

T-SHAPE 2

× ARTEMIS.

Pre and Post-Care Instructions

PRE-CARE	AFTERCARE
<ul style="list-style-type: none">● Avoid use of AHA/BHA 48 hours before treatment.● Avoid the use of perfumes, products with chemicals, and parabens before treatment.● Avoid steam/sauna 24 hours before treatment● Avoid the use of retinol, and steroid creams in the area of treatment.● For best results, ensure adequate hydration by drinking 1.5 to 2 L of water a day to promote skin health and hydration.<ul style="list-style-type: none">○ Advised: Drink one full glass of water about one hour before your T-Shape 2 treatment.● Discontinue Certain Medications: Discontinue the use of photosensitizing medications or topical treatments containing retinoids or exfoliating agents at least one week before treatment, as advised by your skincare professional.● For facials: Refrain from wearing heavy makeup or skincare products on the day of treatment to allow for optimal penetration of treatment products.● If applicable, shave the treatment area 24-48 hours before treatment to ensure optimal contact with the device and reduce discomfort during treatment.	<ul style="list-style-type: none">● Avoid the use of products with perfumes, parabens, and harsh chemicals.● Avoid use of AHA/BHA 48 hours post-treatment. Refrain from using exfoliating scrubs, chemical peels, or abrasive skincare treatments for at least one week following treatment to allow the skin to heal properly.● Nourish skin with the recommended product by the technician.● For maximum efficacy, treatment should be followed up within 48-72 hours.● For best results, drink 1.5-2 L of water per day to promote skin health and hydration.● Maintain a healthy diet and lifestyle throughout your T-Shape 2 treatment series. The most crucial period to monitor your food intake is within the first 24 hours after each session.● Limit sun exposure and use broad-spectrum sunscreen daily to protect the skin from UV damage and minimize the risk of post-treatment pigmentation changes.● Avoid hot baths, saunas, steam rooms, or activities that may induce excessive sweating or heat exposure for at least 24-48 hours after treatment to minimize the risk of irritation or inflammation.● Monitor the treated area for any signs of redness, swelling, or discomfort and contact your skincare professional if you experience any concerning symptoms or adverse effects.● Schedule any recommended follow-up appointments with your skin care professional to assess treatment outcomes, address any concerns, and discuss ongoing skincare maintenance.