

S P O R T M E D I C I N E

ULTRASOUND
C A N A D A



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Ultra-High Yield Courses so you meet your goals sooner

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S P O R T M E D I C I N E
U L T R A S O U N D
C A N A D A



Dr. Frank Johnson



Dr. Nathan Thakur



Dr. Katie McGregor



Dr. Joe Costa



Dr. Chris Beavinaton



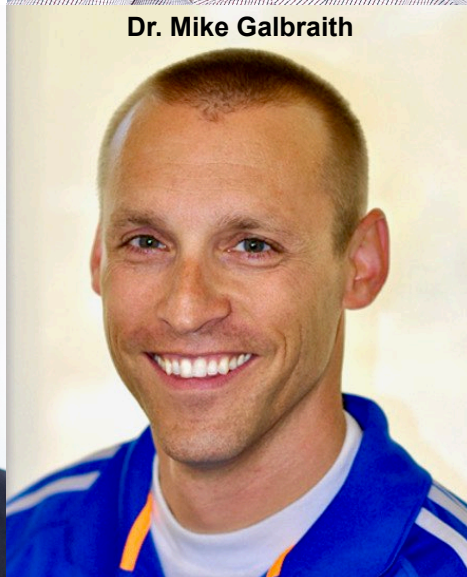
Dr. Alin Cristurean



Dr. Kapil Sareen-Khanna



Dr. Mike Galbraith



Dr. Andrea Jones



2-DAY WORKSHOPS

LEVEL 100 Top 10 Injections No Pre-Requisites	DAY 1 - SCANNING FOR THE TOP 10 Top 10 Injections in Any Family Practice or Sport Medicine Clinic	DAY 2 - SCANNING & CADAVER TRAINING 4 Hr of Cadaver Top 10 Injection Training Final Exam & Top Tips
LEVEL 200 Top 25 Injections Requires Skill Equal to Level 100 Grad	DAY 1 - SCANNING FOR THE TOP 25 Top 25 Injections in Any Family Practice or Sport Medicine Clinic	DAY 2 - SCANNING & CADAVER TRAINING 4 Hr of Cadaver Top 25 Injection Training Final Exam & Top Tips
LEVEL 300 Top 35 Nerves REQUIRES: Top 25 or Similar Skill Level	DAY 1 - TOP 35 NERVE INJECTIONS Hydrodissection, Neural Prolo & Perineural Injections Scanning & Management of the Top 1 - 17	DAY 2 - TOP 35 NERVE INJECTIONS Hydrodissection, Neural Prolo & Perineural Injections Scanning & Management of the Top 18 - 35

3-DAY BOOT CAMPS

LEVEL 1 BOOT CAMP No Prerequisites	DAY 1 - SCANNING FOR THE TOP 10 Top 10 Injections in Any Practice	DAY 2 - SCANNING FOR THE TOP 25 Top 25 Injections in Any Practice	DAY 3 - SCANNING & CADAVER TRAINING 4 Hr of Cadaver Injection Training + Final Scanning Practice
LEVEL 2 BOOT CAMP Requires Skill Equal to Level 1 Boot Camp Graduate	DAY 1 - SCANNING FOR THE TOP 25 Top 25 Injections in Any Practice	DAY 2 - ADVANCED LIGAMENT & TENDON INJECTIONS For Cortisone, PRP & Visco	DAY 3 - SCANNING & CADAVER TRAINING 4 Hr of Cadaver Injection Training + Final Scanning Practice
LEVEL 3 BOOT CAMP Requires Skill Equal to Level 2 Boot Camp Graduate	DAY 1 - ADVANCED SPINE & NERVE SCANNING To Treat with PRP, Cortisone and Hydrodissection	DAY 2 - ADVANCED LIGAMENT & TENDON INJECTIONS For Cortisone, PRP & Visco	DAY 3 - SCANNING & CADAVER TRAINING 4 Hr of Cadaver Injection Training + Final Scanning Practice

LEVEL 100 - TOP 10 INJECTIONS

A 2-DAY COURSE TO LEARN MSK INJECTIONS

LEVEL 100
Top 10 Injections
 No Pre-Requisites

DAY 1 - SCANNING FOR THE TOP 10
 Top 10 Injections in Family Practice
 & Sport Medicine

DAY 2 - SCANNING & CADAVER TRAINING
 4 Hr of Cadaver Top 10 Injection Training
 Final Exam & Top Tips

