

# **RESTORE • HEAL • GROW**



**Dr. Margaret Smith, President and Founder of Impact Covenant Ministries, is devoted to caring for hurting women and their families. She is a seasoned woman of faith with decades of experience providing faith-based counseling, intercessory prayer, training, empowerment programs, and benevolence outreach. Through this ministry, she is committed to helping women and families experience care, restoration, and renewed strength.**

## **About our Faith-Based Counseling & Care Ministry**

**“Helping Women and families find hope, healing, and encouragement through biblical guidance and compassionate care.”**

### **Welcome**

Our Counseling & Care Ministry is committed to providing a safe, caring, and prayer-centered environment where individuals, couples, families, and groups can receive support, encouragement, and spiritual guidance.

All services are Bible-based and designed to promote healing, restoration, growth, and healthy life relationships through faith-centered counseling support.

## **Counseling Service** (In-person or virtual space)

### **Individual Counseling**

One-on-one sessions are designed to provide personal guidance, encouragement, emotional support, and spiritual care.

### **Group Care Sessions**

Supportive group environments focused on healing, connection, and encouragement.

#### **Available Groups Include:**

- Divorce Care
- Grief Care
- Mental Health Care
- Emotional Wellness Support
- Life Transition Support
- Stress & Burnout Care

## **Premarital Counseling**

Helping couples establish a strong biblical foundation for marriage through:

- Communication Skills
- Conflict Resolution
- Spiritual Unity
- Family Expectations
- Marriage Preparation

## **Marital Support Counseling**

Support and encouragement for married couples seeking:

- Relationship Strengthening
- Healthy Communication
- Conflict Support
- Spiritual Growth Together
- Marriage Restoration

## **General Care Counseling**

Support for a variety of life challenges and concerns including:

- Stress
- Anxiety & Emotional Challenges
- Relationship Concerns
- Spiritual Guidance

- Life Decisions
- Personal Growth

## **Career Counseling**

Providing guidance for:

- Career Direction
- Workplace Challenges
- Goal Planning
- Purpose & Calling
- Life Balance

## **Family Counseling**

Encouraging healthy family relationships through:

- Improved Communication
- Conflict Resolution
- Parenting Support
- Family Healing
- Relationship Building

## **Caregiver Counseling**

Providing emotional and spiritual support for caregivers experiencing:

- Fatigue
- Burnout
- Stress

- Emotional Overload
- Compassion Fatigue

## **Donation / Fee Information**

### **Initial Evaluation Session**

#### **Donation/Fees :**

\$75 – \$100

### **Counseling Sessions**

#### **Donation/Fees Per Session :**

\$50 – \$70

### **Recommended Counseling Plan**

Most individuals benefit from approximately:

**6–12 Sessions**

### **Session Length**

- Standard Session: **1 Hour 15 Minutes**
- Extended Time: **\$25 per additional 30 minutes**

### **Pro Bono Biblical Counselling commitment**

As part of our mission to serve the community with compassion and Christ centered care, we dedicate a portion of our counseling service to individuals and families who are unable to afford support.

Our counseling approach is grounded in biblical principles, prayer, spiritual encouragement and practical guidance that align with Christian values while honoring everyone with dignity, respect and confidentiality.

**Service may include:**

- Biblical guidance and encouragement
- Prayer based support.
- Scripture centered counseling principles.
- Emotional and spiritual care
- Referrals to community or church resources when appropriate.

**Counseling Mission Statement**

*We are committed to providing Christ centered counseling and extending hope, healing, and biblical support to individuals and families regardless of financial ability.*

*Galatians 6:2*

*“Carry each other's burdens, and in this way you will fulfill the law of Christ”*

*“Freely you have received, freely give”*

*Matthew 10:8.*

# **Important Ministry Notice**

All counseling and support services are Bible-based and spiritually focused.

We do not provide clinical mental health services including:

- Psychiatry
- Psychotherapy
- Psychoanalysis

Individuals needing clinical or medical mental health treatment will be referred to licensed and qualified professionals when appropriate.

# Schedule an Appointment

Please schedule your appointment through our website or call us. See contact details below.

We are honored to walk alongside you through life's challenges with prayer, compassion, encouragement, and biblical support.

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## Counseling & Care Ministry

“Serving with compassion, truth, and hope through Christ.”

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**Office Hours:** By Appointment Only

**Website:** [www.impactcovenantministries.org](http://www.impactcovenantministries.org)

**Phone:** 954-806-9430

**Email:** [Revdrimpactcmin@aol.com](mailto:Revdrimpactcmin@aol.com)

*“Cast all your anxiety on Him because He cares for you.” 1 Peter 5:7*