ATASCADERO SENIOR CENTER ACTIVITY CALENDAR

NOVEMBER 2026 atascaderoseniorcenter.org 805/466-4674

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	**3**	**4**	**5**	**6**	**7**
9:00-10:00 Walking/ASC*	9:00-12:00 Cribbage**	9:30-10:30 Tai Chi Chih	9:00-10:00 Walking/Lake Park	9:30-10:30 Tai Chi Chih	12:00-3:00 Hang Out Time!
9:30-10:30 Tai Chi Chih	1:00-3:00 Art Demonstration Joseph Kaoud	11:15-12:30 Conversational Spanish	9:30-11:00 Qigong	12:10-12:30 Singing at MTC***	
12:00-1:00 Tech Help		12:45-3:00 Game Time!	2:00-3:00 Better Together Support Group	12:00-3:00 Party Bridge^	
12:00-3:00 Party Bridge^		3:15-4:15 Conversation with Ace		12:45 Movie Time! *The Greatest Showman (2017)*	
1:00-3:00 Bunco					
3:30-4:30 Tai Chi Chih					
9	**10**	**11**	**12**	**13**	**14**
9:00-10:00 Walking/ASC*	9:00-12:00 Cribbage**	**CLOSED Veterans Day**	9:00-10:00 Walking/Lake Park	9:30-10:30 Tai Chi Chih	12:00-3:00 American Mahjong
9:30-10:30 Tai Chi Chih	10:00-11:00 Socrates Club		9:30-11:00 Qigong	12:00-3:00 Party Bridge^	
12:00-1:00 Tech Help	11:30-12:30 Hook, Needle & Thread		10:00 Hiking/Jim Green Trail	12:10-12:30 Singing at MTC***	
12:00-3:00 Party Bridge^	1:00-2:30 Apple Workshop				
1:00-3:00 Bunco					
3:30-4:30 Tai Chi Chih					
16	**17**	**18**	**19**	**20**	**21**
9:00-10:00 Walking/ASC*	9:00-12:00 Cribbage**	9:30-10:30 Tai Chi Chih	9:00-10:00 Walking/Lake Park	9:30-10:30 Tai Chi Chih	12:00-3:00 Hang Out Time!
9:30-10:30 Tai Chi Chih	11:00-11:45 Speaker: Hans Goldstein	11:15-12:30 Conversational Spanish	9:30-11:00 Qigong	12:10-12:30 Singing at MTC***	
12:00-1:00 Tech Help		12:45-3:00 Game Time!	1:30-3:00 Arts & Crafts	12:45 Movie Time! *Vertigo (1958)*	
12:00-3:00 Party Bridge^				12:00-3:00 Party Bridge^	
1:00-3:00 Bunco	.				
3:30-4:30 Tai Chi Chih					
23	**24**	**25**	**26**	**27**	**28**
9:00-10:00 Walking/ASC*	9:00-12:00 Cribbage**	9:30-10:30 Tai Chi Chih	**THANKSGIVING CLOSED**	**CLOSED**	**NO RECEPTIONIST ON DUTY**
9:30-10:30 Tai Chi Chih	10:00-11:00 Socrates Club	11:15-12:30 Conversational Spanish			12:00-3:00 American Mahjong
12:00-1:00 Tech Help	11:30-12:30 Hook, Needle & Thread	12:45-3:00 Game Time!			
12:00-3:00 Party Bridge^	1:00-2:30 Apple Workshop				
1:00-3:00 Bunco					
3:30-4:30 Tai Chi Chih					
30	**December 1**	**December 2**	**December 3**	**December 4**	**December 5**
9:00-10:00 Walking/ASC*	9:00-12:00 Cribbage**	9:30-10:30 Tai Chi Chih	9:00-10:00 Walking/Lake Park	9:30-10:30 Tai Chi Chih	12:00-3:00 Hang Out Time!
9:30-10:30 Tai Chi Chih		11:15-12:30 Conversational Spanish	9:30-11:00 Qigong	12:10-12:30 Singing at MTC***	
12:00-1:00 Tech Help		12:45-3:00 Game Time!		12:00-3:00 Party Bridge^	
12:00-3:00 Party Bridge^				12:45 Movie Time! *Love Actually*	
1:00-3:00 Bunco					
3:30-4:30 Tai Chi Chih					

