

Color Code Personality Test

Mark the letter that corresponds with how you would describe yourself:

1. a. opinionated
b. nurturing
c. inventive
d. outgoing
2. a. power-oriented
b. perfectionist
c. indecisive
d. self-centered
3. a. dominant
b. sympathetic
c. tolerant
d. enthusiastic
4. a. self-serving
b. suspicious
c. unsure
d. naïve
5. a. decisive
b. loyal
c. contented
d. playful
6. a. arrogant
b. worry prone
c. silently stubborn
d. flighty
7. a. assertive
b. reliable
c. kind
d. sociable
8. a. bossy
b. self-critical
c. reluctant
d. a teaser
9. a. action-oriented
b. analytical
c. easygoing
d. carefree
10. a. critical of others
b. overly sensitive
c. shy
d. obnoxious
11. a. determined
b. detail conscious
c. a good listener
d. a party person
12. a. demanding
b. unforgiving
c. unmotivated
d. vain
13. a. responsible
b. idealistic
c. considerate
d. happy
14. a. impatient
b. moody
c. passive
d. impulsive
15. a. strong-willed
b. respectful
c. patient
d. fun-loving
16. a. argumentative
b. unrealistic
c. directionless
d. an interrupter
17. a. independent
b. dependable
c. even-tempered
d. trusting
18. a. aggressive
b. frequently depressed
c. ambivalent
d. forgetful

19. a. powerful
b. deliberate
c. gentle
d. optimistic
20. a. insensitive
b. judgmental
c. boring
d. undisciplined
21. a. logical
b. emotional
c. agreeable
d. popular
22. a. always right
b. guilt prone
c. unenthusiastic
d. uncommitted
23. a. pragmatic
b. well-behaved
c. accepting
d. spontaneous
24. a. merciless
b. thoughtful
c. uninvolved
d. a show off
25. a. task oriented
b. sincere
c. diplomatic
- d. lively
26. a. tactless
b. hard to please
c. lazy
d. loud
27. a. direct
b. creative
c. adaptable
d. a performer
28. a. calculating
b. self-righteous
c. self-deprecating
d. disorganized
29. a. confident
b. disciplined
c. pleasant
d. charismatic
30. a. intimidating
b. careful
c. unproductive
d. afraid to face facts

Total Up the A's, B's, C's and D's,

A _____

B _____

C _____

D _____

Situational Behavior:

31. If I applied for a job, a prospective employer would most likely hire me because I am:

- a. driven, direct, and delegating
b. deliberate, accurate, and reliable
c. patient, adaptable, and tactful
d. fun-loving, spirited, and casual

32. When involved in an intimate relationship, if I feel threatened by my partner I:

- a. fight back with facts and anger
b. cry, feel hurt, and plan revenge
c. become quiet, withdrawn, and often hold anger until I blow up over some minor issue later
d. distance myself and avoid further conflict

33. For me, life is most meaningful when it's:
- task oriented and productive
 - is filled with people and purpose
 - is free of pressure and stress
 - allows me to be playful, lighthearted, and optimistic
34. As a child I was:
- stubborn, bright , and/or aggressive
 - well-behaved, caring, and/or depressed
 - quiet, easygoing, and/or shy
 - too talkative, happy and/or playful
35. As an adult, I am:
- opinionated, determined, and/or bossy
 - responsible, honest, and/or unforgiving
 - accepting, contented, and/or unmotivated
 - charismatic, positive, and/or obnoxious
36. As a parent I am:
- demanding, quick-tempered, and/or uncompromising
 - concerned, sensitive and/or critical
 - permissive, easily persuaded, and/or often overwhelmed
 - playful, casual, and/or irresponsible
37. In an argument with a friend I am most likely to be:
- verbally stubborn about facts
 - concerned about others feelings and principles
 - silently stubborn, uncomfortable, and or confused
 - loud, uncomfortable, and or compromising
38. If my friend was in trouble, I would be:
- protective, resourceful, and recommend solutions
 - concerned, empathetic, and loyal regardless of the situation
 - supportive, patient, and a good listener
 - non-judgmental, optimistic, and downplaying the seriousness of the situation
39. When making decisions, I am:
- assertive, articulate, and logical
 - deliberate, precise, and cautious
 - indecisive, timid, and reluctant
 - impulsive, uncommitted, and inconsistent
40. When I fail, I feel:
- silently self-critical, yet verbally stubborn and defensive
 - guilty, self-critical, and vulnerable to depression, I dwell on it
 - unsettled, and fearful, but I keep it to myself
 - embarrassed and nervous, seeking to escape the situation

41. If someone crosses me:

- a. I am angered and cunningly plan ways to get even quickly
- b. I feel deeply hurt and find it almost impossible to forgive completely. Generally, getting even is not enough
- c. I am silently hurt and plan to get even and or completely avoid the other person
- d. I want avoid confrontation, consider the situation not important enough to bother with and or seek other friends

42. Work is:

- a. a most productive way to spend one's time
- b. a healthy activity, which should be done right if it is to be done at all. Work should be done before one plays.
- c. a positive activity as long as it is something I enjoy and don't feel pressured to accomplish
- d. a necessary evil, much less inviting than play.

43. In social situations I am most often:

- a. feared by others
- b. admired by others
- c. protected by others
- d. envied by others

44. In a relationship, I am most concerned with being:

- a. approved of and right
- b. understood, appreciated, and intimate
- c. respected, tolerant, and peaceful
- d. praised, having fun, and feeling free

45. To feel alive and positive, I seek:

- a. adventure, leadership, and lots of action
- b. security, creativity, and purpose
- c. acceptance, and safety
- d. excitement, playful productivity, and the company of others.

Total up the As, Bs, Cs, and Ds from this section:

A _____
B _____
C _____
D _____

Now total up the previous section and this section:

A (red) _____
B (blue) _____
C (white) _____
D (yellow) _____