

2025 Open Enrollment Checklist

Presented by Lifetime Financial Growth

Benefits

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Note on Employee Disclosures

- Inform employees of any plan changes ahead of open enrollment.
- Disclose changes using:
 - A summary plan descriptions (SPD) or;
 - A summary of material modifications (**SMM**)

Meeting Topics

- Plan Design Changes
- Open Enrollment Notices
- Wellness Program Notices
- Additional Resources





Plan Design Changes

ACA Affordability Standard

For applicable large employers (ALEs):

- "Pay or play" rules still in effect
- Affordability percentages
 - 2024 plans: **8.39**%
 - 2025 plans: Not released yet

ACA Affordability Standard – Action Steps

- ALEs should monitor future development for the IRS' release of the affordability percentage for 2025.
- ALEs should confirm that at least one of the health plans offered to full-time employees satisfies the ACA's affordability standard.

Out-of-Pocket Maximum

2025 limits:

- \$9,200 for self-only coverage
- \$18,400 for family coverage



Out-of-Pocket Maximum – Action Steps

- Review plans to ensure compliance with 2025 limits.
- HDHPs with HSA compatibility must be lower than 2025 limits:
 - \$8,300 for self-only coverage
 - \$16,600 for family coverage

Preventive Care Benefits

• Non-grandfathered plans must cover certain services without cost sharing (e.g., deductibles, copayments and coinsurance).

Preventive Care Benefits – Action Steps

- Confirm plans cover the latest recommended preventive services.
- Visit <u>HealthCare.gov</u> for more details.

Health FSA Contributions

- Health flexible spending account (FSA) limits:
 - 2024: **\$3,200**
 - 2025: Not released yet

Health FSA Contributions – Action Steps

- Monitor for the release of the 2025 health FSA limit.
- Ensure plan compliance with 2025 limits.
- Disclose any changes to employees.

HDHP and HSA Limits for 2025

Type of Limit		2024	2025	Change
HSA Contribution Limit	Self-only	\$4,150	\$4,300	Up \$150
	Family	\$8,300	\$8,550	Up \$250
HSA Catch-up Contributions (not subject to adjustment for inflation)	Age 55+	\$1,000	\$1,000	No change
HDHP Minimum Deductible	Self-only	\$1,600	\$1,650	Up \$50
	Family	\$3,200	\$3,300	Up \$100
HDHP Maximum Out-of-pocket Expense Limit	Self-only	\$8,050	\$8,300	Up \$250
(deductibles, copayments and other amounts, but not premiums)	Family	\$16,100	\$16,600	Up \$500

HDHP and HSA Limits – Action Steps

- Adjust plan cost sharing limits as needed.
- Communicate changes to employees.

HDHPs: Expiration of Design Options

- An HDHP is no longer permitted to provide benefits for COVID-19 testing and treatment without a deductible.
- An HDHP is no longer permitted to provide benefits for **telehealth or other remote care services** before plan deductibles have been met.

HDHPs: Expiration of Design Options – Action Steps

- Confirm that HDHPs will not pay benefits for COVID-19 testing and treatment before the annual minimum deductible has been met.
- Confirm that HDHPs will not pay benefits for telehealth or other remote care services (except for preventive care benefits) before the annual minimum deductible has been met.
- Notify plan participants of any changes for the 2025 plan year regarding COVID-19 testing and treatment and telehealth services through an updated SPD or SMM.

Mental Health Parity

Mental Health Parity and Addiction Equity Act (MHPAEA):

- MHPAEA requires health plans and issuers to conduct comparative analyses of the nonquantitative treatment limitations (NQTLs) used for medical/surgical benefits compared to mental health or substance use disorder benefits.
- Plans and issuers must make their comparative analyses available upon request. In recent years, the DOL has made MHPAEA compliance a top enforcement priority, with a primary focus being MHPAEA's parity requirements for NQTLs.

Mental Health Parity – Action Steps

 Confirm that comparative analyses of NQTLs will be updated, if necessary, for the plan year beginning in 2025.

Prescription Drug Benefits

- The Inflation Reduction Act of 2022 includes several cost-reduction provisions
 affecting Medicare Part D plans, which may impact the creditable coverage status
 of employer-sponsored prescription drug coverage beginning in 2025.
 - For example, effective for 2025, Medicare enrollees' out-of-pocket costs for prescription drugs will be capped at \$2,000.
- Employers that provide prescription drug coverage to individuals who are eligible for Medicare Part D must inform these individuals and the Centers for Medicare and Medicaid Services (CMS) whether their prescription drug coverage is creditable.
- CMS previously stated that the "simplified determination" method would no longer be valid as of 2025; however, it will continue to permit the use of the methodology, without modification, for calendar year 2025.