9 AM - 10 AM
TOP 10 INJECTIONS:
WHAT TO CHOOSE & WHEN
 Cortisone
 Prolotherapy
 PRP
 Viscosupplementation
 Surgery

10 AM - 12 PM
1 - SHOULDER BURSITIS
2 - SHOULDER ARTHRITIS
US Anatomy of the:
 Subacromial Bursa
 Subdeltoid Bursa
 Rotator Cuff Tendons
 Glenohumeral Joint

12 PM- 1 PM
3 - ELBOW TENDONITIS
4 - WRIST TENDONITIS
US Anatomy of the:
 Medial Elbow Tendons
 Lateral Elbow Tendons
 De Quervain's Tendons
 Intersection Syndrome

1:30 PM - 2:45 PM
5 - KNEE ARTHRITIS
US Anatomy of the:
 Anterior Knee Joint
 Medial Joint Line
 Pes Anserine Bursa

2:45 PM - 4 PM
6- HIP ARTHRITIS
7 - HIP BURSITIS
8 - SI JOINT ARTHRITIS
US Anatomy of the:
 Hip Joint
 Greater Trochanter
 Bursae of the Hip
 SI Joint

4 PM - 4:30 PM
9 - PLANTAR FASCIITIS
10 - ANKLE SPRAIN
US Anatomy of the:
 Plantar Fascia
 Ankle Ligaments
 Ankle Joint

LEVEL 100
Top 10 Injections
 No Pre-Requisites

DAY 1 - SCANNING FOR THE TOP 10
 Top 10 Injections in Family Practice
 & Sport Medicine

DAY 2 - SCANNING & CADAVER TRAINING
 4 Hr of Cadaver Top 10 Injection Training
 Final Exam & Top Tips

8:30 AM - 12:30 PM
CADAVER INJECTION TRAINING FOR THE TOP 10

Shoulder Bursitis	Wrist Tendonitis
Shoulder Arthritis	Elbow Tendonitis
Knee Arthritis	Hip Arthritis
Hip Bursitis	SI Joint Arthritis
Ankle Sprains	Plantar Fasciitis

1:30 PM - 4:30 PM

SCANNING FINAL PRACTICE
 Patient Positioning
 US-Machine Positioning
 Table Height Positioning
 Optimizing the Image
 Needle Entry Positions

TOP TIPS
 Safety First
 Patient Selection
 Product Selection
 Timing of Treatments
 Managing Patient Expectations

LEVEL 200 - TOP 25 INJECTIONS

A 2-DAY COURSE TO LEARN MSK INJECTIONS

LEVEL 150
Top 25 Injections
 Requires Skill Equal to
 Level 100 Graduate

DAY 1 - SCANNING FOR THE TOP 25
 Top 25 Injections in Family Practice
 & Sport Medicine

DAY 2 - SCANNING & CADAVER TRAINING
 4 Hr of Cadaver Top 25 Injection Training
 Final Practice & Top Tips

9 AM - 11 AM

1 - 7 SHOULDER

Subacromial/deltoid Bursitis
 Supraspinatus Tendon Tears
 LHB Tendonitis
 AC Joint Separations
 Glenohumeral Arthritis
 Frozen Shoulder
 Trapezius Trigger Points

11 AM - 12 PM

8 - 10 ELBOW

Lateral Elbow Tendonitis
 Medial Elbow Tendonitis
 Elbow Arthritis

12 PM - 12:45 PM

11 - 13 HAND & WRIST

Thumb Arthritis
 Wrist Tendonitis
 Trigger Finger

1:15 - 2:15 PM

14 - 17 KNEE

Knee Arthritis
 Anterior Knee Pain
 Medial Knee Pain
 Baker's Cyst

2:15 - 3:45 PM

18 - 22 HIP

Hip Arthritis
 Hip Bursitis & Tendonitis
 Gluteus Trigger Points
 Lumbar Trigger Points
 SI Joint Arthritis

3:45 PM - 4:30 PM

23 - # 25 FOOT & ANKLE

Ankle Sprain
 Plantar Fasciitis
 Achilles Tendonitis

LEVEL 150
Top 25 Injections
 Requires Skill Equal to
 Level 100 Graduate

DAY 1 - SCANNING FOR THE TOP 25
 Top 25 Injections in Family Practice
 & Sport Medicine

DAY 2 - SCANNING & CADAVER TRAINING
 4 Hr of Cadaver Top 25 Injection Training
 Final Practice & Top Tips

