## **Weekly Events**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 Get Moving 10:00 Water Aerobics 11:00 EZ Exercise 1:00 Needlecrafts 4:00 Mini-Golf 6:00 Hand & Foot Prayer Shawl	9:15 Get Moving 11:00 EZ Exercise 12:00 Hand & Foot 1:00 Ceramics 3:00 Cornhole	9:15 Get Moving 10:00 Water Aerobics 1:30 Line Dancing 2:30 Games 6:00 Bingo Bridge School	9:15 Get Moving 10:30 Yoga 12:00 Hand & Foot 1:00 Mah Jongg 4:00 Shuffleboard	9:15 Get Moving 10:00 Water Aerobics 11:00 EZ Exercise 1:00 Bridge 6:00 Hand & Foot 6:15 Up Yours	9:00 Horseshoes 9:15 Zumba
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## **Crestwood Village Clubhouse**

(301) 662-0400

6902 Crabapple Drive • Frederick, MD 21703 Crestwoodvlg.net

## **Clubhouse Hours**

Monday, Wednesday, Friday	9 AM - 9 PM
Tuesday, Thursday	9 AM - 5 PM
Saturday	9 AM - 5 PM
Sunday	1 PM - 5 PM
Last Saturday of Month	9 AM - 9 PM

## **Weekly Bus Services**

First Wednesday	Food Bank at 9 AM	
Every Wednesday	Walmart at 9 AM	
Every Friday	Giant & Food Lion at 9 AM	
Wednesdays by Request	Boscov's <u>or</u> FSK Mall	

All residents are picked up at their homes.

To sign up for a shopping trip, please call or visit the Clubhouse front desk at least <u>48 hours</u>\* prior to the desired trip.

(301) 662-0400

\*Without 48 hours notice, bus availability is not guaranteed.