Prescription Drug Benefits – Action Steps

- Confirm whether their health plans' prescription drug coverage for 2025 is creditable or noncreditable as soon as possible to prepare to send the appropriate Medicare Part D disclosure notices.
- Continue to utilize the simplified determination method for determining whether prescription drug coverage is creditable for 2025, if applicable.



Open Enrollment Notices

Summary of Benefits and Coverage (SBC)

- Health plans and issuers are required to use the SBC template provided by federal agencies.
- Employers should include an updated SBC with open enrollment materials.
- Self-funded plans: Plan sponsor is responsible for SBC distribution.
- Insured plans: The issuer usually prepares the SBC.

Medicare Part D Notices

- Notice of creditable or non-creditable prescription drug coverage to Medicare Part D-eligible individuals
- Must be given to participants upon enrollment and each year prior to Oct. 15 (Medicare annual open enrollment)

Annual CHIP Notices

Children's Health Insurance Program (CHIP):

- Group health plans must send an annual CHIP notice about the available assistance to all employees residing in that state.
- Employers should confirm that they're using the most recent model notice.

Initial COBRA Notices

Consolidated Omnibus Budget Reconciliation Act (COBRA):

- Applies to employers with 20+ employees that sponsor group health plans.
- COBRA notice must be given to new participants within 90 days after coverage begins.

Summary Plan Descriptions (SPDs)

- Provided within 90 days after plan coverage begins
- Must be updated with any new plan changes

Notice of Patient Protections

- For plans requiring designation, plan participants may designate any available primary care provider.
- If designation is required, a notice must be included in benefits documentation.

Grandfathered Plan Notices

- Grandfathered status must be noted in plan materials.
 - e.g., SPDs and open enrollment documents

Notice of HIPAA Special Enrollment Rights

Health Insurance Portability and Accountability Act (HIPAA):

• Notice must be given to participants **before** or **at** the time of group health plan enrollment.

HIPAA Privacy Notice

- Notice must be given to new enrollees at the time of enrollment.
- Self-insured health plans are required to maintain and provide their own Privacy Notices.
- Fully insured plans have their own rules (following slide).

Special HIPAA Privacy Notice Rules for Fully Insured Plans

- If the sponsor of a fully insured plan has access to protected health information (PHI) for plan administrative functions, it is required to maintain a Privacy Notice and to provide the notice upon request.
- If the sponsor of a fully insured plan does not have access to PHI for plan administrative functions, it is not required to maintain or provide a Privacy Notice.

WHCRA Notices

Women's Health and Cancer Rights Act (WHCRA):

Notice of participants' rights to mastectomy-related benefits

Summary Annual Report (SAR)

Applies to plan administers who file Form 5500

ICHRA Notices

Individual coverage health reimbursement arrangements (ICHRAs):

- Employers may use to reimburse eligible employees for insurance policies purchased in the individual market or for Medicare premiums.
- Employers with ICHRAs must provide a notice to eligible participants at least 90 days before the beginning of each plan year.



Wellness Program Notices

HIPAA Wellness Program Notice

- Notice is required for health-contingent wellness programs that are offered under group health plans.
 - e.g., a program that rewards employees for not smoking
- The notice must disclose the availability of a reasonable alternative standard to qualify for the reward.

Americans with Disabilities Act (ADA) Wellness Program Notice

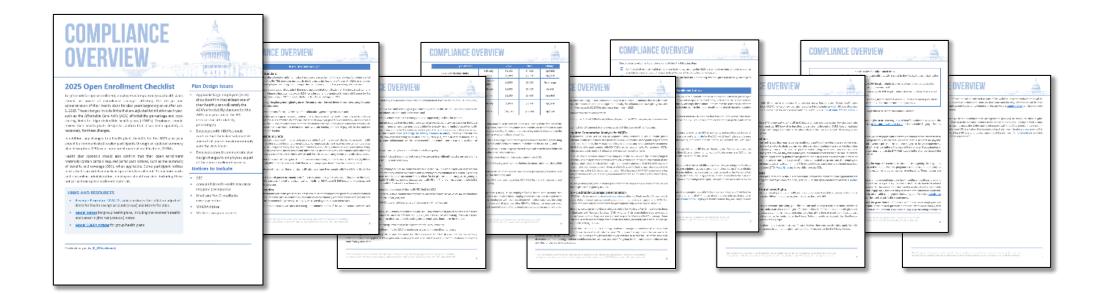
- Employers with 15+ employees are subject to ADA.
- Wellness programs that include health-related questions or medical exams subject to ADA notice requirements.



Additional Resources

For More Information

- Reach out for a print version of the 2025 Open Enrollment Checklist.
- It includes links to model notices and other government resources.



Questions?