8:30 AM - 12:30 PM

CADAVER INJECTION TRAINING FOR THE TOP 25

Subacromial/deltoid Bursitis
 Supraspinatus Tendon Tears
 LHB Tendonitis
 AC Joint Separations
 Glenohumeral Arthritis
 Frozen Shoulder
 Trapezius Trigger Points
 Lateral Elbow Tendonitis
 Medial Elbow Tendonitis

Elbow Arthritis
 Thumb Arthritis
 Wrist Tendonitis
 Trigger Finger
 Knee Arthritis
 Anterior Knee Pain
 Medial Knee Pain
 Baker's Cyst

Hip Arthritis
 Hip Bursitis & Tendonitis
 Gluteus Trigger Points
 Lumbar Trigger Points
 SI Joint Arthritis
 Ankle Sprain
 Plantar Fasciitis
 Achilles Tendonitis

1:30 PM - 4:30 PM

SCANNING FINAL PRACTICE

Patient Positioning
 US-Machine Positioning
 Table Height Positioning
 Optimizing the Image
 Needle Entry Positions

TOP TIPS

Safety First
 Patient Selection
 Product Selection
 Timing of Treatments
 Managing Patient Expectations

LEVEL 300 - TOP 35 NERVE INJECTIONS

A 2-DAY COURSE TO LEARN PERINEURAL INJECTIONS

LEVEL 300 Top 35 Nerves <small>Requires Skill Equal to Level 200 Graduate</small>	DAY 1 - SCANNING FOR THE TOP 35 NERVES #1-17 Nerves for Perineural Injections	DAY 2 - SCANNING FOR THE TOP 35 NERVES #18-35 Nerves for Perineural Injections
<p>9:00 AM - 9:30 AM TOP 1-7 NERVES: WHAT TO CHOOSE & WHEN</p> <p>Hydrodissection Lidocaine / Marcaine Cortisone Dextrose or PRP PRP</p>	<p>10:00 AM - 11:30 AM #1-3 WRIST US ANATOMY OF THE:</p> <p>Superficial Radial Nerve Median Nerve at Wrist Ulnar Nerve at Wrist</p>	<p>11:30 AM - 12:30 PM #4-7 ARM & FOREARM US ANATOMY OF THE:</p> <p>Radial Nerve at Arm Deep Radial Nerve Median Nerve in Forearm Ulnar Nerve At Elbow</p>
<p>1:30 PM - 2 PM TOP 8-17 NERVES: WHAT TO CHOOSE & WHEN</p> <p>Hydrodissection Lidocaine / Marcaine Cortisone Dextrose or PRP Surgery</p>	<p>1:00 PM - 2:30 PM #8-12 SHOULDER US ANATOMY OF THE:</p> <p>Suprascapular Nerve Intercostal Nerve Axillary Nerve Dorsal Scapular Nerve Thoracic Outlet Syndrome</p>	<p>2:30 PM - 3:30 PM #13-17 FACE, HEAD, NECK US ANATOMY OF THE:</p> <p>Supraorbital Nerve Trigeminal Nerve Greater Occipital Nerve Lesser Occipital Nerve Spinal Accessory Nerve</p>

LEVEL 300 Top 35 Nerves <small>Requires Skill Equal to Level 200 Graduate</small>	DAY 1 - SCANNING FOR THE TOP 35 NERVES #1-17 Nerves for Perineural Injections	DAY 2 - SCANNING FOR THE TOP 35 NERVES #18-35 Nerves for Perineural Injections
<p>9:00 AM - 9:30 AM TOP 18-26 NERVES: WHAT TO CHOOSE & WHEN</p> <p>Hydrodissection Lidocaine / Marcaine Cortisone Dextrose or PRP Surgery</p>	<p>10:00 AM - 11:30 AM #18-23 KNEE & LEG US ANATOMY OF THE:</p> <p>Adductor Canal Saphenous Nerve Knee Genicular Nerves Common Peroneal Deep Peroneal Superficial Peroneal</p>	<p>11:30 AM - 12:30 PM #23-26 FOOT & ANKLE US ANATOMY OF THE:</p> <p>Morton's Neuroma Medial Calcaneal Tarsal Tunnel</p>
<p>1:30 PM - 2 PM TOP 27-35 NERVES: WHAT TO CHOOSE & WHEN</p> <p>Hydrodissection Lidocaine / Marcaine Cortisone Dextrose or PRP Surgery</p>	<p>1:00 PM - 2:30 PM #27-30 CHEST, ABDO & BACK US ANATOMY OF THE:</p> <p>ACNES Intercostal Nerves Ilioinguinal Nerve Lateral Femoral Cutaneous</p>	<p>2:30 PM - 3:30 PM #31-35 HIP, GLUTES + THIGH US ANATOMY OF THE:</p> <p>Sciatic Nerve Buttock & Thigh Cluneal Nerves PENG Block for Hip Pain Posterior Femoral Cutaneous Tibial Nerve in Popliteal Fossa</p>

