

Jr Dan Rank Requirements

Block 4

Jr Black Belt 1 year

4 Kata, Nunchuku Form, Combinations 15, 16, Hostage Club #1 & #2

1st Degree Jr Black 1 year

5 Kata, Bo Staff Form, Plum Tree Blocking System

4 basic reaction themes

2nd Degree Jr Black 1 year

6 Kata, Sword Form, Combinations 11, 19, 24, 25 Hostage Knife #1 & #2

3rd Degree Jr Black 1 year

All Kempo Sets

Jr Black Belt Performance Stripes (white) Test every 2 months/ review of under rank material

1st: White - Orange

2nd: Purple - Adv. Blue

3rd: Green

4th: Adv. Green

5th: Brown

6th: Adv. Brown

Adult Dan Rank Requirements

Block 6

1st Degree ShoDan 1 year

4 kata, Nunchuku Form, Combination 24, Monkey Kempos, Hostage Club #1 & #2

2nd Degree NiDan 2 years

5 Kata, Bo Staff Form, Hostage Knife #1 & #2, Combinations 25, 11, 19, 4 basic reaction themes

Block 7

3rd Degree Sandan 3 years

6 Kata, Sword Form, Combinations 27, 28, 2 Hostage Guns #1, #2, #3

4th Degree YonDan 3 years

Han Suki, Combinations 29, 30

Block 8

5th Degree GoDan 3 years

Sho Dan Quak, Leadership Development

6th Degree RokkyuDan 3 years

Swift Tigers, Leadership Development.