

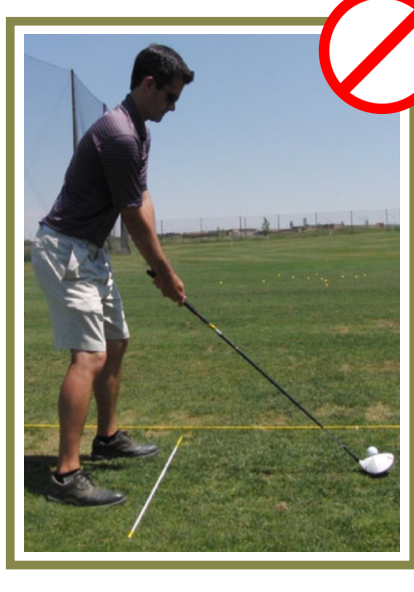
VIDEO INSTRUCTIONS

For the Best Results Follow These Simple *TIPS* to Film Your Swing:

- Set cellphone video to slow motion
- Place cellphone on a tripod or stationary object
- Make sure the cellphone is level
- Position the cellphone at the height of your belly button and pointing at your hands
- Place an alignment stick on the ground for reference

Down The Line View

Place cellphone on a tripod directly in line with your hands and parallel to the target line. Use an alignment stick on the ground to indicate your target. This stick should be in the middle of the screen and appear as a straight vertical line as shown below.



The alignment stick appears at an angle

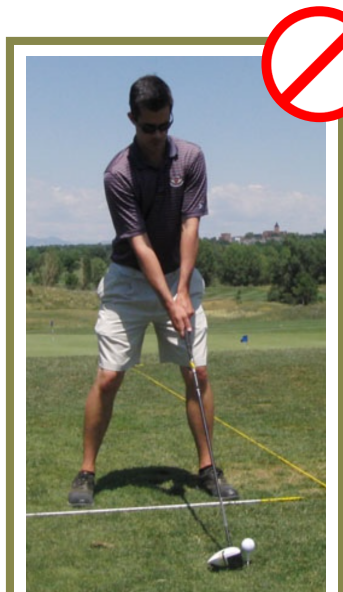


Make sure the cellphone is in line with the stick which should be in line with the target.

In this view, the cellphone is aligned to the body, and not the target.

Front View

Set up cellphone so that the alignment stick is parallel to the bottom of the screen. Position yourself and your hands in the center of the screen.



The alignment stick is not parallel to the cellphone.

Schedule an Appointment **TODAY**
to Begin Lowering Your Scores

 barry@carlsonsgolf.com

 [carlson_golf](https://www.instagram.com/carlson_golf)

