

ELITE BIG MAN EXPOSURE CAMP

ELITE BIG MAN CAMP ITINERARY SUNDAY, FEBRUARY 10, 2019

Thank you for your interest in attending the **Elite Big Man Football Exposure Camp**. The camp will be on Sunday February 10, 2019 at The Total Sports Complex in Farmington, MI (just outside of Detroit). We are excited to have you attend. Below is the schedule and itinerary for the camp.

7:30 – 8:30 AM Athletes Check In, Photo Shoot for the Elite Football Network
8:30 – 8:45 AM Dynamic Warm Up
8:45 – 9:10 AM County Fair 6 Stations 4 Min Each (Bags, Cones, Short Shuttle, 60 Yard Shuttle, 4 Corner Cones, Water)
9:10 – 9:15 AM Break
9:15 – 9:30 AM O-Line/D-Line Position & Evaluation Drills (Station 1)
9:30 – 9:45 AM O-Line/D-Line Position & Evaluation Drills (Station 2)
9:45 – 10:00 AM O-Line/D-Line Position & Evaluation Drills (Station 3)
10:00 – 10:05 AM Break
10:05 – 10:40 AM 1-on-1 Pass Rush Competition (O-Line vs D-Line)
10:40 – 10:45 AM Break
10:45 – 11:15 AM Best of the Best + 1-on-1 Pass Rush Competition (O-Line vs D-Line) Continued
11:15 – 11:30 AM Final Best of the Best Competition Top 5 O-Line & Top 5 D-Line (O-Line vs D-Line)
11:30 – 11:40 AM Closing + Awards (MVP O-Line & MVP D-Line)

Facility Location: Total Sports Complex, 22777 Farmington Rd, Farmington, MI 48336 (Not Total Sports Wixom)

What to bring: Helmets (Not mandatory but preferred), Mouth Piece, Cleats, and Gym Shorts. Color Coded Shirts are provided.

Cost of the camp: \$75 **Register online** at www.elitesportsnetwork.com/camps/register or mail in a money order to Elite Football Network, 16086 Birwood, Beverly Hills, MI 48025

Surface: Field Turf/ Indoors

Notes: Tight Ends will focus on blocking at the Big Man Camp.

Notes: Linebackers will focus on pass rushing at the Big Man Camp.

Best of the Best: The top performers from all our regional camps are invited back to compete in our final “Best of the Best Camp” in May.

National Player Database: Create a player profile in our EFN National Database and upload your photos, video, transcripts, stats, honors, awards and all other recruiting information for college coaches.

***Parents and spectators are able to watch the camp, but are not allowed to go on the field during the event.

Video: We will have a video crew at the event. **Individual Highlight Videos** can be purchased for \$50. They will include an Intro (Name, School, Grade, Height/Weight, Camp Photo), 1-on-1 reps (multiple angles), Position & Agility Drills. Uploaded to YouTube. Expect a 10-Day in order for us to go through all the footage from all the cameras. Use this to send to college coaches. Mail money order to Elite Football Network, 16086 Birwood, Beverly Hills, MI 48025 or pay at registration the day of the event.

Hotel Options: 1) **Holiday Inn Express** 37529 Grand River Ave, Farmington Hills, MI 48335 (248)-477-7800
2) **Country Inn and Suites** 21625 Haggerty Rd, Novi, MI 48375 (248) 596-9800
3) **Courtyard by Marriott** 17200 N.Laurel Park Dr., Livonia, MI 48152 (734) 462-2000

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT (“AGREEMENT”)

In consideration of my use of the facilities and/or services provided at **Total Sports Complex**, 22777 Wixom Road, Farmington, MI 48336, I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity.

I fully understand that this Activity involve risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inaction, those of other participants in the event, the conditions in which the event takes place, or the negligence of the “releasees” named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge and covenant not to sue **Total Sports Complex**, ELITE FOOTBALL NETWORK, INC., MICHIGAN ELITE FOOTBALL, ATHLETE VIDEO SERVICES, MIDWEST ELITE FOOTBALL, ELITE SPORTS NETWORK, RECRUIT THE NATION, ELITE SCOUTING REPORT, ELITE BIG MAN CAMP and their respective administrators, directors, agents, officers, volunteers, umpires, referees and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the “RELEASEES” herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the “releasees” or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read the RELEASE AND WAIVER OR LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in the full force and effect.

ATHLETE CONSENT/INFORMATION (PRINT LEGIBLY)

_____	Cell Phone: _____
Printed name of Participant/Athlete	
_____	Home Address _____
Signature of Participant	City _____ ZIP _____
_____	E-Mail _____
School Name	Twitter _____

Date	
Age: _____ Height _____ Weight _____ Primary Position _____	

PARENTAL CONSENT

AND I, the minor’s parent and/or legal guardian, understand the nature of the above referenced activities and the minor’s experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor’s account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor or anyone on the minor’s behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim

_____	Date: _____
Printed name of Parent/Guardian	
_____	Parent Cell Phone: _____
Signature of Parent/Guardian	Parent Email Address: _____