

# TRAVEL TIPS DURING COVID-19

## before you leave:

- Be sure to monitor your destination rules and restrictions-even while in destination-as the rules and restrictions are continuously changing
- Verify if you need COVID testing prior to departure
- Monitor your health-consider checking in with your health provider before departure.
- Pack food. A reusable water bottle and hand sanitizer in your carry on. The TSA now allows travelers to bring a hand sanitizer container as big as 12 ounces instead of the usual 3.4 ounce limit in their carry on bag.
- Consider bringing additional face masks for the convenience.
- Pack disinfecting wipes in your carry on. Also consider a small (3 ounces or less ) spray bottle of disinfectant.
- Pack a pen. When traveling internationally you will be filling out paperwork upon arrival.
- If the option is available fill out your international travel health waiver ahead of time.
- Dress in layers- you may be waiting longer than usual

## at the airport:

- Use your smartphone to check in on your airline's mobile app in advance and save your boarding pass on you phone. Or print your boarding pass at home.
- Upon entry to the airport keep your boarding pass available, as some airports are requiring a "proof of ticket" to enter the airport
- To further decrease touch points as you as you go through security, consider bringing a zip lock bag to put your ID in until you have a chance to disinfect it after use.
- Ditch the bins at TSA checkpoints. The TSA recommends travelers put personal items such as cell phones keys and lip and tissues in their carry-on bags to avoid cross contamination with bins.
- Consider placing items that may be reviewed by TSA in a clear zip lock bag
- Maintain 6 feet of distance when waiting in TSA line
- Wait for your flight at a nearby empty gate. If you arrive in the concourse before your flight departs scout out a nearby empty gate and wait there until close to the tart of boarding time.
- Keep social distance while boarding. Most airlines have changed their boarding procedures to minimize the number of passengers who pass by others who are already seated. Still, do not crowd into the door to the jet way until your row is called and maintain 6 feet of distance from others in the aisle and jet way.

## on-board flight:

- Make sure you have your face mask properly secured. All major airlines require passengers to wear one. Some airlines including American, Delta and United will ban passengers from future flights for passengers who refuse to wear them.
- You can take you face covering off for a short period while you eat or drink. But make sure to put it back on when you are done And continue to wear it inside the airport upon arrival.
- Wipe down you seat, tray table, armrest and other areas around you. Furthermore, if you can stay seated the entire flight that reduces your risk
- Open the air vent. Most planes filter 99.9% of particles from the air while bringing in outside air. Keeping the air vents open to improve the flow of fresh air from outside

## arrival/in destination:

- Maintain 6 feet of social distance when claiming your bag. It might be prudent to wait until other passengers have claimed their baggage before removing yours from the belt so you can avoid the crowds.
- Consider wiping down your bag with disinfectant.
- Pre-arrange a private transfer so that you can travel comfortably with your party only.
- Be aware that you're more than likely going to need to wear a mask in public spaces.
- Monitor your health daily. Be sure to monitor your destinations local requirements
- Continue to practice social distancing and washing your hands regularly. Just because you're away from home doesn't mean these precautions need to stop
- Respect others and their space. Not only should you be doing this for yourself but, for the safety of others
- RELAX! This is your time to vacation and you should enjoy it. It's been a crazy ride since the start of COVID-19 and you deserve this!