

Miss Keto Vegetarian Lasagna

Nutrition Facts

Serving Size: (0.0g)

Servings Per Container: 2

Amount Per Serving

Calories 670 Calories from Fat 480

% Daily Value*

Total Fat 54g **83%**

Saturated Fat 17g **85%**

Trans Fat 0.5g

Cholesterol 70mg **23%**

Sodium 910mg **38%**

Total Carbohydrate 13g **4%**

Dietary Fiber 6g **24%**

Sugars 8g

Protein 35g

Vitamin A 60% • Vitamin C 15%

Calcium 90% • Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: plum tomatoes, fresh onions, 100% extra virgin olive oil, fresh garlic, sea salt, fresh basil, black pepper, spices, Chinese Bean Curd, part skim Ricotta, Mozzarella Cheese, Onion, Spinach, 100% Extra Virgin Olive Oil, Mushrooms

Contains: Milk, Soy

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