LEVEL 1 BOOT CAMP - A 3 DAY WORKSHOP

TOP 10 + TOP 25 MSK INJECTIONS

LEVEL 1 BOOT CAMP No Prerequisites	DAY 1 - TOP 10 INJECTIONS Top 10 Injections in Family Practice & Sport Medicine	DAY 2 - TOP 25 INJECTIONS Top 25 Injections in Family Practice & Sport Medicine	DAY 3 - CADAVER LAB + FINAL SCANNING PRACTICE 4 Hr Cadaver + Final Scanning
9 AM - 10 AM TOP 10 INJECTIONS: WHAT TO CHOOSE & WHEN Cortisone Prolotherapy PRP Viscosupplementation Surgery	10 AM - 12 PM # 1 - SHOULDER BURSTITIS # 2 - SHOULDER ARTHRITIS Subacromial Bursa Subdeltoid Bursa Rotator Cuff Tendons Glenohumeral Joint	12 PM- 1 PM # 3 - ELBOW TENDONITIS # 4 - WRIST TENDONITIS Medial Elbow Tendons Lateral Elbow Tendons De Quervain's Tendons Intersection Syndrome	
1:30 PM - 2:45 PM # 5 - KNEE ARTHRITIS Anterior Knee Joint Medial Joint Line Pes Anserine Bursa	2:45 PM - 4 PM # 6- HIP ARTHRITIS # 7 - HIP BURSTITIS # 8 - SI JOINT ARTHRITIS Hip Joint Greater Trochanter Bursae of the Hip SI Joint	4 PM - 4:30 PM # 9 - PLANTAR FASCIITIS # 10 - ANKLE SPRAIN US Anatomy of the: Plantar Fascia Ankle Ligaments Ankle Joint	

LEVEL 1 BOOT CAMP No Prerequisites	DAY 1 - TOP 10 INJECTIONS Top 10 Injections in Family Practice & Sport Medicine	DAY 2 - TOP 25 INJECTIONS Top 25 Injections in Family Practice & Sport Medicine	DAY 3 - CADAVER LAB + FINAL SCANNING PRACTICE 4 Hr Cadaver + Final Scanning
9 AM - 11 AM # 1 - 7 SHOULDER Subacromial/deltoid Bursitis Supraspinatus Tendon Tears LHB Tendonitis AC Joint Separations Glenohumeral Arthritis Frozen Shoulder Trapezius Trigger Points	11 AM - 12 PM # 8 - 10 ELBOW Lateral Elbow Tendonitis Medial Elbow Tendonitis Elbow Arthritis	12 PM - 12:45 PM # 11 - 13 HAND & WRIST Thumb Arthritis Wrist Tendonitis Trigger Finger	
1:15 - 2:15 PM # 14 - 17 KNEE Knee Arthritis Anterior Knee Pain Medial Knee Pain Baker's Cyst	2:15 - 3:45 PM # 18 - 22 HIP Hip Arthritis Hip Bursitis & Tendonitis Gluteus Trigger Points Lumbar Trigger Points SI Joint Arthritis	3:45 PM - 4:30 PM # 23 - # 25 FOOT & ANKLE Ankle Sprain Plantar Fasciitis Achilles Tendonitis	

LEVEL 1 BOOT CAMP No Prerequisites	DAY 1 - TOP 10 INJECTIONS Top 10 Injections in Family Practice & Sport Medicine	DAY 2 - TOP 25 INJECTIONS Top 25 Injections in Family Practice & Sport Medicine	DAY 3 - CADAVER LAB + FINAL SCANNING PRACTICE 4 Hr Cadaver + Final Scanning
4 HRS CADAVER INJECTION TRAINING 8:30 AM - 12:30 PM Subacromial/deltoid Bursitis Supraspinatus Tendon Tears LHB Tendonitis AC Joint Separations Glenohumeral Arthritis Frozen Shoulder Trapezius Trigger Points	Lateral Elbow Tendonitis Medial Elbow Tendonitis Elbow Arthritis Thumb Arthritis Wrist Tendonitis Trigger Finger Knee Arthritis Anterior Knee Pain Medial Knee Pain Baker's Cyst	Hip Arthritis Hip Bursitis & Tendonitis Gluteus Trigger Points Lumbar Trigger Points SI Joint Arthritis Ankle Sprain Plantar Fasciitis Achilles Tendonitis	

