

ATASCADERO SENIOR CENTER ACTIVITY CALENDAR

SEPTEMBER 2026

atascaderoseniorcenter.org

(805) 466-4674

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 31	1	2	3	4	5
9:00-10:00 Walking/ASC*	9:00-12:00 Cribbage**	9:30-10:30 Tai Chi Chih	9:00-10:00 Walking/Lake Park	9:30-10:30 Tai Chi Chih	12:00-3:00 American Mahjong
9:30-10:30 Tai Chi Chih		11:15-12:30 Conversational Spanish	9:30-11:00 Qigong	12:10-12:30 Singing at MTC***	
12:00-1:00 Tech Help		12:45-3:00 Game Time! (includes Mahjong)	2:00-3:00 Better Together Support Group	12:45 Movie Time! <i>On the Town</i> (1949)	
1:00-3:00 Bunco					
3:30-4:30 Tai Chi Chih					
7	8	9	10	11	12
CLOSED FOR LABOR DAY	9:00-12:00 Cribbage**	9:30-10:30 Tai Chi Chih	9:00-10:00 Walking/Lake Park	9:30-10:30 Tai Chi Chih	4:00-6:00 Autumn Singles Mix & Mingle
1:00-3:00 Bunco	10:00-11:00 Socrates Club	11:15-12:30 Conversational Spanish	9:30-11:00 Qigong	12:10-12:30 Singing at MTC***	
	11:30-12:30 Hook, Needle & Thread	12:45-3:00 Game Time! (includes Mahjong)	10:00 Hiking/Jim Green Trailhead		
	1:00-2:30 Tech Help Apple Workshop- Spam				
14	15	16	17	18	19
9:00-10:00 Walking/ASC*	9:00-12:00 Cribbage**	9:30-10:30 Tai Chi Chih	9:00-10:00 Walking/Lake Park	9:30-10:30 Tai Chi Chih	12:00-3:00 American Mahjong
9:30-10:30 Tai Chi Chih	11:15-12:00 Speaker: HICAP Medicare	11:15-12:30 Conversational Spanish	9:30-11:00 Qigong	12:10-12:30 Singing at MTC***	
12:00-1:00 Tech Help		12:45-3:00 Game Time! (includes Mahjong)		12:45 Movie Time! <i>Anchors Aweigh</i> (1945)	
1:00-3:00 Bunco					
3:30-4:30 Tai Chi Chih					
21	22	23	24	25	26
9:00-10:00 Walking/ASC*	9:00-12:00 Cribbage**	9:30-10:30 Tai Chi Chih	9:00-10:00 Walking/Lake Park	9:30-10:30 Tai Chi Chih	12:00-3:00 Hang Out Time!
9:30-10:30 Tai Chi Chih	10:00-11:00 Socrates Club	11:15-12:30 Conversa. Spanish	9:30-11:00 Qigong	10:45-11:45 Book Bunch	
12:00-1:00 Tech Help	11:30-12:30 Hook, Needle & Thread.	12:45-3:00 Game Time (Includes Mahjong)	1:00-2:30 Tech Help-SPAM Workshop	12:10-12:30 Singing at MTC***	
1:00-3:00 Bunco					
3:30-4:30 Tai Chi Chih					
28	29	30	October 1	October 2	October 3
9:00-10:00 Walking/ASC*	9:00-12:00 Cribbage**	9:30-10:30 Tai Chi Chih	9:00-10:00 Walking/Lake Park	9:30-10:30 Tai Chi Chih	12:00-3:00 American Mahjong
9:30-10:30 Tai Chi Chih		11:15-12:30 Conversa. Spanish	9:30-11:00 Qigong	12:10-12:30 Singing at MTC***	
12:00-1:00 Tech Help		12:45-3:00 Game Time! (includes Mahjong)		12:45 Movie Time! <i>Emma</i> (2020)	
1:00-3:00 Bunco					
3:30-4:30 Tai Chi Chih					

