

# Weekly Events

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 Get Moving 10:00 Water Aerobics 11:00 EZ Exercise 1:00 Needlecrafts 6:00 Hand & Foot Prayer Shawl 7:00 Mini-Golf	9:15 Get Moving 11:00 EZ Exercise 12:00 Hand & Foot 1:00 Ceramics 3:00 Cornhole	9:15 Get Moving 10:00 Water Aerobics 1:30 Line Dancing 2:30 Games 6:00 Bingo Bridge School	9:15 Get Moving 10:30 Yoga 12:00 Hand & Foot 1:00 Mah Jongg 7:00 Shuffleboard	9:15 Get Moving 10:00 Water Aerobics 11:00 EZ Exercise 1:00 Bridge 6:00 Hand & Foot 6:15 Up Yours	9:00 Horseshoes 9:15 Zumba

↑ PLEASE NOTE CHANGES ↓

## Crestwood Village Clubhouse

**(301) 662-0400**

6902 Crabapple Drive • Frederick, MD 21703  
Crestwoodvlg.net

## Clubhouse Hours

Monday, Wednesday, Friday	9 AM - 9 PM
Tuesday, Thursday	9 AM - 5 PM
Saturday	9 AM - 5 PM
Sunday	1 PM - 5 PM
Last Saturday of Month	9 AM - 9 PM

## Weekly Bus Services

First Wednesday	Food Bank at 9 AM
Every Wednesday	Walmart at 9 AM
Every Friday	Giant & Food Lion at 9 AM
Wednesdays by Request	Boscov's <u>or</u> FSK Mall

All residents are picked up at their homes.

To sign up for a shopping trip, please call or visit  
the Clubhouse front desk at least **48 hours\***  
prior to the desired trip.

**(301) 662-0400**

\*Without 48 hours notice, bus availability is not guaranteed.