SCANNING FINAL PRACTICE Patient Positioning US-Machine Positioning Table Height Positioning Optimizing the Image Needle Entry Positions	1:30 PM - 4:30 PM	TOP TIPS Safety First Patient Selection Product Selection Timing of Treatments Managing Patient Expectations
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LEVEL 2 BOOT CAMP - A 3 DAY WORKSHOP

TOP 25 + ADVANCED LIGAMENT & TENDON INJECTIONS

LEVEL 2 BOOT CAMP <small>Requires Skill Equal to Level 1 Boot Camp Grad</small>	DAY 1 - TOP 25 INJECTIONS Top 25 Injections in Family Practice & Sport Medicine	DAY 2 - ADVANCED LIGAMENT & TENDON INJECTIONS For Cortisone, PRP & Visco	DAY 3 - CADAVER LAB + FINAL SCANNING PRACTICE 4 Hr Cadaver + Final Scanning
9 AM - 11 AM # 1 - 7 SHOULDER Subacromial/deltoid Bursitis Supraspinatus Tendon Tears LHB Tendonitis AC Joint Separations Glenohumeral Arthritis & Frozen Shoulder Trapezius Trigger Points	11 AM - 12 PM # 8 - 10 ELBOW Lateral Elbow Tendonitis Medial Elbow Tendonitis Elbow Arthritis	12 PM - 12:45 PM # 11 - 13 HAND & WRIST Thumb Arthritis Wrist Tendonitis Trigger Finger	
1:15 - 2:15 PM # 14 - 17 KNEE Knee Arthritis Anterior Knee Pain Medial Knee Pain Baker's Cyst	2:15 - 3:45 PM # 18 - 22 HIP Hip Arthritis Hip Bursitis & Tendonitis Gluteus Trigger Points Lumbar Trigger Points SI Joint Arthritis	3:45 PM - 4:30 PM # 23 - # 25 FOOT & ANKLE Ankle Sprain Plantar Fasciitis Achilles Tendonitis	
LEVEL 2 BOOT CAMP <small>Requires Skill Equal to Level 1 Boot Camp Grad</small>	DAY 1 - TOP 25 INJECTIONS Top 25 Injections in Family Practice & Sport Medicine	DAY 2 - ADVANCED LIGAMENT & TENDON INJECTIONS For Cortisone, PRP & Visco	DAY 3 - CADAVER LAB + FINAL SCANNING PRACTICE 4 Hr Cadaver + Final Scanning
9 AM - 10 AM SHOULDER AC Ligaments SC Ligaments Coracohumeral Glenohumeral Ligaments Short Head of Biceps Distal Biceps	10:15 - 11:45 PM HIP Ischiofemoral & Iliofemoral Pubic Symphysis Iliopsoas Rectus Femoris Adductors Conjoined Hamstring Tendon	11:45 AM - 12:30 AM ELBOW, HAND & WRIST UCL & RCL TFCC & Scapholunate Distal Radio-Ulnar Finger Pulleys Trigger Finger	
1:30 - 2:30 PM KNEE Knee MCL & LCL Distal Hamstrings Fabella Syndrome Pes Anserine Tendons Gastrocnemius Tendons Popliteus Tendon	2:30 - 3:30 PM Foot & Ankle Lateral & Medial Ankle Mid foot Lateral Band Plantar Fascia Plantaris Tendon Tibialis Posterior Tarsal Tunnel Syndrome	3:30 PM - 4:30 PM Full Review and Practice Your Own Priorities	
LEVEL 2 BOOT CAMP <small>Requires Skill Equal to Level 1 Boot Camp Grad</small>	DAY 1 - TOP 25 INJECTIONS Top 25 Injections in Family Practice & Sport Medicine	DAY 2 - ADVANCED LIGAMENT & TENDON INJECTIONS For Cortisone, PRP & Visco	DAY 3 - CADAVER LAB + FINAL SCANNING PRACTICE 4 Hr Cadaver + Final Scanning
4 HRS CADAVER INJECTION TRAINING 8:30 AM - 12:30 PM Subacromial Bursitis Supraspinatus Tendon LHB Tendonitis AC Joint Separations Glenohumeral Arthritis	Frozen Shoulder Trap Trigger Points Lateral&Medial Elbow Elbow Arthritis Thumb Arthritis Wrist Tendonitis Trigger Finger Knee Arthritis Anterior&Medial Knee Baker's Cyst	Hip Arthritis Hip Bursitis Tendonitis Gluteus Trigger Points Lumbar Trigger Points SI Joint Arthritis Ankle Sprain Plantar Fasciitis Achilles Tendonitis AC & SC & CHL	Glenohumeral Ligs Biceps (Short, Distal) Ischio&IliofemoraP Pubic Symphysis Iliopsoas & Rec Fem Adductor & Hamstring UCL & RCL & TFCC Scapholunate Distal Radio-Ulnar Trigger Finger
SCANNING FINAL PRACTICE Patient Positioning US-Machine Positioning Table Height Positioning Optimizing the Image Needle Entry Positions	1:30 PM - 4:30 PM	TOP TIPS Safety First Patient Selection Product Selection Timing of Treatments Managing Patient Expectations	

