

# **American Kempo Karate Academy**

## **Little Ninjas Belt System**

Little Ninjas have a unique belt system. All students start as a white belt. Once the student earns all 8 skill stripes per belt, they advance to the next belt level shown below. Stripes are earned every 2 completed classes with up to one stripe per week. The goal of the Little Ninjas program is to prepare the students for the Basic Kids Program.

- 1. White Belt**
- 2. Yellow Stripe**
- 3. Orange Stripe**
- 4. Purple Stripe**
- 5. Blue Stripe**
- 6. Green Stripe**
- 7. Brown Stripe**
- 8. Red Stripe**
- 9. Black Stripe**
- 10. White/Yellow Belt**
- 11. Yellow/ White Stripe**
- 12. Orange White Stripe**
- 13. Purple White Stripe**
- 14. Blue White Stripe**
- 15. Green White Stripe**
- 16. Yellow Belt-Kids**

## **Little Ninjas Skill Stripe System**

- 1. Focus – Red**
- 2. Teamwork – Blue**
- 3. Control- Green**
- 4. Balance- Yellow**
- 5. Memory- Orange**
- 6. Discipline- White**
- 7. Fitness- Black**
- 8. Coordination- Brown**