

AKKA Training Supply List

Basic Kids and Adult Groups

White Belt & Yellow Belt

Required:

Uniform: White Uniform, School Patch, American Flag Patch

Gear: Bag Gloves and Focus Mitts -Adults Only

Required for Adults Training in Fitness Kickboxing: Bag Gloves, Training Sneakers, & Focus Mitts

Recommended: AKKA Shirt, Training Sneakers, Square Focus Targets

Black Belt Training Program

Orange Belt to Green Belt

Required:

Uniform: Black Uniform, BBT T-Shirt, School Patch, American flag patch, BBT Patch

Safety Gear Set: Head Gear, Sparring Gloves, Sparring Boots, Shin Guards, Mouth Guard, Rib Guard (under 18), Protective Cup and Supporter (males)

Weapons: Rubber Knife & Club, Rubber Nunchuku, Bo Staff, Escrima Sticks

Masters Training Program

Advanced Green Belt- Black Belt

Required:

Uniform: Blue Uniform, MT T-Shirt, School Patch, American flag patch, MT Patch

Weapons: Wooden Sword, Rubber Handgun (adults only)

Adult Training for BBT/MT Levels

Safety Gear: Kickboxing Head gear, Boxing Gloves, Focus Mitts, Grappling Gloves

NOTES:

1. Items can be purchased on our Online AKKA Proshop
2. Patches, T-shirts, Rubber Nunchuku can be purchased at our locations
3. All gear must be of the same brand and quality to insure optimal safety standards