LEVEL 3 BOOT CAMP - A 3 DAY WORKSHOP

ADVANCED NERVE, SPINE, LIGAMENT & TENDONS

LEVEL 3 BOOT CAMP <small>Requires Skill Equal to Level 2 Boot Camp Grad</small>	DAY 1 - ADVANCED SPINE & NERVE SCANNING For PRP, Cortisone & Hydrodissection	DAY 2 - ADVANCED LIGAMENT & TENDON INJECTIONS For Cortisone, PRP & Visco	DAY 3 - CADAVER LAB + FINAL SCANNING PRACTICE 4 Hr Cadaver + Final Scanning
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9:00 AM - 9:30 AM TOP 10 NERVES: WHAT TO CHOOSE & WHEN Hydrodissection Lidocaine / Marcaine Cortisone Dextrose or PRP PRP	9:30 AM - 11:00 AM #1-5 UPPER LIMB & NECK US ANATOMY OF THE: Median Nerve at Forearm & Wrist Radial Nerve at Humerus & Forearm Ulnar Nerve at Elbow & Wrist Suprascapular Nerve Greater Occipital Nerve	11:00 AM - 12:30 PM #6-10 LOWER LIMB Saphenous Nerve & Genicular Nerves Common Peroneal Nerve Morton's Neuroma Lateral Femoral Cutaneous PENG & Fascia Iliaca for Hip Pain
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1:30 - 2:30 PM LUMBAR SPINE & SIJ Safety Facet Joint Variations Extensor Muscles SIJ & Iliolumbar Sacrotuberous	2:30 - 3:45 PM CERVICAL SPINE Safety Vascular Variations Facet Joints Trigger Points Extensor Muscles	3:45 PM - 4:30 PM THORACIC SPINE & RIBS Safety Lung Injury Management Intercostal Nerve Blocks Facet Joints Costotransverse Joints
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LEVEL 3 BOOT CAMP <small>Requires Skill Equal to Level 2 Boot Camp Grad</small>	DAY 1 - ADVANCED SPINE & NERVE SCANNING For PRP, Cortisone & Hydrodissection	DAY 2 - ADVANCED LIGAMENT & TENDON INJECTIONS For Cortisone, PRP & Visco	DAY 3 - CADAVER LAB + FINAL SCANNING PRACTICE 4 Hr Cadaver + Final Scanning
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9 AM - 10 AM SHOULDER AC Ligaments SC Ligaments Coracohumeral Glenohumeral Ligaments Short Head of Biceps Distal Biceps	10:15 - 11:45 PM HIP Ischiofemoral & Iliofemoral Pubic Symphysis Iliopsoas Rectus Femoris Adductors Conjoined Hamstring Tendon	11:45 AM - 12:30 AM ELBOW, HAND & WRIST UCL & RCL TFCC & Scapholunate Distal Radio-Ulnar Finger Pulleys Trigger Finger
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1:30 - 2:30 PM KNEE Knee MCL & LCL Distal Hamstrings Fabella Syndrome Pes Anserine Tendons Gastrocnemius Tendons Popliteus Tendon	2:30 - 3:30 PM Foot & Ankle Lateral & Medial Ankle Mid foot Lateral Band Plantar Fascia Plantaris Tendon Tibialis Posterior Tarsal Tunnel Syndrome	3:30 PM - 4:30 PM Full Review and Practice Your Own Priorities
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LEVEL 3 BOOT CAMP <small>Requires Skill Equal to Level 2 Boot Camp Grad</small>	DAY 1 - ADVANCED SPINE & NERVE SCANNING For PRP, Cortisone & Hydrodissection	DAY 2 - ADVANCED LIGAMENT & TENDON INJECTIONS For Cortisone, PRP & Visco	DAY 3 - CADAVER LAB + FINAL SCANNING PRACTICE 4 Hr Cadaver + Final Scanning
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4 HRS CADAVER INJECTION TRAINING 8:30 AM - 12:30 PM Median Nerve Radial Nerve Ulnar Nerve Suprascapular Nerve Greater Occipital	Saphenous Nerve Genicular Nerves Common Peroneal Morton's Neuroma LFCN PENG & Fascia Iliaca Lumbar Spine Facet SIJ, IL, Sacrotuberous Cervical Facet Joints	Trigger Points Extensor Muscles Thoracic Facet Joints Intercostal Nerves Costotransverse AC & SC & CHL Glenohumeral Ligs Biceps (Short, Distal) Ischio&IliofemoraP	Pubic Symphysis Iliopsoas & Rec Fem Adductor & Hamstring UCL & RCL & TFCC Scapholunate Distal Radio-Ulnar Trigger Finger Knee MCL & LCL Distal Hamstrings	Fabella & Pes Anserine Gastroc & Popliteus Lateral & Medial Ankle Mid foot Lateral BandPF Plantaris Tendon Tibialis Posterior
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SCANNING FINAL PRACTICE Patient Positioning US-Machine Positioning Table Height Positioning Optimizing the Image Needle Entry Positions	1:30 PM - 4:30 PM	TOP TIPS Safety First Patient Selection Product Selection Timing of Treatments Managing Patient Expectations
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ORTHO-US: A 90-DAY MENTORSHIP PROGRAM TO DEVELOP AN MSK-US INJECTION BUSINESS

