Socrates Club  <b>11:00 to 3:00</b> Hang Out Time	<b>10</b> <b>9:30 to 10:30</b> Tai Chi Chih  <b>11:00 to 12:45</b> Hang Out Time  <b>11:00 to 12:00</b> Tech Help for Beginners  <b>12:45 to 3:00</b> Game Time!	<b>11</b> <b>9:30 to 11:00</b> Qigong  <b>11:00</b> Walking at Lake Park  <b>11:15 to 2:30</b> Hang Out Time  <b>1:30 to 2:10</b> Laughter Yoga	<b>12</b> <b>9:30 to 10:30</b> Tai Chi Chih  <b>11:00 to 3:00</b> Hang Out Time  <b>12:10 to 12:30</b> Singing at MTC	<b>13</b>
<b>14</b> <b>10:00 to 11:00</b> AA Serenity Sisters	<b>15</b> <b>9:30 to 10:30</b> Tai Chi Chih  <b>11:00 to 12:00</b> Walking at ASC  <b>11:00 to 12:15</b> Tech Buddies from Paloma Creek High!  <b>1:00 to 3:00</b> Bunco	<b>16</b> <b>9:00 to 12:00</b> Cribbage at Colony Park  <b>11:00 to 12:00</b> Board Meeting  <b>12:30 to 2:00</b> Holiday Party!	<b>17</b> <b>9:30 to 10:30</b> Tai Chi Chih  <b>11:00 to 12:45</b> Hang Out Time  <b>11:00 to 12:00</b> Tech Help for Beginners  <b>12:45 to 3:00</b> Game Time!	<b>18</b> <b>9:30 to 11:00</b> Qigong  <b>11:00</b> Walking at Lake Park  <b>11:15 to 1:30</b> Hang Out Time  <b>1:30 to 3:00</b> Art & Crafts*	<b>19</b> <b>9:30 to 10:30</b> Tai Chi Chih  <b>11:00 to 3:00</b> Hang Out Time  <b>12:10 to 12:30</b> Singing at MTC  <b>12:45</b> Movie Time!	<b>20</b>
<b>21</b> <b>10:00 to 11:00</b> AA Serenity Sisters	<b>22</b> Closed for the Holidays	<b>23</b> Closed for the Holidays	<b>24</b> Closed for the Holidays	<b>25</b> Closed for the Holidays	<b>26</b> Closed for the Holidays	<b>27</b>
<b>28</b> <b>10:00 to 11:00</b> AA Serenity Sisters	<b>29</b> Closed for the Holidays	<b>30</b> Closed for the Holidays	<b>31</b> Closed for the Holidays	<b>1</b> Closed for the Holidays	<b>2</b> Closed for the Holidays	<b>3</b>

ACTIVITIES ARE FREE FOR MEMBERS, \$5 DONATION FOR NON-MEMBERS

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## DECEMBER 2025 ACTIVITY CALENDAR

Activity	Leader	Description and Notes
Art and Crafts*	Sheila New Mary Rush	3rd Thursday. This month: Spice Jar Snow Globe Ornaments *Please sign up in advance.
Book Bunch (and Lunch?)	Vickie Rabourn	Last Friday. Book discussion. This month: <i>Educated, A Memoir</i> by Tara Westover. Copies are available for check out at the front desk. The group decides if and where to go for lunch together. Meeting 1st Friday this month only! January book: <i>Pachinko</i>
Bunco	Sue Riding	Mondays. Game starts at 1:00 (no later than 12:55 sign in), \$4 to play. Cash prizes: guaranteed six winners. 20 minute refreshment break.
Cribbage	Randy 909-887-5893	Tuesdays. Location is usually Atascadero Colony Park. For ACC Cribbage on Sundays, contact Randy to participate. (909) 887-5893
Game Time!	Randy Azelton, Marge Yarmuth, Bob Schrempp	Every Wednesday, Randy leads Mexican Train, and Marge leads Mahjong. The last Wednesday of the month Bob leads board games. Feel free to bring your own cards and games or use ones from our collection.
Hang-Out Time (and Tech Help?)	No Host	A casual time to make new friends, chat, use our computers or tablets, read, write, draw, play a game, do a jigsaw puzzle, ride the stationary recumbent bike, etc. At this time, we also encourage members to help each other with tech.
Holiday Party!	All Members	Please come celebrate the season with holiday treats, games, singing, stories, and fun. <i>Only if it's easy for you , wear red, green, or gold and/or bring a treat to share.</i>
Laughter Yoga	Joy Kent	2nd and 4th Thursday. A fun combination of laughter and easy movements that boosts happy hormones and gives your heart and lungs an easy workout.
Mahjong	Marge Yarmuth	Wednesdays. Mahjong, American Rules. Instruction books will be available for checkout. All levels welcome.
Membership Meeting	Vickie Rabourn	3rd Tuesday. Stay informed. Hear updates, give input, and discuss ASC activities, ideas, events, and concerns. Connect with fellow members. Refreshments served.
Mexican Train	Randy Azelton	Wednesdays. All levels welcome.
Movie Time	Mike Chow Denise Nielsen	1st and 3rd Fridays. Join us for a movie! Refreshments provided. Extra goodies are always welcomed. The Dec. 5 movie is <i>3 Days of the Condor</i> .
Qigong	Carol Benton, Joy Kent	Thursdays. Exercises used to optimize energy and improve health and maintain well-being.
Singing	MTC	Fridays. Location is Meals That Connect, behind the Atascadero Senior Center.
Socrates Club	Andrea Leary	2nd and 4th Tuesdays. Discussion group with varying topics.
Speaker	Vickie Rabourn	3rd Tuesday. No speaker this month.
Tai Chi Chih	Carol Benton	Mondays, Wednesdays, Fridays. A mindful moving meditation to improve balance and reduce stress.
Tech Buddies	Paloma Creek High School Students	A team of tech-savvy Paloma Creek High School students will help with all tech questions, challenges, and skills on any device. Sign-ups are appreciated but not required. If you let us know in advance what you want help with and what device you'll be using, they will be better prepared.
Tech Help	Suzan Barroso Mike Chow Bob Schrempp	Get help with any device. Explore AI, email, social media, photos, digital arts apps, etc. Bring your own device or use one of ours (laptops, iPads, iMac). Advanced sign-ups are not required but if we know why you're coming in advance and what device you'll be using, we can be better prepared to help you. You're also welcome to drop in during Hang-Out times to see if someone happens to be available to lend a hand with your tech challenges.
Walking	Mike Chow	Mondays and Thursdays. Meet at the front of Atascadero Senior Center (ASC) on Mondays, at Atascadero Lake Park's Faces of Freedom parking lot on Thursdays.