



Relax and Rejuvenate in a natural atmosphere of serenity with SW Shyah and SW Tamara.

Holistic Workshops & Meditation Sessions in the Sacred Lotus Dome.



Detox your life in our Soul Sweat/ Womb Spa for Women and Men

Stretch your life open at the Nut Yoga Studio and Holistic Fitness Space.

Get in touch with us for personalized or corporate retreats and customized workshops, at retreats@queenafua.com

WELLNESS PACKAGES

PLEASE SELECT YOUR EXPERIENCE BELOW

Carnation

\$397 p/p

3 hours - Includes Soul Sweat or Womb Spa | Hydrotherapy Bath | Detox Tonics | Guided Meditation and Journaling in our Sacred Lotus Dome.

Rose

\$997 p/p

6 hours - Includes Soul Sweat or Womb spa | Hydrotherapy Bath | Detox Tonics | Guided Meditation & Journaling in our Sacred Lotus Dome | Yoga & Holistic Fitness Session | Vegan Meal

Lotus

\$3,000 p/p

3-day intensive detox retreat with room and board. Relax, Rejuvenate, Renew and Restore in a SUPERNATURAL detox experience that includes:

Inversion Therapy | Infrared Detox Sauna | Herbal Clay Pack | Full Body Steam Bath | Hydrotherapy Bath | Aromatherapy | Sound Healing and more.

Enjoy fasting tonics, live juice and nutritional therapy, yoga, meditation, and daily vegan meals. The ultimate holistic wellness experience for health and longevity.



Live a lifestyle of wellness at Nutrition Kitchen, where FOOD IS MEDICINE.

Dine on vegan dinner in the MA'AT dining hall.



Wellness Consultations and Energy Reading with Queen Afua.

Receive wellness tools at the gift shop

Follow-up Wellness Coaching with Detox Practitioners.