

# Women's Support Groups

(Postpartum Adjustment, Breastfeeding and Miscarriage & Loss)

Complimentary support groups are offered to assist you during this delicate stage of life. We are here for you!

\*Dates are subject to change, please check online resources for the most up to date schedules and information.

RSVPs via text, email or facebook is appreciated.

**All Support groups are complimentary. Open to the public.  
Babies and toddlers welcome.**

**Licensed Therapist** attends  
Postpartum Adjustment and  
Miscarriage & Loss meetings.

**Lactation Counselor** attends  
Postpartum Adjustment and  
Breastfeeding support meetings.



TINY FEET  
BEFORE, DURING  
& AFTER PREGNANCY

Licensed Therapist at Tiny Feet  
Elizabeth Pruzinky, LPC  
Phone 586-307-6530  
Fax 586-203-2745

Email : TINYFEETCOUNSELING@GMAIL.com

Web : www.tinyfeetwellness.net

## INDIVIDUAL, COUPLE & FAMILY SUPPORT

Postpartum  
Depression  
Screening &  
Resources

Counseling for  
Postpartum  
Depression &  
Anxiety

Adjusting to a New  
Baby

Counseling for  
Perinatal Loss &  
Infertility

Clinton Township, MI 48038

Tiny Feet Counseling  
41570 Hayes Road, Suite C

Birmingham, MI 48009

Our Shepherd Lutheran Church  
(Church Nursery)

### Postpartum

#### Adjustment Support

6/05/19 @ 10am

6/19/19 @ 10am

7/17/19 @ 10am

8/07/19 @ 10am

8/21/19 @ 10am

#### Miscarriage & Loss

6/13/19 @ 7pm

7/11/19 @ 7pm

8/08/19 @ 7pm

### Breastfeeding Support

6/11/19 @ 10am

7/09/19 @ 10am

8/13/19 @ 10am

In home and in office Breastfeeding Support  
Breastfeeding Support Meetings

Rebecca Taylor, RN, BSN, CPN, CLC  
704-460-8408

Certified Lactation Counselor  
Pediatric Registered Nurse

Email : Rebecca@PeacefulLactation.com

Web: PeacefulLactation.com

FB: Peaceful Lactation