Activities are free for members, $5 for guests

Updated 11/1/26, 6:25

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Activity	Leader	Descriptions and Notes
American Mahjong	Danna Stack	Open to all levels of American Mahjong players. Every other Saturday. This month: November 14 and 28. Come and observe if you don't yet know the game.
Art & Crafts	Sheila New Mary Rush	3rd Thursday, every other month,1:30-3:00. Craft projects vary by session. Must sign up. Next one is December 17. Craft to be announced.
Art Demonstration	Joseph Kaoud	Tuesday, November 3, 1:00-3:00. Oil portrait painting technique demonstration. Reservations suggested but not required.
Better Together	Judy Hemenway	1st Thursday, 2:00-3:00. Peer support group for those facing health challenges. Share experiences, listen, and support one another.
Book Bunch (& Lunch?)	Vickie Rabourn	Last Friday, 10:45-11:45. Book discussion. Canceled for November. Next meeting is December 11, and the book is *The Nightingale* by Kristin Hannah.
Bunco	Sue Riding	Mondays. Sign-in by 12:55 for 1:00 start. $4 to play. Cash prizes are guaranteed for six winners. Twenty-minute refreshment break.
Conversations with Ace	Aislyn "Ace" Ford	Wednesday, November 4, 3:15-4:15. Cal Poly intern Ace leads a conversation.
Cribbage**	Randy Azelton	Tuesdays, 9:00-12:00. Location usually Atascadero Colony Park. Open to all skill levels. For ACC Cribbage, contact Randy to participate. (909) 887-5893
Game Time!	Randy Azelton Marge Yarmuth	Every Wednesday, 12:45-3:00. Randy leads Mexican Train; Marge leads Mahjong. Beginners welcome. Canasta players, too.
Hang Out Time	No Host	A casual time to socialize or enjoy alone time. Use our computers or tablets. Pick out books or puzzles to take home. Any time the center is open.
Hiking	Lynn Berkeley	2nd Thursday, 10 a.m. Meet at Jim Green Trailhead (at the end of Cortez Ave). Rain cancels.
Hook, Needle, & Thread	Terrie Rombold-Smith	2nd and 4th Tuesdays, 11:30. Knitting, crochet, and needlework. Learn or enhance your skills. Materials provided or bring your own.
Membership Meeting	Vickie Rabourn	Dates to be announced. Stay informed. Hear updates, give input, and discuss ASC activities, ideas, events, and concerns. Refreshments served.
Movie Time!	Mike Chow Denise Nielsen	1st and 3rd Fridays, 12:45. Light refreshments provided. Optional: Bring a snack to share. November 6 – *The Greatest Showman (2017),* run time 1 hr. 45 min.; November 20 – *Vertigo (1958)* run time 2 hr. 9 min.
Party Bridge^	Carey Rogers	Monday and Friday, 12:00-3:00; Kiwanis Hall, 7848 Pismo Avenue, Atascadero, $1 buy-in for cash prizes for the winners. **Reservations are required at least 2 days in advance.** Contact Carey Rogers 805-460-6695 to RSVP.
Qigong	Carol Benton Joy Kent	Thursdays, 9:30-11:00. Gentle exercises and deep breathing to optimize energy, improve health, enhance balance, reduce stress, and promote well-being.
Silver Singles Mingle	Bernadette Vinson	December 5, 4:00-5:30 p.m. at ASC*. An opportunity for single seniors to meet, mingle, and enjoy an afternoon together with lively conversation, nostalgic music, activities, and refreshments. Free to members and non-members alike.
Singing	MTC***	Fridays, 12:10-12:30 at the Meals That Connect*** dining room behind ASC*
Socrates Club	Host Varies	2nd and 4th Tuesdays, 10:00-11:00. Discussion group, varying topics.
Spanish	Suzan Barroso	Wednesdays, 11:15-12:30. Learn and practice conversational Spanish.
Speaker	Vickie Rabourn	Tuesday, November 17, 11:00-11:45. Hans Goldstein, Founder & Executive Director of The Retirement Literacy Foundation; a 501(c)(3) nonprofit that teaches retirees the math behind Social Security, Medicare, taxation, and retirement income for free.
Tai Chi Chih	Carol Benton	Mondays, 9:30-10:30 and 3:30-4:30. Wednesdays and Fridays, 9:30-10:30. A mindful moving meditation with gentle movements to improve balance, reduce stress, and promote well-being.
Tech Buddies	Paloma Creek High School Students	Tech-savvy Paloma Creek HS students visit every six weeks to help with tech challenges and teach new skills. Next one January 21, 11:00-12:15.
Tech Help (no Apple)	Mike Chow	Mondays, 12:00-1:00, get assistance w/tech challenges/learn new skills.
Tech Help (Apple Workshops)	Mike Quin	2nd and 4th Tuesdays, 1:00-2:30; November 10 workshop on iPhones for Medical Emergencies and more; November 24 workshop, Using Your iPhone for all Things Travel.
Walking	Mike Chow	Mondays and Thursdays at 9:00. Meet in front of the Center (ASC*) on Monday. Lake Park's Faces of Freedom parking lot on Thursday. Rain cancels.

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