Showy Milkweed

Asclepias speciosa

At a Glance

Height: 2 to 4 feet tall

Bloom Colors: Fragrant pink star-shaped flowers

Bloom Time: Early to mid-summer

Days to Maturity: Perennial, blooms in second year

Best For: Monarch butterfly habitat, native gardens

Growing Conditions Quick Reference

Soil Temperature: 65-75F for best germination

Soil Type: Well-drained, sandy or loamy soil

Light Requirements: Full sun

Planting Depth: Surface sow or lightly cover

Seeding Rate: Thin to 18-24 inches apart

Moisture Needs: Moderate; drought tolerant once established

Average Germination Time: 14-28 days (requires cold stratification)

How to Grow

When to Plant: Sow outdoors in fall or cold-stratify seeds for 30-60 days before spring planting.

Location: Full sun with well-drained soil.

Spacing: Thin seedlings to 18-24 inches apart.

Watering: Moderate; low once established.

Fertilizer: Not needed; thrives in poor soil.

Tips for Success

Cold stratification improves germination.

Leave seed pods for natural reseeding.

Provides nectar for bees and Monarch butterflies.

Cut back old stems in late winter for new growth.

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Fun Fact

Showy Milkweed is one of the most important native milkweeds for Western Monarch butterfly populations.

Companion Planting

Pairs well with coneflowers, yarrow, and blanket flowers for a pollinator-friendly garden.

Harvesting and Use

Leave seed pods for reseeding or collect when they turn brown. Milkweed silk has been used for insulation and stuffing.

Quick Planting Checklist

- Sow in fall or cold-stratify seeds
- Thin seedlings to 18-24 inches apart
- Provide full sun
- Low water needs once established