ORTHO-US
Orthopaedic Surgeons

PRE-COURSE SUPPORT AND PLANNING

2-DAY SEMI-PRIVATE SCANNING AND CADAVER LAB INJECTION WORKSHOP

POST-COURSE MACHINE PURCHASING, INJECTION TECHNIQUE & BUSINESS PLAN MENTORING

1 MONTH OF PRE-COURSE SUPPORT AND PLANNING

DAY 1	DAY 8	DAY 15
<p>1 Month Before the Workshop</p> <p>60 Minute Zoom Meeting with Dr. Johnson and his team to Explore and Plan your Next 90 Days</p> <p>Create Your "Needs Assessment"</p> <p>Your Current MSK-US Skills Your Current Practice Situation Your Current Hospital/Clinic Setup Your Goals for the Course Your Winning Business Strategy</p>	<p>3 Weeks Before the Workshop</p> <p>You will get access to these "Made in Canada" Self-Study Videos</p> <p>Buy, Rent or Lease an US Machine</p> <p>Sonosite, GE, Esaote Tablets Like Clarius, Butterfly, GE, Lumify</p> <p>Comparison Shopping: PRP Kits</p> <p>Arthrex, Harvest, World PRP, Regenlab</p> <p>Comparison Shopping: Hyaluronic Acid</p> <p>Arthrex, Harvest, World PRP, Regenlab</p>	<p>2 Weeks Before the Workshop</p> <p>60 Minute Zoom Meeting with Dr. Johnson and his team</p> <p>30 Minute Self Study Video</p> <p>"What to Choose and When" Winning Protocols for Cortisone, PRP and Hyaluronic Acid</p> <p>60 Minutes Ultra-High Yield Sonoanatomy Videos:</p> <p>Elbow, Shoulder, Hand & Wrist Knee, Hip, Foot & Ankle</p>

