

Bridge Coaching Expressive Art Groups

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Social Life Skills Art Group for Youth

Professionally facilitated opportunities for youth to come together in meaningful ways to explore, discover, and grow.

Small developmentally-appropriate groups will engage with learning about communication, executive functioning, awareness of self and others, emotional regulation, and personal growth in a safe creative space.

90

90 MINUTE SESSIONS

time to explore
and connect

6

6 PER GROUP

developmentally-
appropriate groups

\$

CONTACT FOR FEES

third-party funding
accepted



Expression

Learn about
yourself
through art



Engagement

Connect through
shared experiences



Life and Social Skills

Fun and practical
real-time learning