Activity	Leader	Descriptions and Notes
American Mahjong	Danna Stack	Open to all levels of American Mahjong players. Every other Saturday. This month: September 5 and 19. Come observe if you don't yet know the game,
Art & Crafts	Sheila New Mary Rush	3rd Thursday, <u>every other month (next one is October 15)</u> , 1:30-3:00. Craft projects vary by session. Must sign up.
Better Together	Judy Hemenway	1st Thursday, 2:00-3:00. Peer support group for those facing health challenges. Share experiences, listen, and support one another
Book Bunch (& Lunch?)	Vickie Rabourn	Last Friday, 10:45-11:45. Book discussion. This month: <i>The Underground Railroad</i> by Colson Whitehead. After discussion, we may go out for lunch.
Bunco	Sue Riding	Mondays. Sign-in by 12:55 for 1:00 start. \$4 to play. Cash prizes are guaranteed for six winners. 20-minute refreshment break.
Cribbage**	Randy Azelton	Tuesdays, 9:00-12:00. Location usually Atascadero Colony Park. Open to all skill levels. For ACC Cribbage, contact Randy to participate. (909) 887-5893
Game Time!	Randy Azelton Marge Yarmuth	Every Wednesday, 12:45-3:00. Randy leads Mexican Train; Marge leads Mahjong. Beginners welcome. Canasta players, too!
Hang Out Time	No Host	Any time the center is open, come to socialize or enjoy alone time. Use our computers or tablets. Pick out books or puzzles to take home. Please be respectful of activities in progress.
Hiking	Lynn Berkeley	2nd Thursday, 10 a.m. Meet at the Jim Green Trailhead parking lot at the end of Cortez Ave. Rain cancels.
Hook, Needle & Thread	No host	2nd and 4th Tuesdays, 11:30-12:30. Knit, crochet, and needlework. Learn or enhance your skills. Materials provided or bring your own.
Membership Meeting	Vickie Rabourn	Dates to be announced. Stay informed. Hear updates, give input, and discuss ASC* activities, ideas, events, and concerns. Connect with fellow members. Refreshments served.
Movie Time!	Mike Chow Denise Nielsen	1st and 3rd Fridays, 12:45. Light refreshments provided. Optional: Bring a snack to share. September 4 – <i>On the Town</i> (1949), run time 1 hr. 38 min.; September 18 – <i>Anchors Aweigh</i> (1945), run time 2 hr. 20 min. October 2 – <i>Emma</i> (2020), run time 2 hr. 4 min.
Qigong	Carol Benton Joy Kent	Thursdays, 9:30-11:00. Gentle exercises and deep breathing to optimize energy, improve health, enhance balance, reduce stress, and promote well-being.
Singles Mix & Mingle	Bernadete Vinson	September 12, 4:00-6:00 p.m. A fun and friendly gather for singles 55+. Open to the public.
Singing	MTC***	Fridays, 12:10-12:30 at the Meals That Connect*** dining room behind ASC*
Socrates Club	Host Varies	2nd and 4th Tuesdays, 10:00-11:00. Discussion group, varying topics.
Spam Workshop	Mike Quin Bob Shrempp	Tuesday, September 8, 1:00-2:30. Mike Quin. Email strategies to avoid spam and phishing. Thursday, September 24, 1:00-2:30. Bob Schremp - All things Spam – how to avoid it, deal with it, etc.
Spanish Conversational	Suzan Barroso	Wednesdays, 11:15-12:30. Learn and practice conversational Spanish.
Speaker	Vickie Rabourn	September 15, 11:00-12:30. Jean McKinnon, Medicare counselor for the Health Insurance Counseling and Advocacy Program (HICAP). Free, unbiased presentation on understanding Medicare.
Tai Chi Chih	Carol Benton	Mondays, 9:30-10:30 and 3:30-4:30. Wednesdays and Fridays, 9:30-10:30. A mindful moving meditation with gentle movements to improve balance, reduce stress, and promote well-being.
Tech Buddies	Paloma Creek High School Students	Tech-savvy Paloma Creek HS students visit every six weeks to help with tech challenges and teach new skills. Please let us know you're coming. Dates to be announced.
Tech Help	Mike Chow Mike Quin	Mondays (Mike Chow-No Apple), 12:00-1:00. 2nd Tuesday (Mike Quin) 1:00-2:30. Get assistance w/tech challenges/learn new skills.
Walking	Mike Chow	Mondays and Thursdays at 9:00. Meet in front of the Center (ASC*) on Monday. Lake Park's Faces of Freedom parking lot on Thursday. Rain cancels.