2-DAY SEMI-PRIVATE SCANNING AND CADAVER LAB INJECTION WORKSHOP

1 Machine Per Learner

1 Tutor per 2 Learners

1 Model to Scan per 2 Learners

	DAY 1: AM	DAY 1: PM	DAY 2
	<p>9 AM - 10 AM ELBOW</p> <p>Intraarticular Injections Tendons: Tears & Tendinopathy Ligaments: Treatments for Laxity & Pain</p>	<p>10 AM - 12 PM SHOULDER</p> <p>GHJ, SCJ, & ACJ Intraarticular Injections Tendons: RTC & LHB Tears & Tendinopathy Ligaments: Treatments for Laxity & Pain Bursitis: Subdeltoid/acromial & Subcoracoid</p>	<p>12 PM- 12:45 PM HAND & WRIST</p> <p>Wrist & CMC Intraarticular Injections Tendons: DeQuervain's & ECU Nerve: Carpal Tunnel Injections</p>
	<p>1:30PM - 2:15 KNEE</p> <p>Intraarticular Injections Tendons: Tears & Tendinopathy Ligaments: Treatments for Laxity & Pain</p>	<p>2:15 PM - 4:15 PM HIP</p> <p>Hip & SIJ Intraarticular Injections Tendons: Gluteal Tendons, ITB, Hamstring & Rectus Femoris Tears & Tendinopathy Bursitis: Greater Trochanter and Iliopsoas</p>	<p>4:15 PM- 5 PM FOOT & ANKLE</p> <p>Tibiotalar & Subtalar Intraarticular Injections Tendons: Achilles Tears & Tendinopathy Bursitis: Retrocalcaneal</p>
			<p>Final Scanning Practice</p> <p>Practice Patient Positioning and Optimizing Your Image for Bonus Material at 3:30pm</p> <p>Nerve Blocks for Acute Pain Management Suprascapular Nerve Blocks for Shoulder Pain Fascia Iliaca & PENG Nerve Blocks for Hip Pain Femoral and Popliteal Blocks for Knee Pain Tibial and Peroneal Nerve Blocks for Ankle Pain</p>

2 MONTHS OF POST-COURSE MACHINE PURCHASING, INJECTION TECHNIQUE & BUSINESS PLAN MENTORING

DAY 35	DAY 45	DAY 60	DAY 90
<p>2 Days After the Workshop</p> <p>30 Minute Zoom Meeting with Dr. Johnson to make sure you have the machine you want, materials you need and do any troubleshooting</p> <p>We Will Update Your "Needs Assessment"</p>	<p>2 Weeks After the Workshop</p> <p>30 Minute Zoom Meeting with Dr. Johnson to identify any lingering barriers to implementing your new business plan</p>	<p>4 Weeks After the Workshop</p> <p>30 Minute Zoom Meeting with Dr. Johnson to troubleshoot:</p> <p>Clinical Decision Making Difficult Injections Business Plan Barriers Billing Problems</p>	<p>8 Weeks After the Workshop</p> <p>30 Minute Zoom Meeting with Dr. Johnson to troubleshoot:</p> <p>Clinical Decision Making Difficult Injections Business Plan Barriers Billing Problems</p>

ORTHO-US - MASTERCLASS (OPTIONAL)

DAY 3 - SCANNING IN OFFICE ON REAL PATIENTS

ORTHO-US
Orthopaedic
Surgeons
Only

ORTHO-US WORKSHOP DAY 3: MASTERCLASS
SCANNING PRACTICE IN OFFICE ON REAL PATIENTS WITH PATHOLOGY

9 AM - 3 PM

Live Scanning and Treatments in Sport Med Office with Dr. Johnson

You have one day to practice your scanning on live patients. Once you have lined up everything perfectly, Dr. Johnson will do the injection to see what the image should look like.

Learners performing the injection on patients in Alberta is possible, but requires an active Alberta license.

Can Be Customized, but the highest yield is:

RTC Tears (PRP)

Massive RTC Tears (Cortisone)

Glenohumeral Joint OA (Visco)

Knee Joint (PRP & Visco)

Hip Joint (PRP & Visco)

Ankle Joint OA (PRP & Visco)

Recap and Further practice of:

Patient Positioning

US-Machine Positioning

Table Height Positioning

Optimizing the Image

Needle Entry Positions

Final Advice on:

US Machines

Viscosupplementation Products

PRP Products

Required Consumables to Stock



S P O R T M E D I C I N E

U L T R A S O U N D

C A N A D A



Save Time & Money

Ultra-High Yield Courses so you meet your goals sooner

Unmatched Learning Ratio

1 Machine for every 2 Learners

1 Coach for every 4 Learners

1 Cadaver for Every 4 Learners

Support Both Before and After

Join Canada's best ongoing Sport Medicine Ultrasound Mentorship through our Private Facebook Group. Videos, Tips, Tricks and get your questions answered!



sportmedicineultrasound.ca